

Where I am Going?

What I am Doing?

Is it Correct or Wrong?

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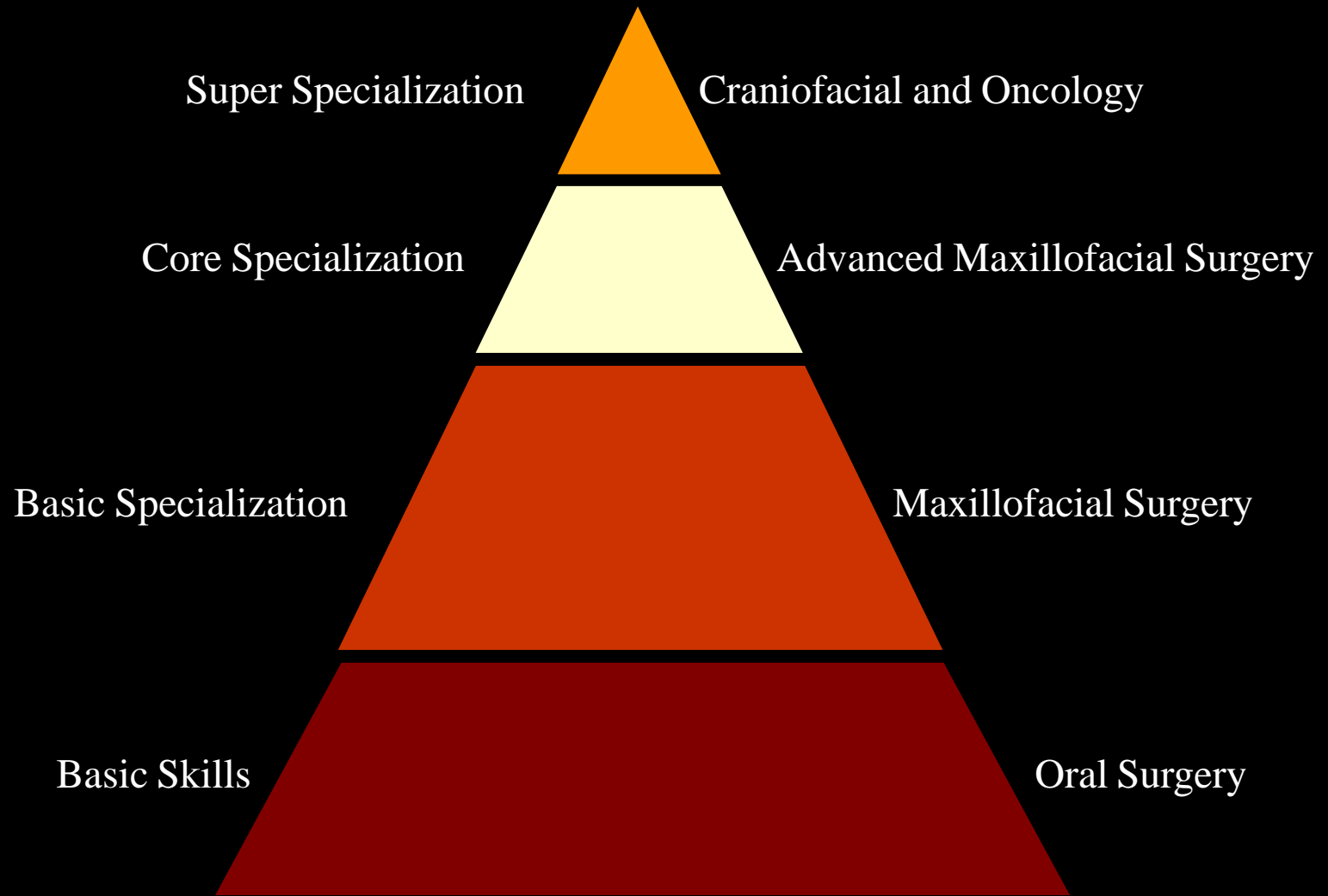
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Is it possible?

Is it tough?

Who will help me?

I have 10 principles that I use in life

1. Honesty and ethics
2. Health
3. Family's well being
4. Career goals
5. Professional skills
6. Business plan
7. Patient care
8. Financial prudence
9. Networking and Friends
10. Giving back to society



1. Honesty and Ethics

You don't need to read about or listen to people speak about ethics and honesty

Simple principle

Have a set of principles Follow them at all times Through all difficulties

2. Health

- Health is Wealth

- Everyday you are sick and unable to attend work you lose money

- Improve your quality of life

- Watch what you eat, where you eat and with whom you eat more importantly watch what you drink and/or smoke

- Keeping yourself fit in mind and body always helps

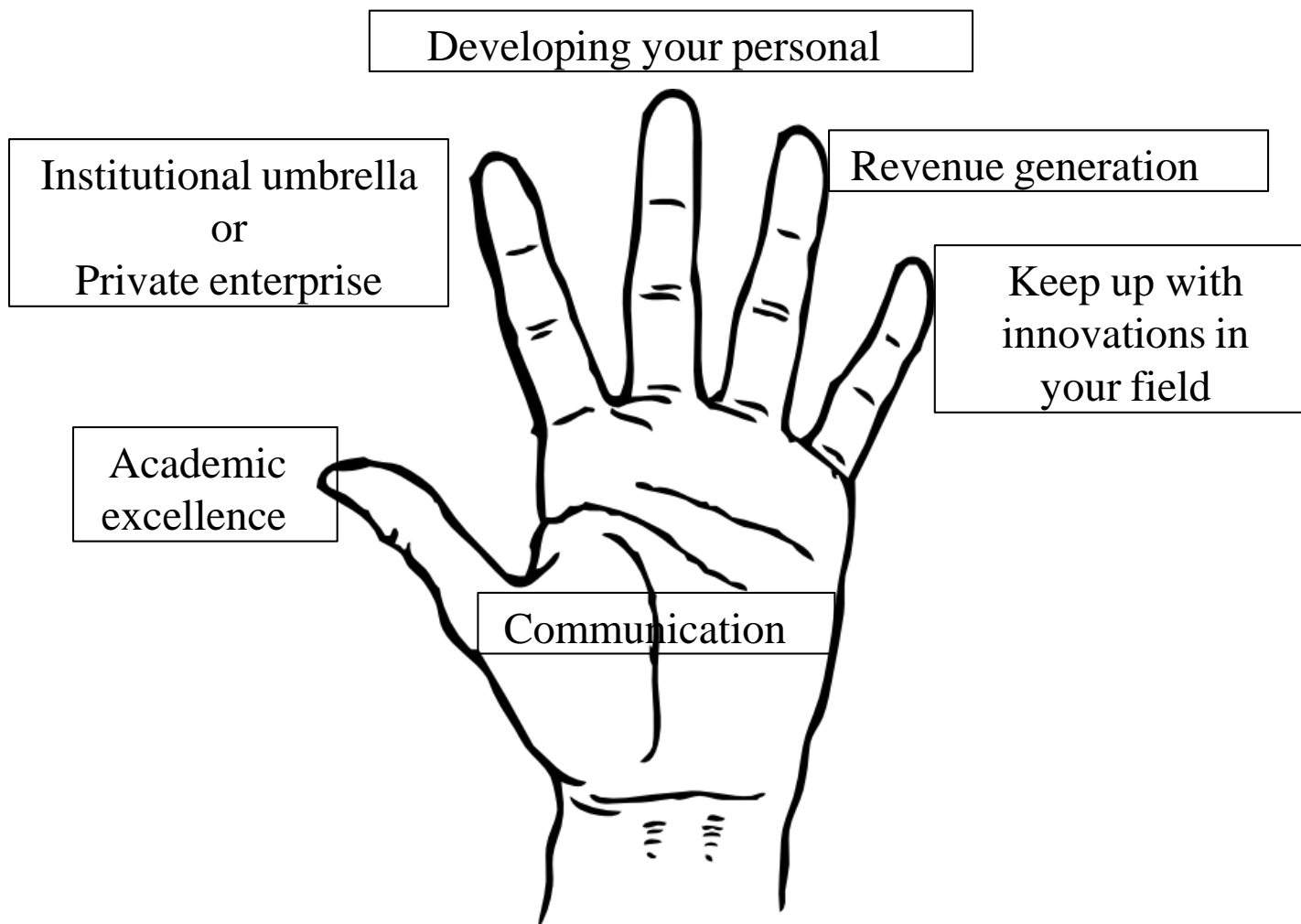


3. Family's well being

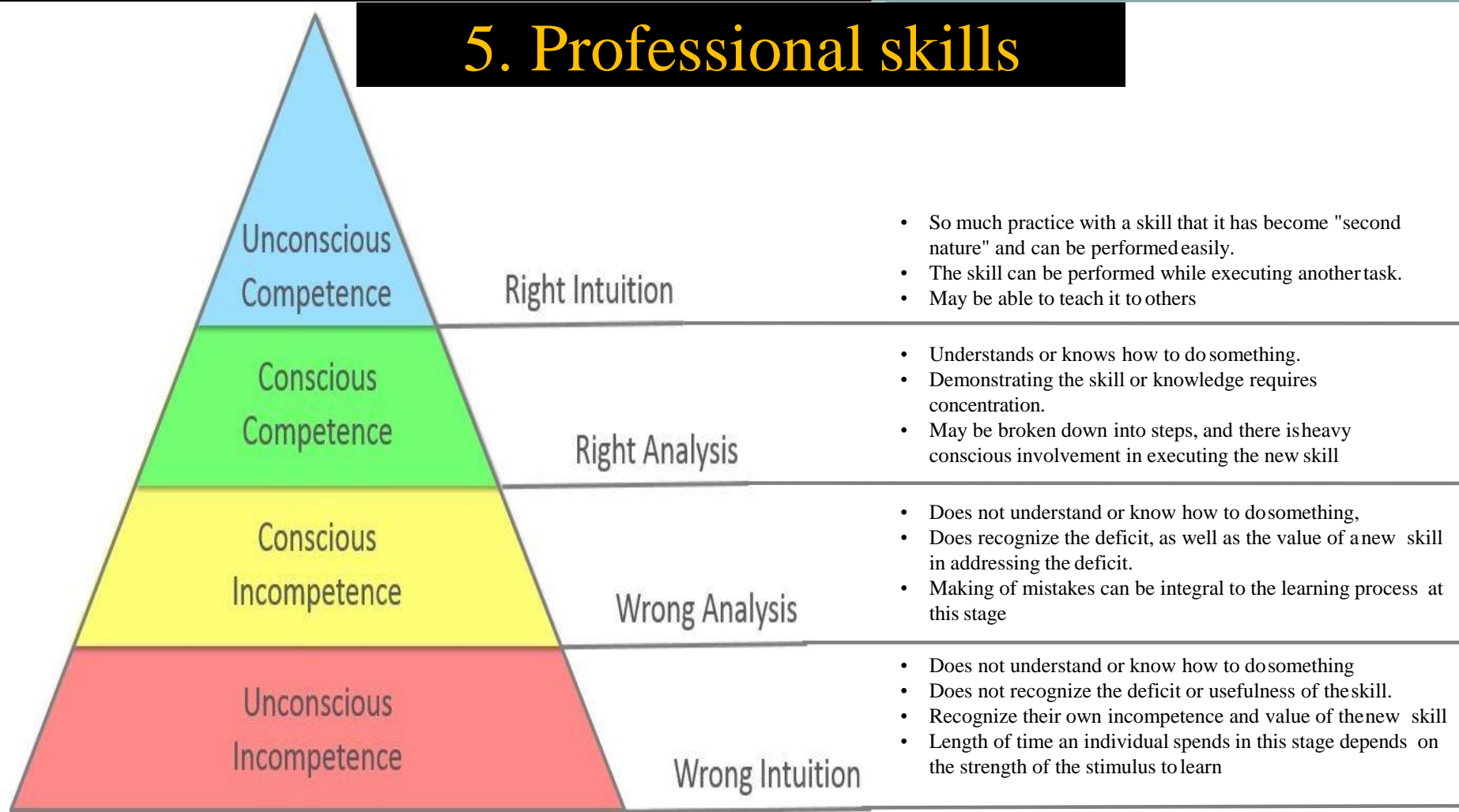
- As important as your health
- Let your family know of the work you do
- They will celebrate your triumphs and understand your hardships
- Stress is usually built up due to friction in the family
- Take regular holidays along with your family



4. Career goals



5. Professional skills

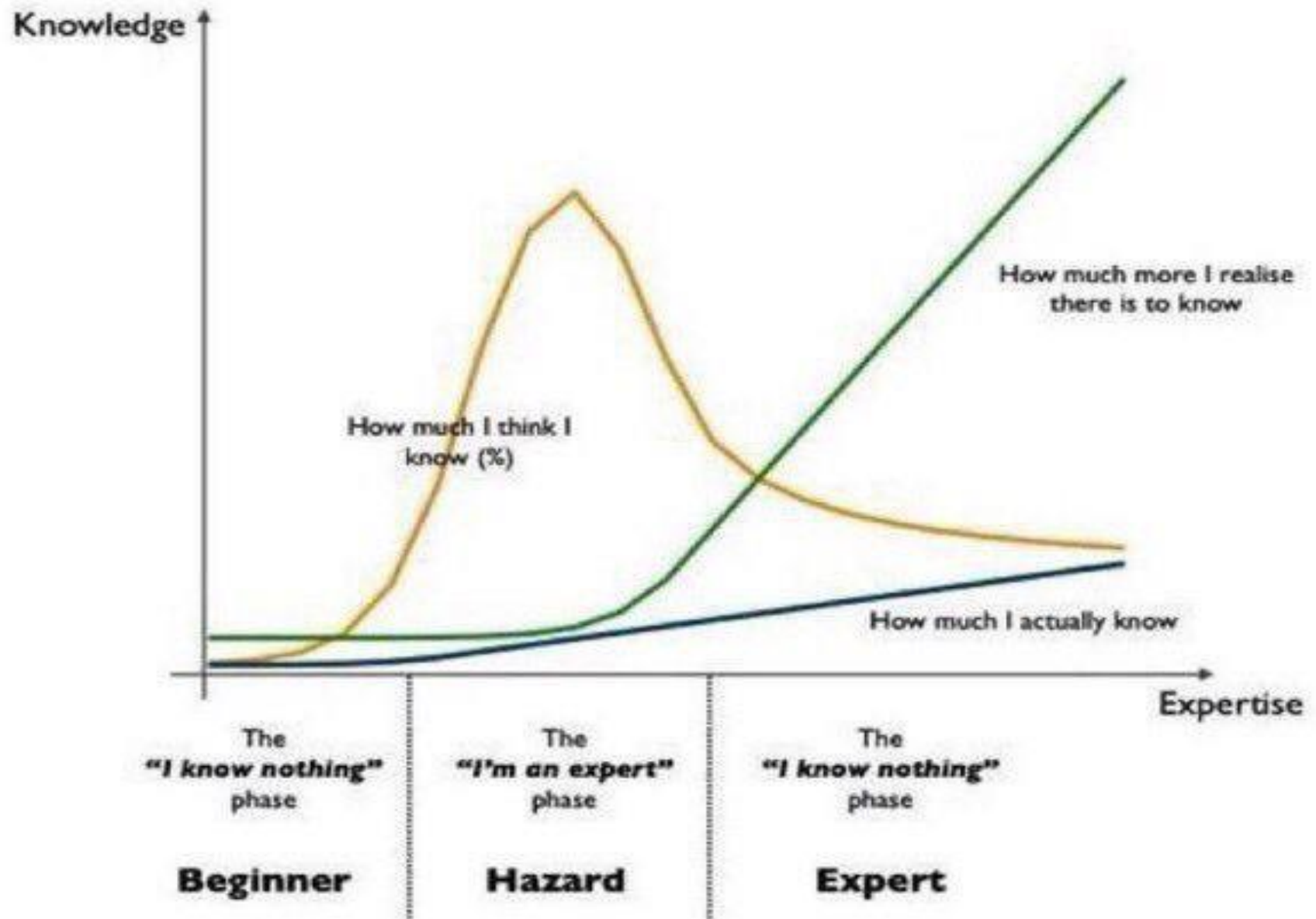


Hierarchy of Competence

Source:

Competence Hierarchy adapted from Noel Burch by Igor Kokcharov. Licensed under CC BY-SA 4.0 via Commons

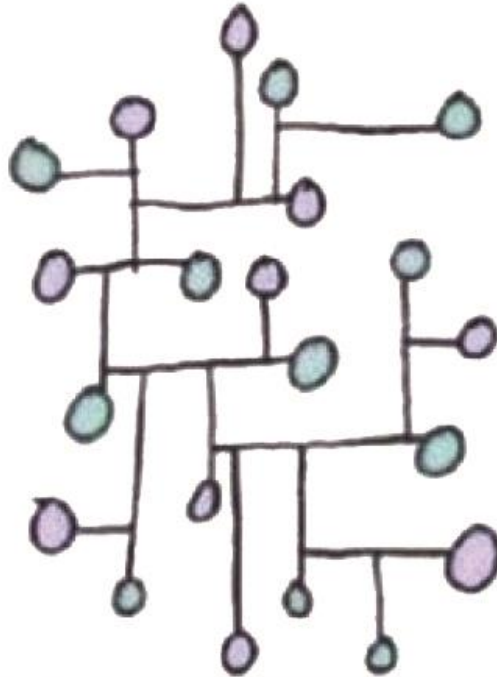




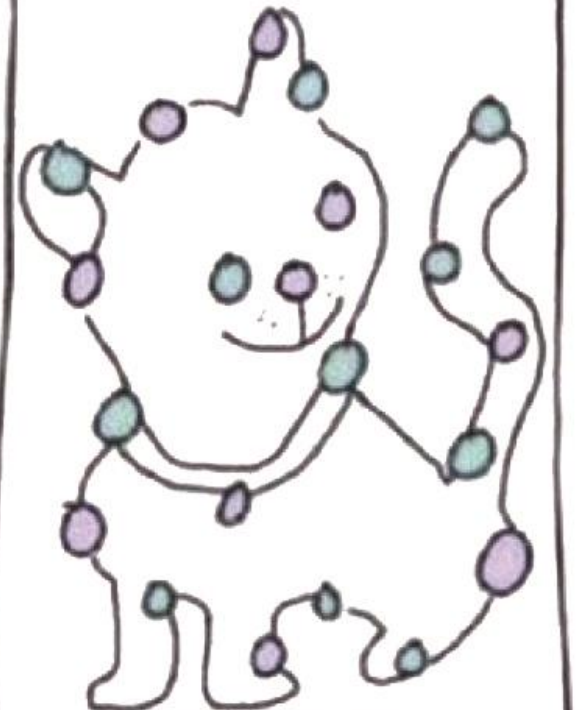
Knowledge



Experience



Creativity



6. Business plan

Realistic goals

- Service providers
- Not a high profit generating field

Charging for your services. Factor in

- Infrastructure costs
- Material costs
- Human resources cost
- Price for your skill

Build or be a part of team

- Income generation does not stop

FEASIBILITY OF A CRANIO-MAXILLOFACIAL CENTER IN INDIA

SERVICES
DENTISTRY INCLUDING IMPLANTOLOGY
CRANIO-MAXILLOFACIAL SURGERY
TRAUMA MANAGEMENT
COSMETIC SURGERY

COMPETITORS
HOSPITALS
COSMETIC SURGERY
DENTISTRY
TRAUMA
PRIVATE CLINICS
PLASTIC SURGEONS
MAX-FAC SURGEONS
DENTISTS

REGULATORY CONCERNS
DISTRICT MEDICAL & HEALTH OFFICE
SPECIFICATION OF SERVICES
PERMISSION TO RUN FACILITY
STATE NURSING HOME ASSOCIATION
FACILITY SIZE & OUTFITTING
STAFFING REQUIREMENTS
STERILIZATION & INFECTION CONTROL
SAFETY REGULATIONS
FIRE SAFETY MEASURES
WASTE MANAGEMENT



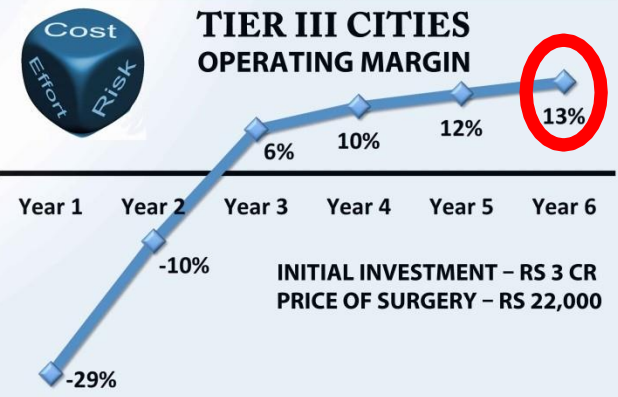
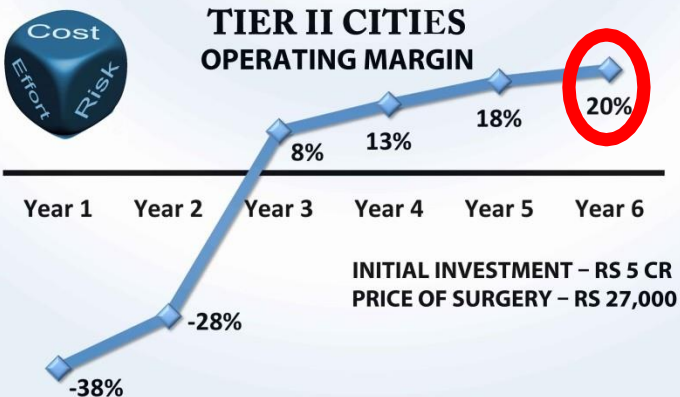
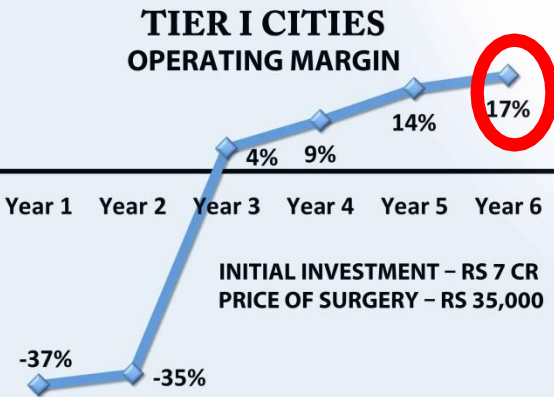
MARKET AREA
TIER I CITIES
DELHI, MUMBAI, KOLKATTA, CHENNAI, BANGALORE
TIER II CITIES
HYDERABAD, AHMEDABAD, RAIPUR, BHOPAL
TIER III CITIES
FARIDABAD, AMRITSAR, DAVANGERE, GULBARGA

ASSUMPTIONS
12,000 SQ. FT. LEASED FACILITY
FORECASTS (GSR INSTITUTE FINANCIAL DATA)
LEASE TERMS (9+9 YEARS)
FIXED RENT - 2 YEARS
ANNUAL INCREASE - 15%
INFLATION - 11% (RBI RATE)
BANK INTEREST RATE - 15%
FIXED COSTS
CAPITAL, RENT, MAINTENANCE, SALARIES
VARIABLE COSTS - CONSUMABLES

TOWS MATRIX	EXTERNAL OPPORTUNITIES (O)	EXTERNAL THREATS (T)
	<ul style="list-style-type: none">Cost effective business model availableLimited specialized centers	<ul style="list-style-type: none">Dental colleges & hospitalsPrivate clinics
	INTERNAL STRENGTHS (S)	INTERNAL WEAKNESSES (W)
	<ul style="list-style-type: none">Central locationAccess to proven business modelAll services under one roof	<ul style="list-style-type: none">Perception about OMFSStaff burn-outLimited patient basePatient paying capacity

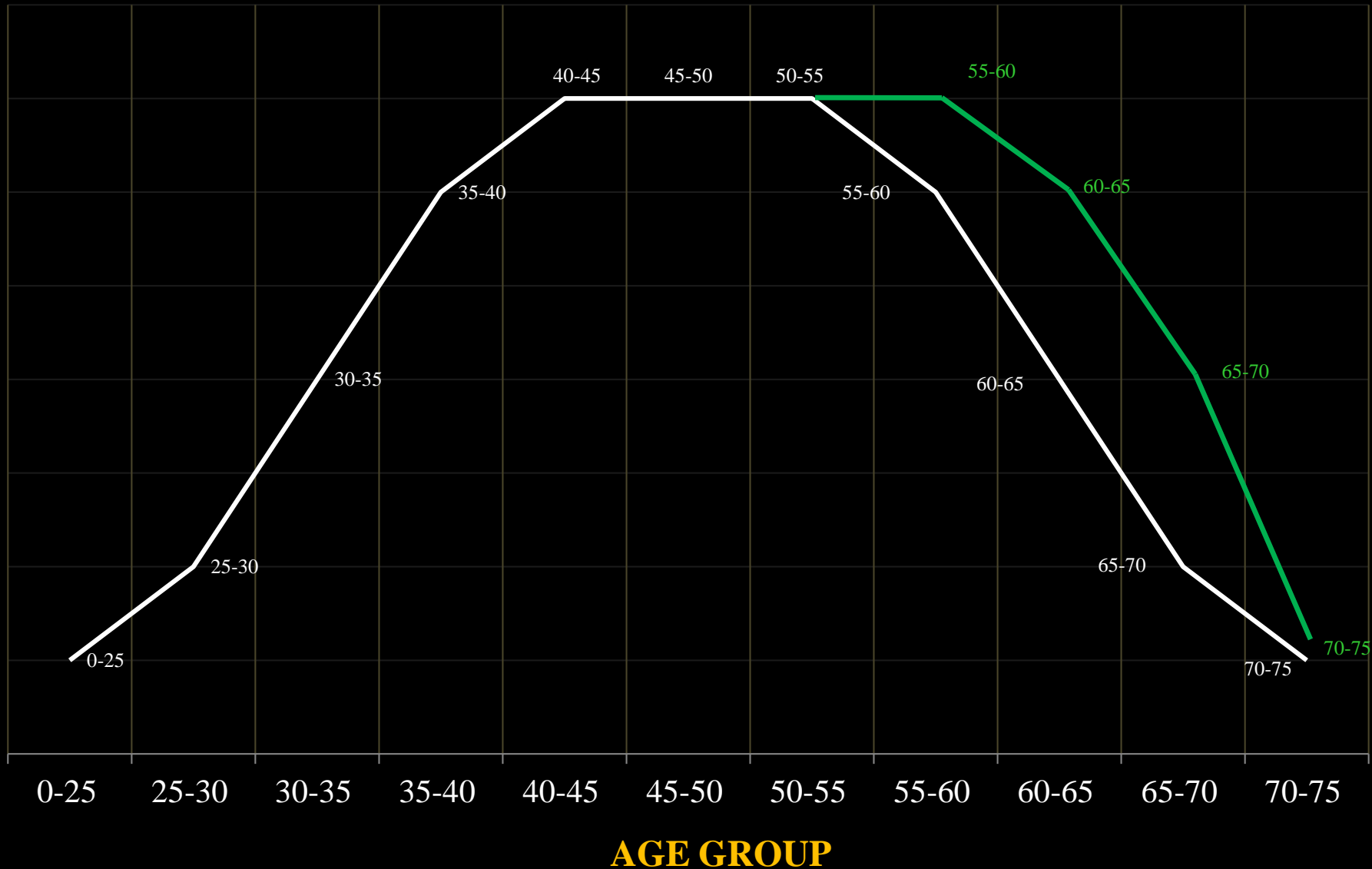
MAXI-MAXI STRATEGY	MAXI-MINI STRATEGY
<ul style="list-style-type: none">Employ cost shiftingProvide comprehensive careExpand patient baseIncrease revenueEmergence as market leader	<ul style="list-style-type: none">"Reach & catch" patientsCapture transfer-outs
MINI-MAXI STRATEGY	MINI-MINI STRATEGY
<ul style="list-style-type: none">Gradual staff ramp-upEnhance patient experienceOffer discounts & incentives	<ul style="list-style-type: none">Market the conceptDO NOT offer incentives to referring doctors

OPERATIONS
DENTAL CHAIR - 1
FUNCTIONAL OTs
1 -> 1 -> 2
SURGEONS
1 -> 1.5 -> 2
SUPPORT STAFF
YEARLY OT INCREASE
2%
STAFFING
CLINICAL STAFF
SURGEONS - 1+1
DENTIST - 1
ANAESTHETIST - 1
ANAESTHESIA TECH - 1
NURSES - 3+5
OT BOYS - 5
NON-CLINICAL STAFF
ADMINISTRATOR - 2
FRONT OFFICE - 3
ACCOUNTS, IT - 2+2
HOUSEKEEPING - 15



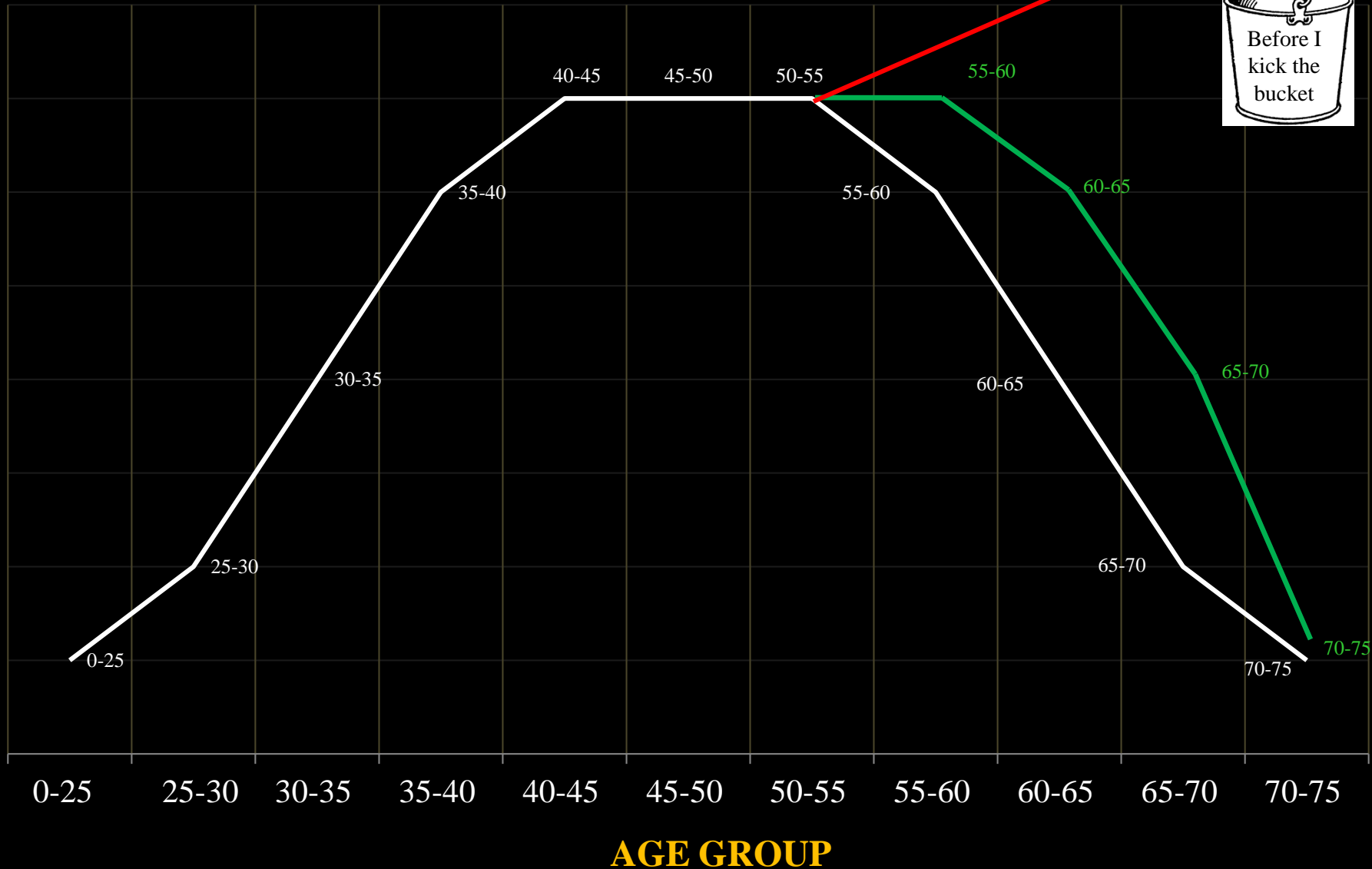
Growth

PROFESSIONAL AND FINANCIAL GROWTH



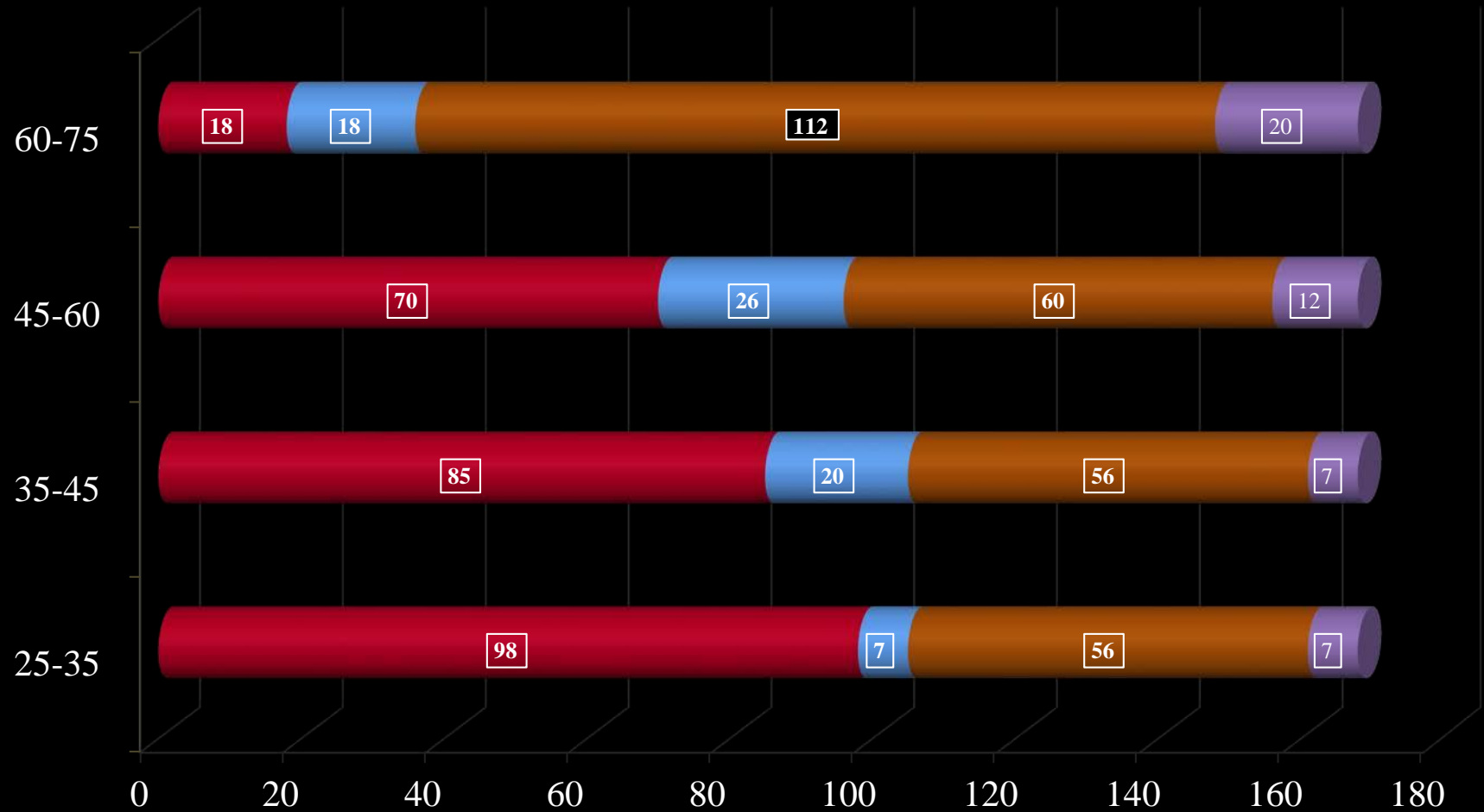
My Growth

PROFESSIONAL AND FINANCIAL GROWTH



Time Management

- TIME FOR PRIMARY INCOME GENERATION
- TIME FOR SECONDARY INCOME GENERATION
- TIME FOR PERSONAL NEEDS
- TIME FOR PASTIME



HOURS IN A WEEK = 168



Income Generation



7. Patient care

- Accurate Diagnosis
- Explain Treatment procedure and process
- Consenting
- Explain Benefits
- Explain Risks
- Explain Cost
- Explain risk benefit ratio
- Explain cost benefit ratio



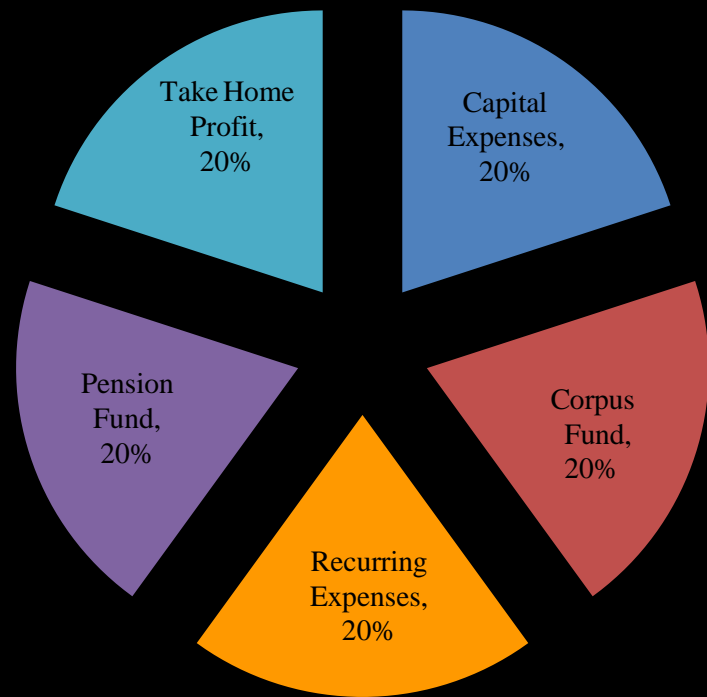
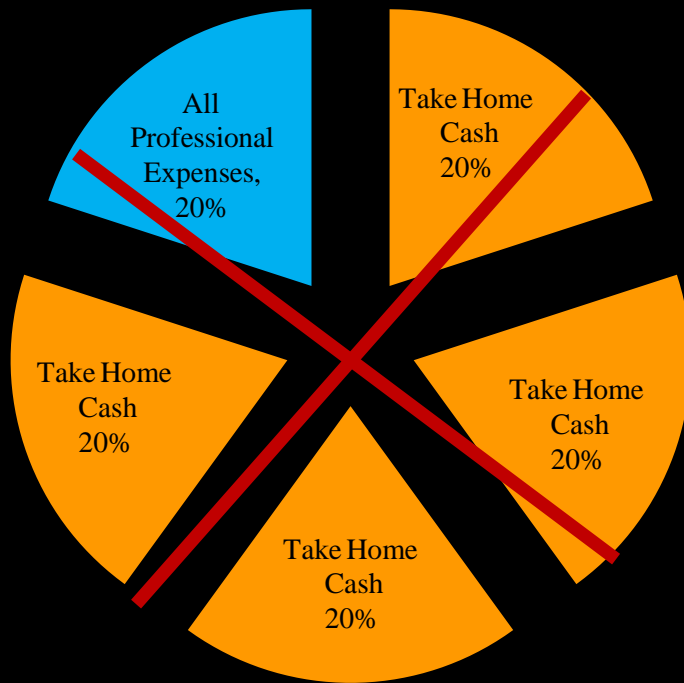
7. Patient care

The best marketing tool is
Word of Mouth Marketing

Above everything
Make the quality of your
work speak for your practice



8. Financial Prudence



9. Networking and Friends

Improve networking by making contacts in

Corporations

Small and Medium Businesses

Politics NGO's

Alumni Associations

10. Giving Back to Society

We are in the business of Healing

Find ways to increase that
power of healing

By Philanthropy In Surgery



Philanthropy In Surgery

How I Did It ??

By Synergies of Ideas

REACH

RURAL EFFECTIVE AFFORDABLE COMPREHENSIVE HEALTH CARE



REACH

The project is a working model of Proactive health care delivery system that offers promotive, preventive and primary healthcare to rural population.

One of SHARE remarkable programs REACH (Rural Effective Affordable Comprehensive Health Care). A model of universal, comprehensive rural health care that provides health education, immunizations, antenatal care and primary to tertiary care for a population of 45,000 in 42 villages in the Ranga Reddy District of Andhra Pradesh. Local residents with at least a sixth grade education are trained by MediCiti staff and charged with the task of visiting each home in their assigned territory at least once a month. These Community Health Volunteers (CHVs) collect birth and death data.

GOALS OF REACH

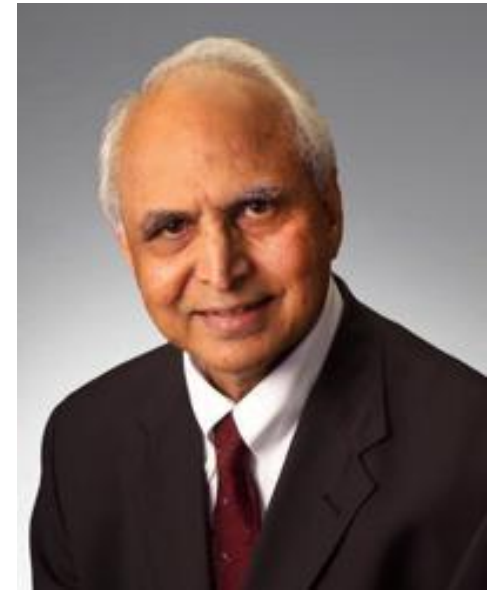
Universal health care to rural population.

Effective (not Nominal) health care.

Affordable (within the economic means of Indian society at large).

Comprehensive (Should include promote, preventive, primary and secondary care).

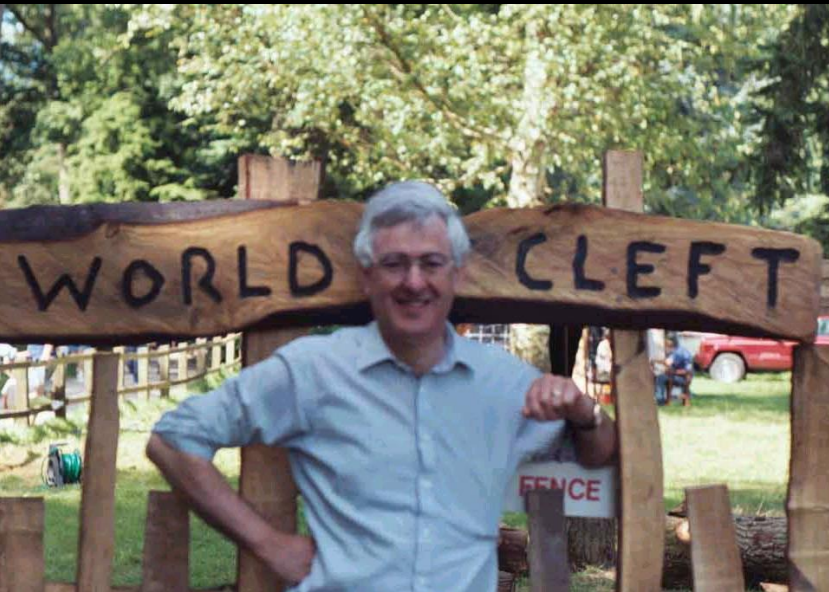
Sustainability (Accessibility and affordability contribute to substance, growth and development).





“Everyone needs a unique face for his identity”

Prof. Dr. Hermann F. Sailer, President, Cleft Children International



“The cost of sickness and the price of health has shown that poverty and disease form a vicious circle. People are sick because they are poor and poorer because they are sick and sicker because they are poorer.”

Mr. A. F. Markus, Consultant, Dorset Cleft Center, Poole, United Kingdom

Developing and Standardizing a Center to Treat Cleft and Craniofacial Anomalies in a Developing Country Like India

Srinivas Gosla Reddy, MDS, MBBS,* Likith V. Reddy, DDS, MD, FACS,†
and Rajgopal R. Reddy, BDS, MBBS*

Abstract: The range of facial deformities is enormous. All produce some degree of disfigurement and result in the impairment of function to some degree, sometimes even to the point of incompatibility with life. Congenital facial defects in India are associated with considerable superstition, social rejection, and failure to integrate into society.

In India, cleft defects occur in 1 in 500 births. Congenital facial defects are a pressing problem in India owing to the limited resources to treat such patients. Poverty is a major factor for parents of such children to get appropriate treatment.

Setting up an institute to treat children with cleft and craniofacial deformities in India presents problems with financing treatment for poor patients, procuring the right infrastructure, and employing well-trained human resources.

The authors have set up such an institute in Hyderabad in the southern state of Andhra Pradesh in India. The logistics of setting up such a facility in a developing country and the future of funding for cleft treatment are important factors to consider while establishing a center for patients with cleft and craniofacial anomalies.

The aim of setting up such centers was to provide quality comprehensive treatment for patients from all sections of society with cleft and craniofacial anomalies.

Key Words: Cleft lip, cleft palate, craniofacial anomalies, developing and standardizing, institute, cleft surgery, speech therapy, orthodontics

(*J Craniofac Surg* 2009;20: 1664-1667)

The range of facial deformities is enormous. All produce some degree of disfigurement and result in the impairment of function to some degree, sometimes even to the point of incompatibility with

life.¹ Congenital facial defects in India are associated with considerable superstition, social rejection, and failure to integrate into society. In managing such defects, the goals of the treatment include the management of the human psyche and the patient's acceptance to the society.

Approximately 15,000 children are born with clefts per hour worldwide. A child is born with a cleft somewhere in the world every 2 minutes.² In India, cleft lip/palate occurs in nearly 1 in 500 live births, and most of these defects are not surgically corrected.³ The congenital facial defects are a pressing problem in India owing to the limited resources. The burden of care for the child with cleft affects the entire family units. It is not unusual to see patients with untreated cleft lip for the entirety of their life. The complete rehabilitation of these patients involves speech therapy and orthodontics; secondary corrections are inconsistent at best and often times unavailable.

India is the second most populated country in the world⁴ with a population of 1,147,677,000. The annual per capita income of India as of February 28, 2008, is Indian Rupee 29,786 (US \$660).⁵ Andhra Pradesh state, where the GSR Craniofacial Institute is situated, is located in the southern part of India. Andhra Pradesh⁶ is spread over an area of 275,000 km² with a population of 81,315,000. The annual per capita income of Andhra Pradesh is Indian Rupee 33,970 (US \$755).⁶ The state is divided into 23 administrative districts with Hyderabad city as its capital. Each district is further divided into mandals. There are 1123 mandals in the state, which are further divided into villages, towns, and cities. There are 26,586 villages in the state. Any place that has more than 0.5 million residents is classified as a town and has a municipal administration. Any town that has a population more than 1.5 million is classified as a city. There are 264 towns and cities in Andhra Pradesh.

The health care delivery system in India and Andhra Pradesh in particular is by 2 pathways: the government-funded hospitals and the private or corporate hospitals.

Government-funded general hospitals are situated in every district capital. Subunits of general hospital are usually located in 2 or 3 large towns in the district and are known as area hospitals. Smaller referral primary health centers or community health centers are located on an average, 1 for every 3 villages. This system of health care delivery is government-funded, and the care provided is free of cost to the patient. These hospitals see more than 2 million patients as outpatients and more than 160,000 patients as inpatients.⁷ The budget allocation for health care by the government of Andhra Pradesh for the financial year 2007 to 2008 was Indian Rupee 13,150 million (US \$292 million).⁸ The per capita allocation of funds for health care is less than US \$4 per person in the state. This also means that government hospitals are understaffed and have poor infrastructure.

The private or corporate hospitals are usually located in larger towns and cities. These hospitals have better facilities and cater to patients who can afford health insurance or can directly pay for the health care services. The average cost of each surgery for simple

Srinivas Gosla Reddy et al.

Developing and Standardizing a Center to Treat Cleft and Craniofacial Anomalies in a developing Country Like India

Journal of Craniofacial Surgery, 20(8):1664-1667, September 2009.

From the *GSR Institute of Craniofacial Surgery, Hyderabad, Andhra Pradesh, India; and †Department of Oral and Maxillofacial Surgery, LSU Health Sciences Center, School of Dentistry, New Orleans, Louisiana. Received January 1, 2009.

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Philanthropy In Surgery

Create

Collaborate

Co-operate



Philanthropy In Surgery

Create

Collaborate

Co-operate



WHY CREATE?

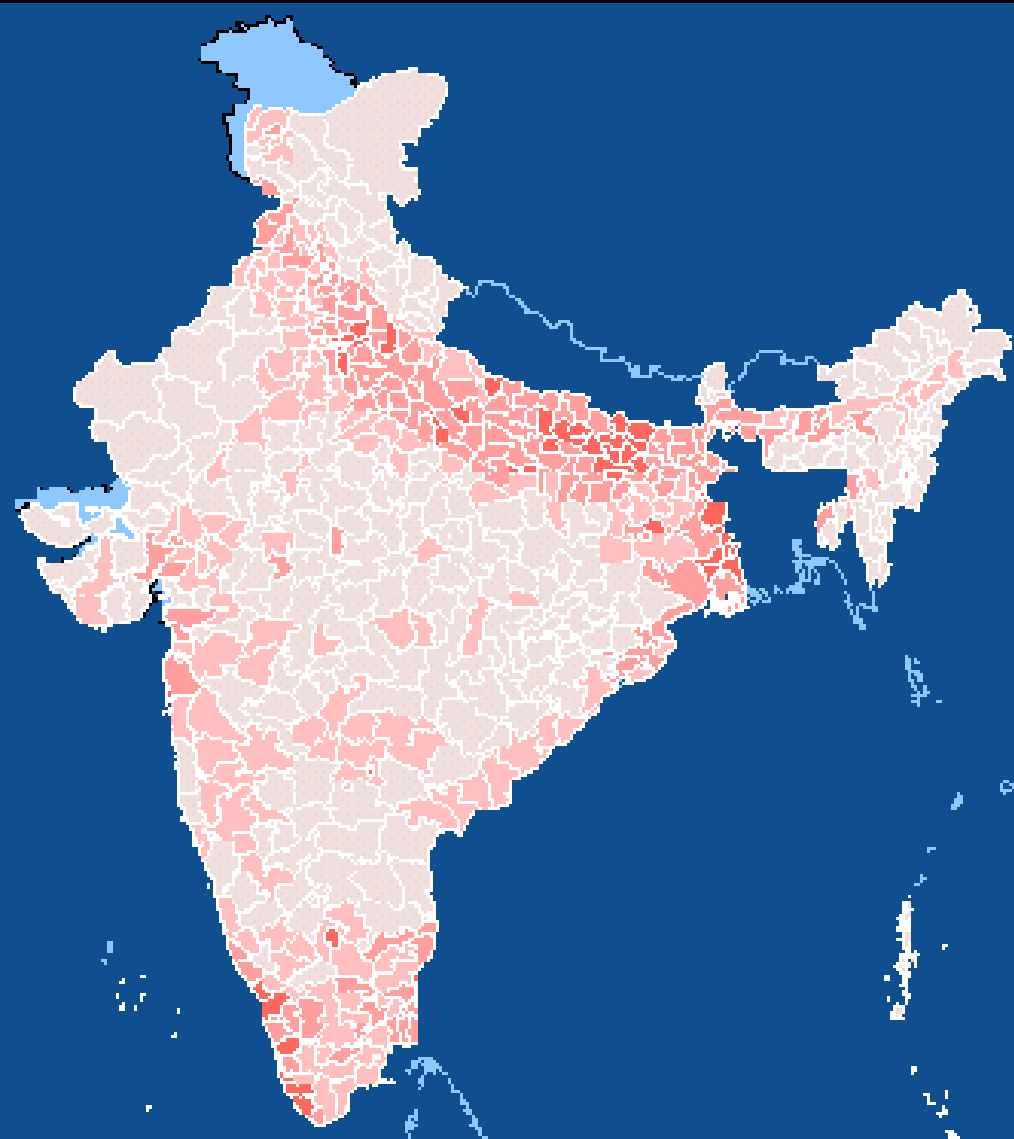
INDIA

Huge population

Low per capita income

Poor penetration of health care to all sections of society

INDIA



Total Population*

1,028,737,436

Male to Female Sex Ratio*

1000:933

Literacy rate*

64.8%

Per Capita Income*

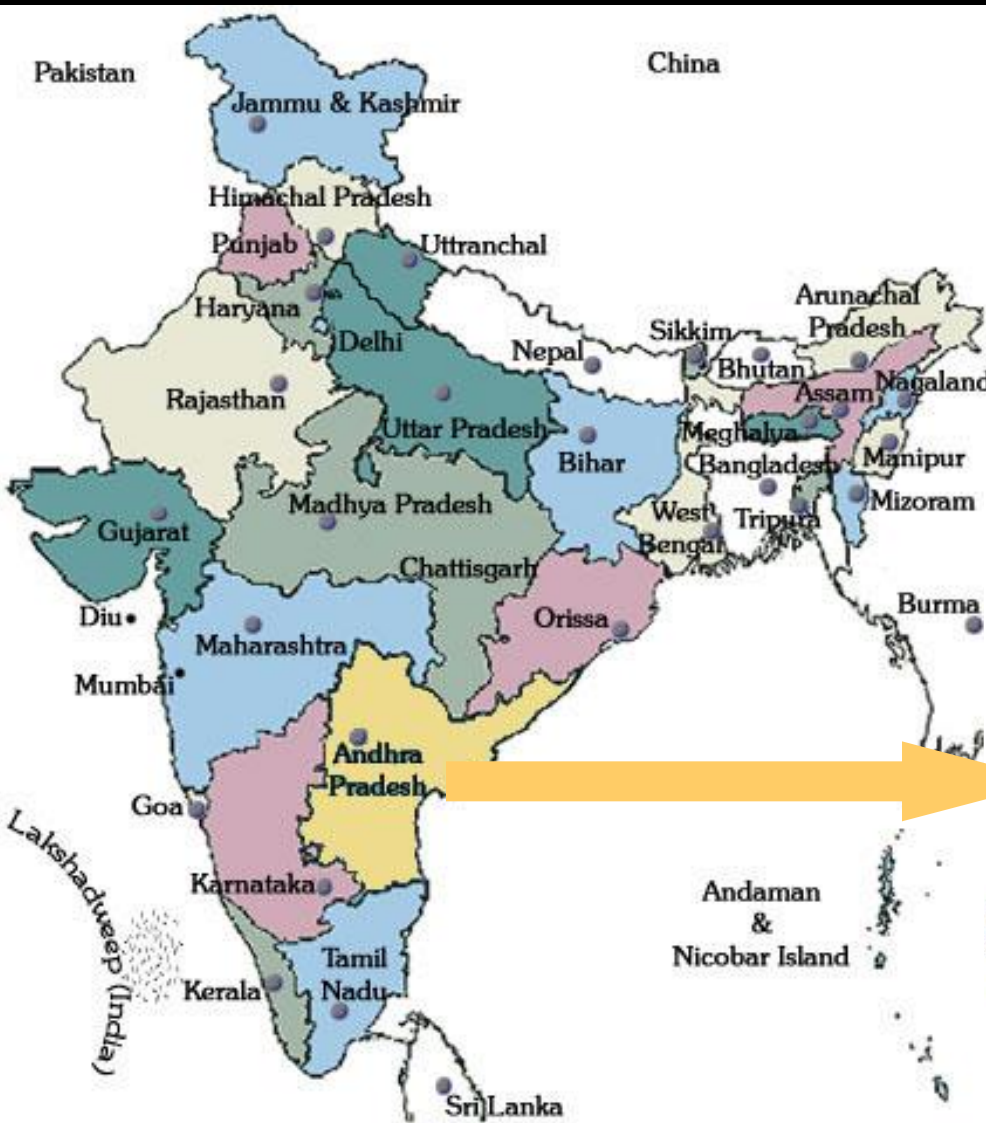
US\$ 430

72% of India lives in rural surroundings with very little access to decent healthcare*

* Source: Census of India 2011



Andhra Pradesh



INDIA

Area*
275,000 sq. km
Literacy Rate*
61.11%

Population*
75,727,000
Per Capita Income*
US\$ 650

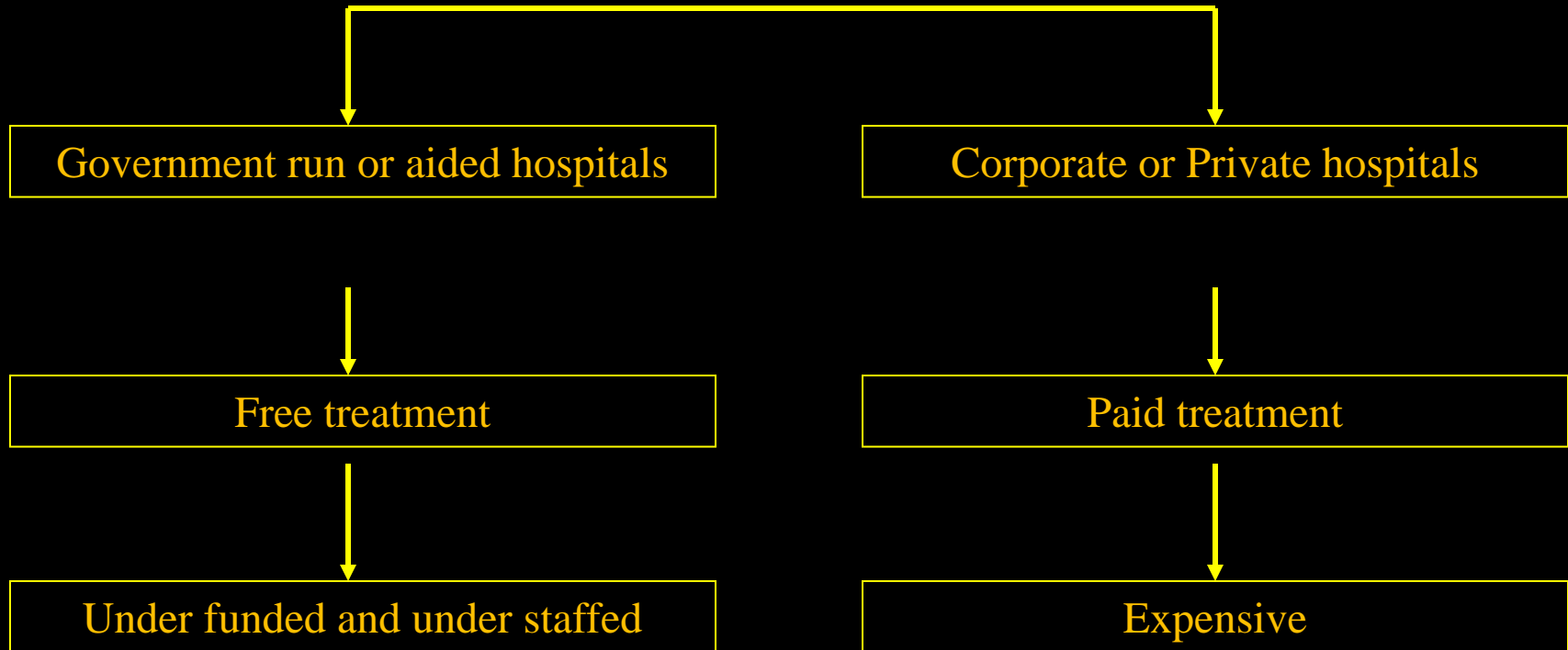


Andhra Pradesh State

* Source: Directorate of Economics and Statistics, Government of Andhra Pradesh



Health care system in India



< 10% of Indian population have recourse to health insurance

Do we have an alternative way of treating patients?

Incidence of cleft Lip and palate in the state of Andhra Pradesh, South India

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ABSTRACT

Objective: To assess the incidence of cleft lip and palate defects in the state of Andhra Pradesh, India. **Design Setting:** The study was conducted in 2001 in the state of Andhra Pradesh, India. The state has a population of 76 million. Three districts, Cuddapah, Medak and Krishna, were identified for this study owing to their diversity. They were urban, semi-urban and rural, respectively. Literacy rates and consanguinity of the parents was elicited and was compared to national averages to find correlations to cleft births. Type and side of cleft were recorded to compare with other studies around the world and other parts of India. **Results:** The birth rate of clefts was found to be 1.09 for every 1000 live births. This study found that 65% of the children born with clefts were males. The distribution of the type of cleft showed 33% had CL, 64% had CLP, 2% had CP and 1% had rare craniofacial clefts. Unilateral cleft lips were found in 79% of the patients. Of the unilateral cleft lips 64% were left sided. There was a significant correlation of children with clefts being born to parents who shared a consanguineous relationship and those who were illiterate with the odds ratio between 5.25 and 7.21 for consanguinity and between 1.55 and 5.85 for illiteracy, respectively. **Conclusion:** The birth rate of clefts was found to be comparable with other Asian studies, but lower than found in other studies in Caucasian populations and higher than in African populations. The incidence was found to be similar to other studies done in other parts of India. The distribution over the various types of cleft was comparable to that found in other studies.

KEY WORDS

Cleft lip & paplate incidence; cleft lip; cleft palate

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INTRODUCTION

Oral-facial clefts, particularly cleft lip with (CLP) or without (CL) cleft palate and cleft palate alone (CP) are a major public health problem affecting 1 in every 500 to 1000 births worldwide.^[1,2] A child is born with a cleft somewhere in the world

Srinivas Gosla Reddy et. al.

Incidence of Cleft Lip and Palate in the state of Andhra Pradesh, South India

Indian Journal of Plastic Surgery, 43(2):184-189, July 2010.



Incidence of cleft defects in the state of Andhra Pradesh

1.09 in 1000 live births

Number of Children born with cleft defects in the state of Andhra Pradesh

1830 every year

Congenital Anomalies Associated with Cleft Lip and Palate Defects in a High Volume Indian Centre

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Abstract

Objective: The objective of this study was to find the prevalence of associated anomalies in patients with cleft lip and palate defects. A number of associated anomalies were noticed by the authors while routinely examining patients with cleft and craniofacial defects at their center. An accurate study to identify the prevalence of associated anomalies in cleft lip and palate patients was needed, to emphasize the need for a thorough investigation of children with cleft lip and palate and the need for a multidisciplinary team to diagnose cleft lip and palate. There was also a need to study the impact of associated anomalies on the burden of cleft care in a developing country like India.

Design and Setting: This is a retrospective study of 800 consecutive patients with cleft lip and palate CL=184, CLP=532, CP=84 seen in the year 2006. The data was collected retrospectively by processing the case history of the patients. The patient's cleft defect, age and sex was noted along with the religious background, level of income and consanguinity. The anomalies were classified under 10 headings depending on the organ system affected.

Results: Associated anomalies were present in 330 cases (41.3%). The highest prevalence of 46.4% was found in patients with cleft lip and palate. The lowest prevalence of 27.7% was found in isolated cleft lip patients. There was no significant difference of prevalence found between unilateral or bilateral clefts and complete or incomplete clefts. The skeletal system was affected the most. Anomalies of the skeletal system count for 42% of all anomalies. Logistic Regression was used to calculate if any of the other background data increased the chance of having an associated anomaly showed that having an isolated cleft palate decreased the chance of having an associated anomaly as was being a Muslim or from another religion as compared to being a Hindu. Other background data did not have a statistically significant chance to have an associated anomaly with clefts.

Conclusion: There was a high prevalence of associated anomalies in the study done at this center. There was, however a need to study the reasons for such anomalies further. There is also a need to study the impact of such anomalies on the burden of cleft care in developing countries.

Key words: cleft lip, cleft palate, congenital anomalies, associated anomalies, high volume centre.

Srinivas Gosla Reddy et. al.

Congenital Anomalies Associated with Cleft Lip and Palate Defects in a High Volume Indian Centre

Journal of Cleft Lip Palate & Craniofacial Anomalies, 3(1):1-7, 2011.



Summary of the Issue

Burden of Care

- High Incidence of
 - Clefts (1.09 in 1000 births) and
 - Associated anomalies (41.3% of cleft patients)
- Very few treatment centers
- Lack of funds to treat patients
- Lack of infrastructure
- Lack of awareness



The GSR Institute of Facial Plastic Surgery, Hyderabad

- Treatment for patients is focused on one part of the body thus making it easy for patients to identify their problems and receive treatment.
(Problem with face = GSRIFPS)
- Money raised for a specific purpose benefiting both the donor and recipient.
- Easy to build an administrative system for a hospital treating only one part of the body.
- Funds received can be completely utilized to treat patients.
- Infra structural or administrative expenses can be justified as they are solely used for the work that funding is received for.



The Mandate

1. Patient/Client :- To treat patients with cleft and craniofacial defects at no cost or low cost
2. Infrastructure:- To build good, durable infrastructure without compromising on quality
3. Doctors:- To build and sustain a team of doctors and professionals that would do this work all year round.



The GSR Institute of Facial Plastic Surgery

From 1996

- Very little Infrastructure.
- Five member part time team of surgeons, anesthetists and dentists.
- Visit seven surrounding districts of Hyderabad two days a week.
- Only surgery is done. No orthodontics or speech therapy.
- Patient pays INR 1,000 (\$25) per surgery for material used during an operation.



GSR Institute of Craniofacial Surgery To 2021



GSR Institute of Craniofacial Surgery

Cleft team:

- 4 Surgeons, 4 Fellows,
- 2 Anesthesiologists,
- 2 Speech therapists,
- 2 Orthodontists and 10 nurses.

Infrastructure

- 2 operating rooms,
- 6 bed post operative facility,
- 50 bed patient ward
- Speech therapy unit,
- Dental and orthodontic unit
- Photography and documentation





4 surgeons operating in 2 dedicated operating theaters



6 Beds Post operative ICU



Nasoendoscopy



Nasometry



Orthodontics and Dentistry

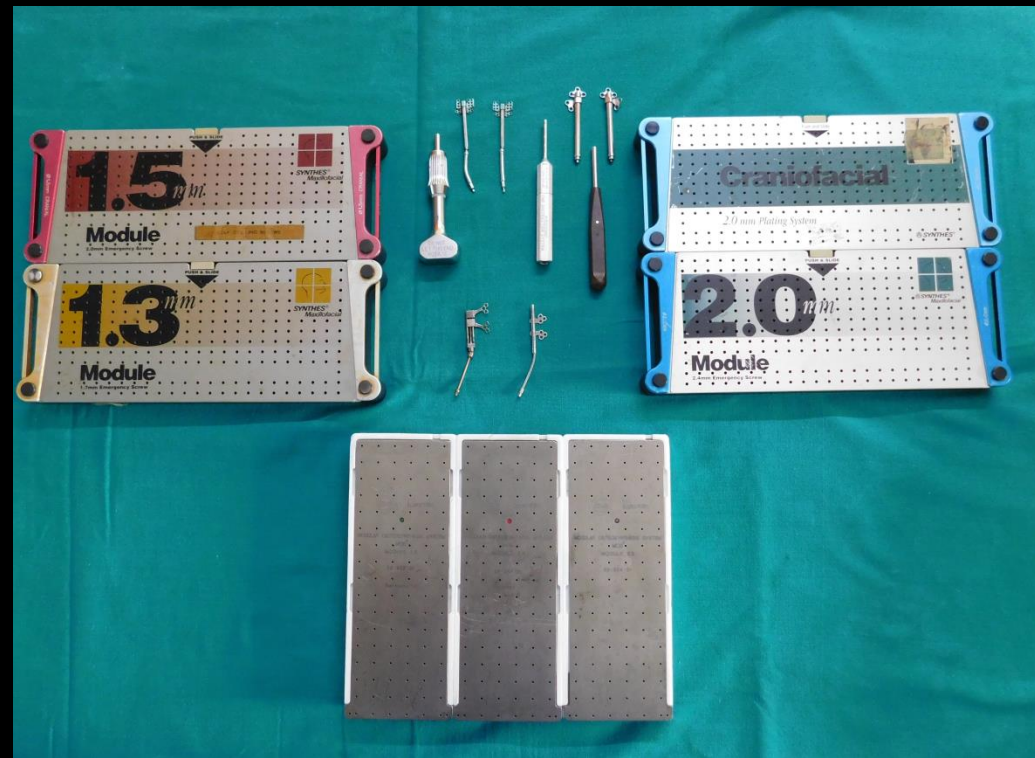


OPG Lat. Ceph

16 08 20



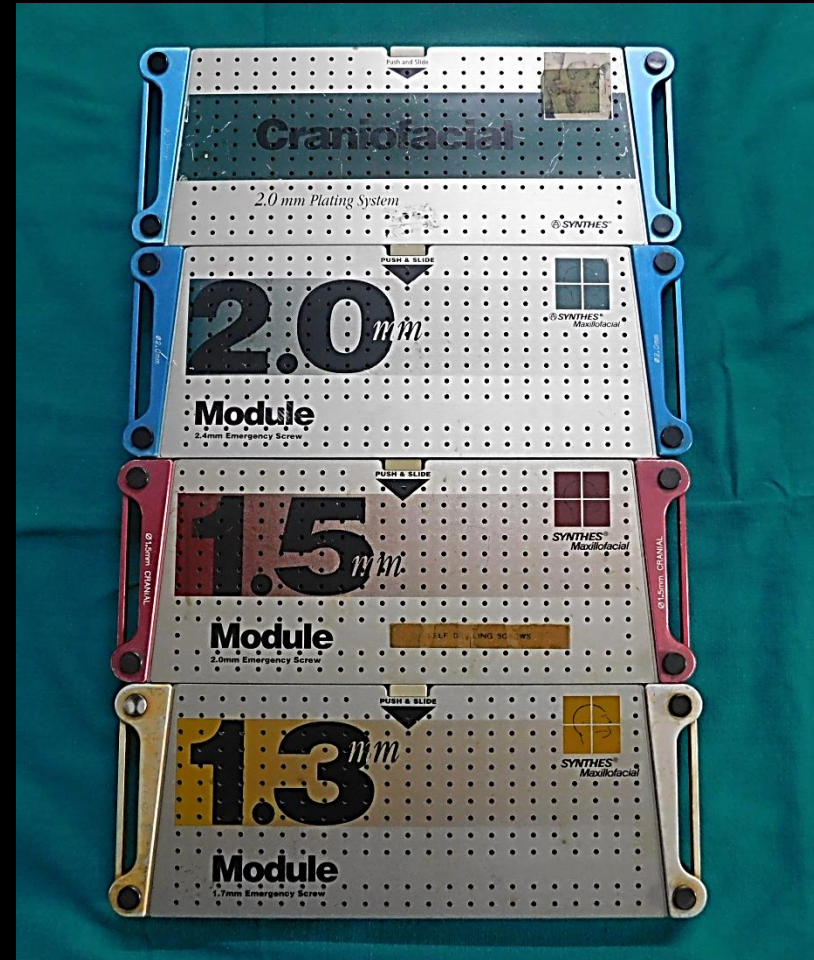
3D MODELS



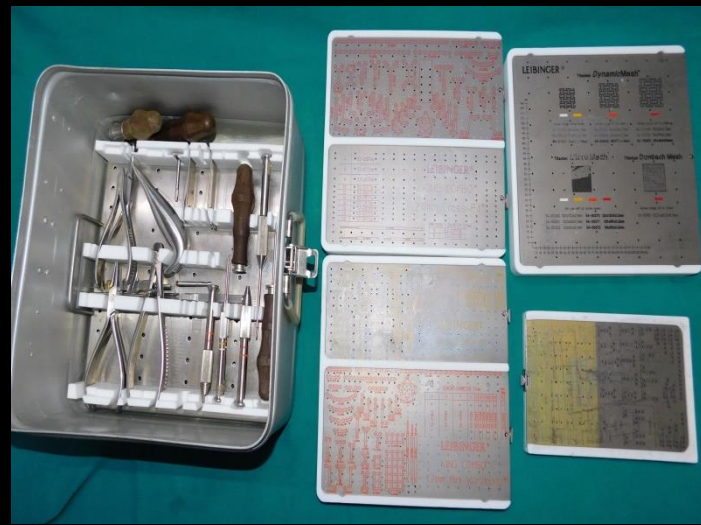
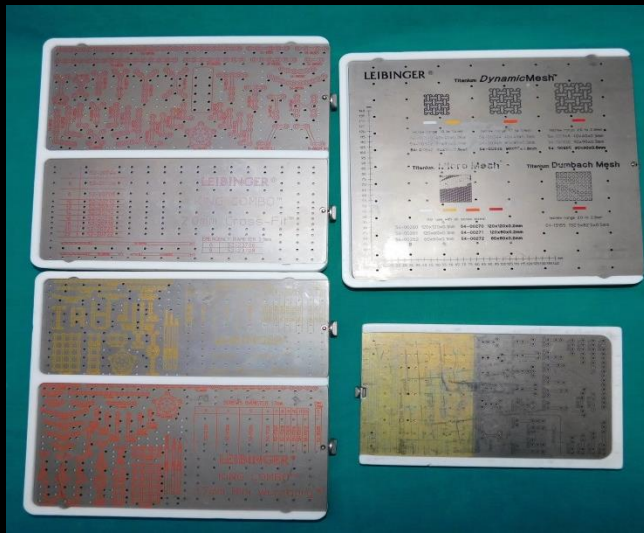
Synthes and Martin Mandibular distractors and
plating kits



Piezo device with tips



Synthes Craniofacial plating kits



LEIBINGER



SYNTHES



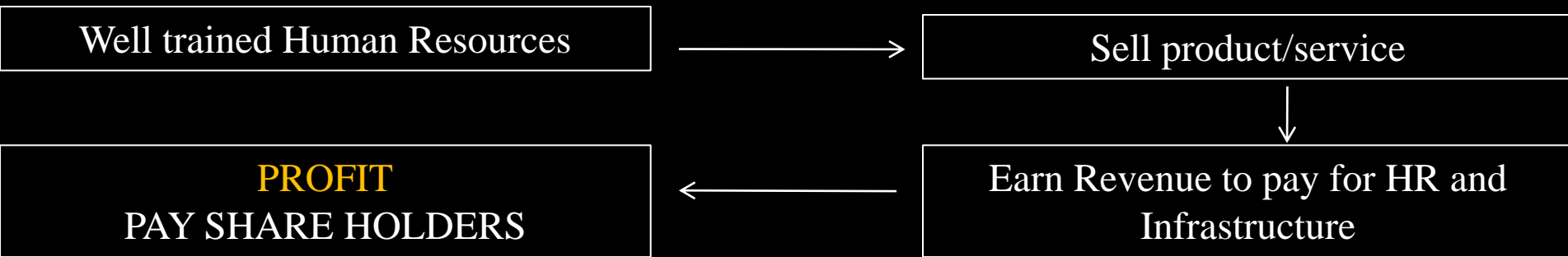
STRYKER



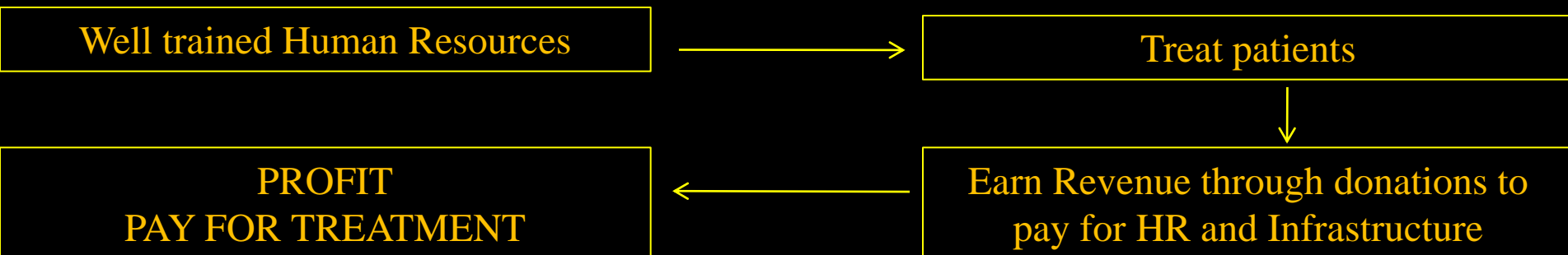
We treat our Cleft Patient as a corporate entity!!!

How???

Corporate Philosophy



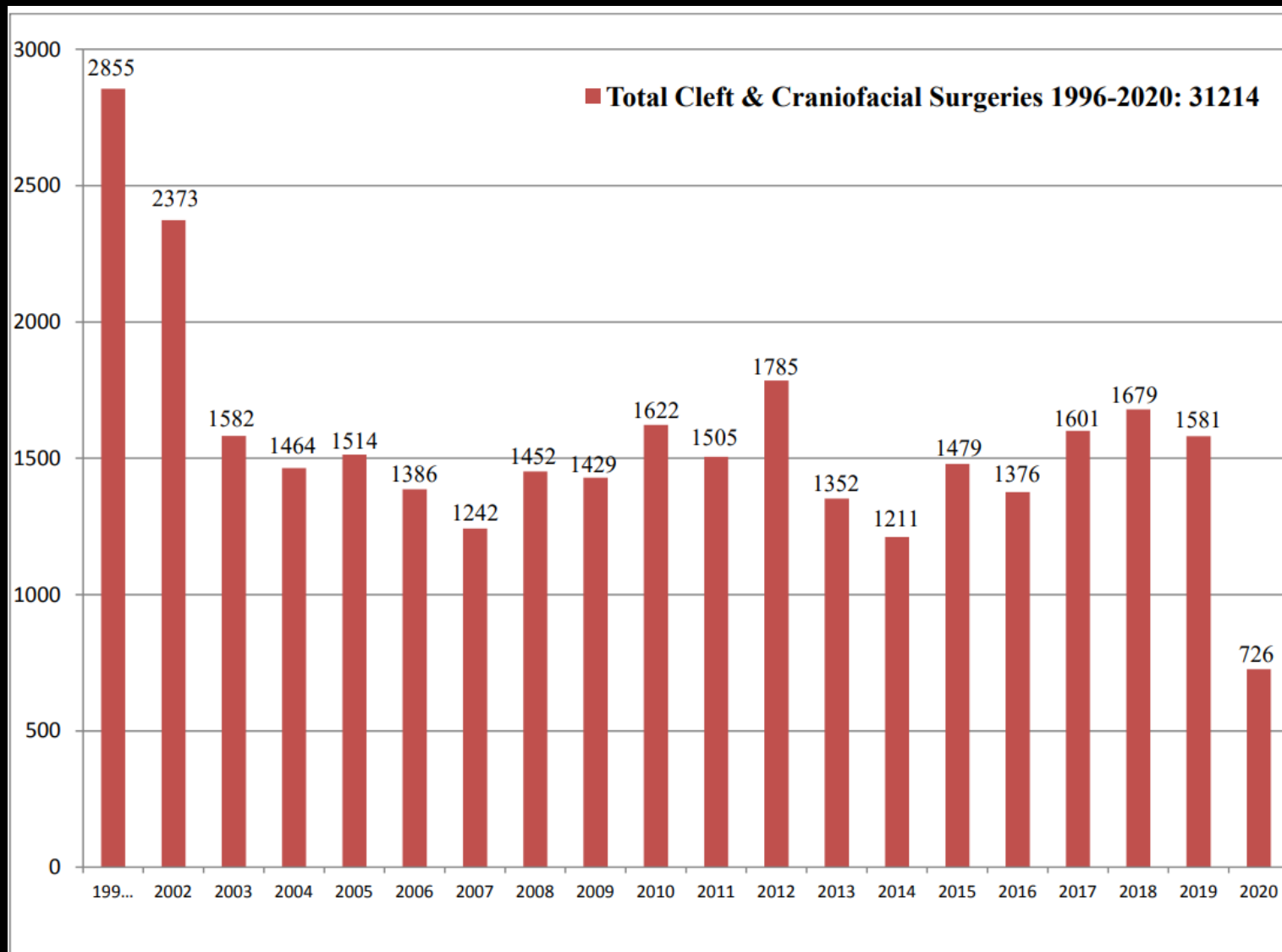
Humanitarian Philosophy



Charity is not for pity
But for Corporatization



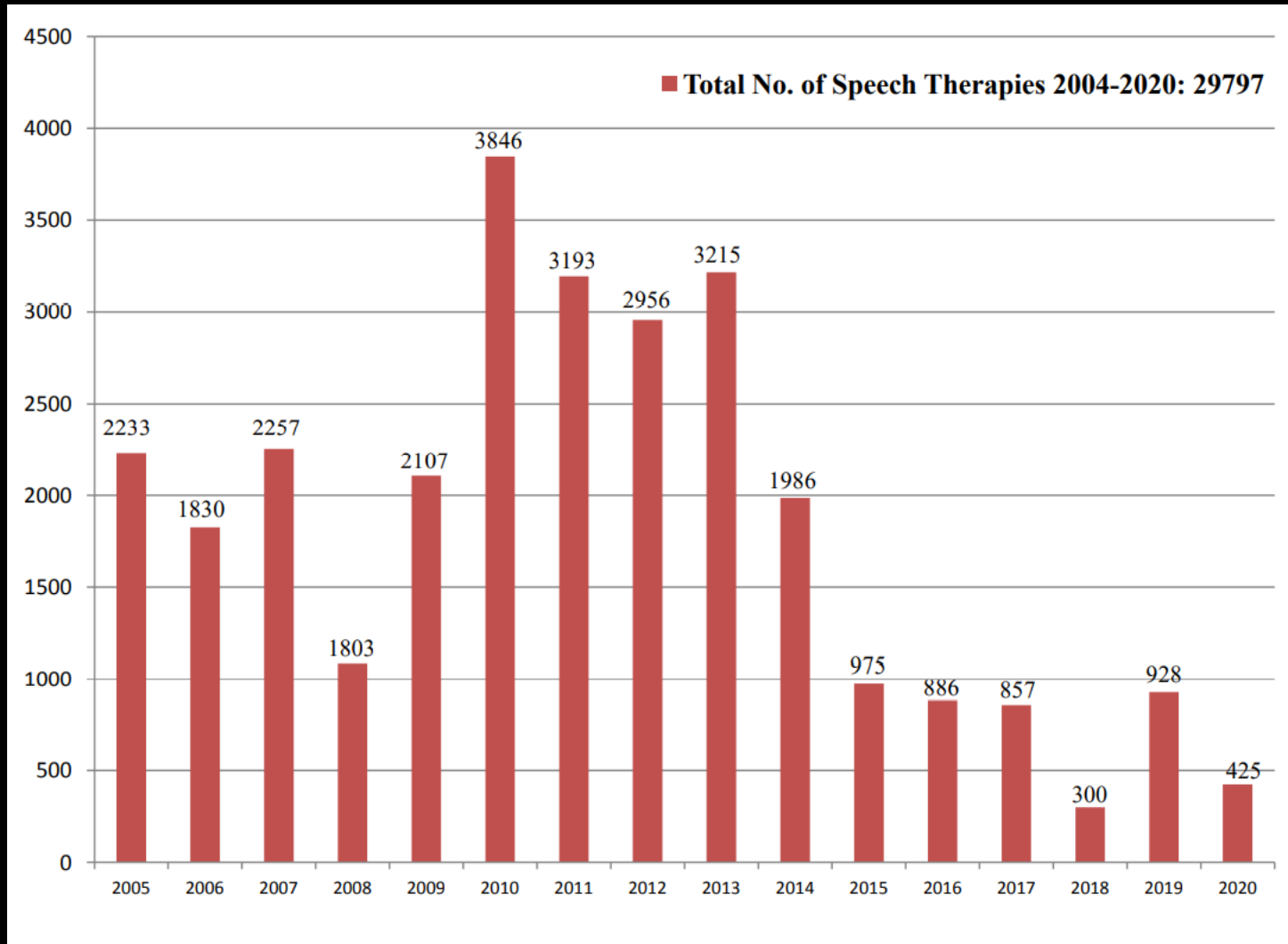
Cranio-Maxillo Facial Surgeries



Total Cranio-Maxillo Facial Surgeries : 31,214



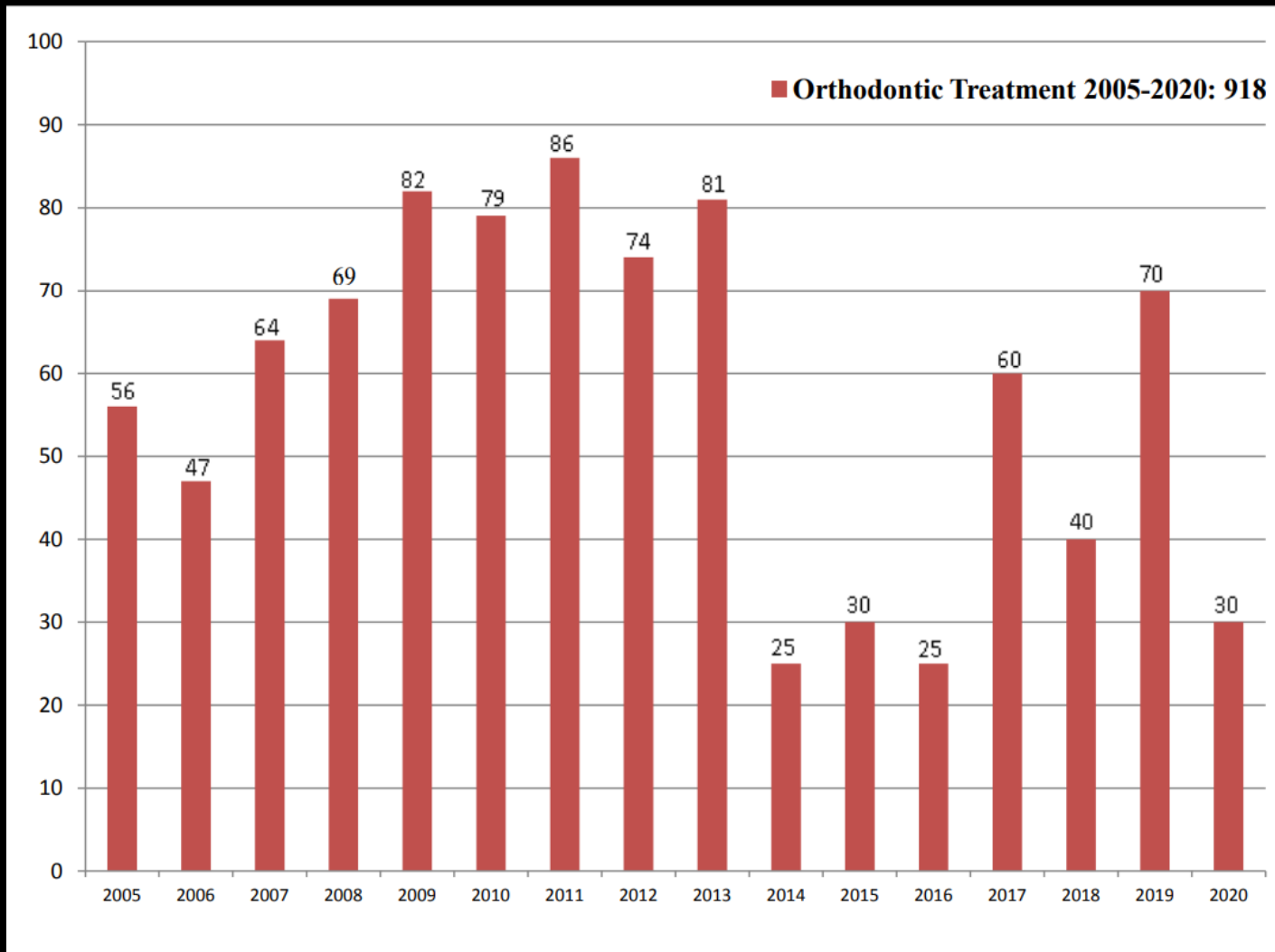
Speech Therapies



Total Speech Therapies: 29,797



Orthodontic Treatments



Total Orthodontic Treatments: 918



What did we achieve?

- Huge numbers in patient care
- Establishment of good infrastructure
- Stand alone craniofacial center
- Dedicated craniofacial team

What did we lack?

- Ideology development
- Research
- Cutting edge technological advancement



Philanthropy In Surgery

Create

Collaborate

Co-operate



Ideology Development

Medical Advisory Board



Mr. Anthony F. Markus
Chairman Future Faces
Poole, UK



Prof. Dr. Stefaan J. Berge
Professor and Chairperson
Department of Craniofacial Surgery
Radboud University Nijmegen Medical
Centre, The Netherlands.



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Professor of Clinical Pediatrics
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& Maxillo Facial Plastic Surgery,
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Facial Plastic Reconstructive Surgery
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Director for OMFS,
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Prof. Stephen Schendel
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Stanford University Medical Center,
Stanford, California, USA



Prof. Benito Ramos Medina
Professor, Department of Oral and
Maxillofacial Surgery,
Santa Lucia Hospital,
Cartagena, Spain



Research



UMC  St Radboud



PhD Completed

- | | | |
|----------------------------|---|---------------------|
| 1. Dr Srinivas Gosla Reddy | Unilateral Complete Cleft Lip
Repair: A Modern Morpho-
functional Surgical Approach | Uni. of Radbound |
| 2. Dr Rajgopal Reddy | Unilateral Complete Cleft Palate
Repair: A Morpho- functional
Approach | Uni. of Radbound |
| 3. Dr Shahista Parveen | 3-dimensional assessment of effect of
various orthopedic treatment modalities
in nonsyndromic unilateral cleft lip and
palate patients | Yenepoya University |



PhD Ongoing

- | | | |
|--|--|---------------------------|
| 1. Dr Ashish Fanan
MDS
Consultant OMFS | An evaluation of surgical techniques and outcomes of secondary rhinoplasty in unilateral cleft-lip nasal deformities | Uni. Of Radbound |
| 2. Dr Abhilash Pasare
MDS
Consultant Maxillofacial pathologist | Whole exome sequencing in nonsyndromic orofacial cleft lip with or without cleft palate – A study on 100 families | Uni. Of Radbound |
| 3. Dr Praveen Neela
MDS
Consultant Maxillofacial orthodontist | Genetic and epigenetic factors in etiology of non-syndromic cleft lip and palate | Yenepoya University |
| 4. Dr Harikishore Bhatt
MDS
Consultant OMFS | Perception of religious belief of children born with cleft and craniofacial defects-an evidence based study in search of truth | Yenepoya University |
| 5. Dr Varsha Bhatt
MDS
Consultant OMFS | Morphofunctional Management of TMJ Ankylosis | Yenepoya University |
| 6. Dr. Rizwana
MDS
Consultant Maxillofacial prosthodontist | Assessment of Outcomes of Immediately loaded Dental implants in orofacial cleft patients | DMIMS , Wardha University |



Original Article

Incidence of cleft Lip and palate in the state of Andhra Pradesh, South India

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ABSTRACT

Objective: To assess the incidence of cleft lip and palate defects in the state of Andhra Pradesh, India. **Design/Setting:** The study was conducted in 2001 in the state of Andhra Pradesh, India. The state has a population of 76 million. Three districts, Cuddapah, Medak and Krishna, were identified for this study owing to their diversity. They were urban, semi-urban and rural, respectively. Literacy rates and consanguinity of the parents was elicited and was compared to national averages to find correlations to cleft births. Type and side of cleft were recorded to compare with other studies around the world and other parts of India. **Results:** The birth rate of clefts was found to be 1.09 for every 1000 live births. This study found that 65% of the children born with clefts were males. The distribution of the type of cleft showed 33% had CL, 64% had CLP, 2% had CP and 1% had rare craniofacial clefts. Unilateral cleft lips were found in 79% of the patients. Of the unilateral cleft lips 64% were left sided. There was a significant correlation of children with clefts being born to parents who shared a consanguineous relationship and those who were illiterate with the odds ratio between 5.25 and 7.21 for consanguinity and between 1.55 and 5.85 for illiteracy respectively. **Conclusion:** The birth rate of clefts was found to be comparable with other Asian studies, but lower than found in other studies in Caucasian populations and higher than in African populations. The incidence was found to be similar to other studies done in other parts of India. The distribution over the various types of cleft was comparable to that found in other studies.

KEY WORDS

Cleft lip & palate incidence; cleft lip; cleft palate

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Indian Journal of Plastic Surgery July-December 2010 Vol 43 Issue 2

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ORIGINAL ARTICLE

Developing and Standardizing a Center to Treat Cleft and Craniofacial Anomalies in a Developing Country Like India

Srinivas Gosla Reddy, MDS, MBBS,* Likith V. Reddy, DDS, MD, FACS,† and Rajgopal R. Reddy, BDS, MBBS*

Abstract: The range of facial deformities is enormous. All produce some degree of disfigurement and result in the impairment of function to some degree, sometimes even to the point of incompatibility with life. Congenital facial defects in India are associated with considerable superstition, social rejection, and failure to integrate into society.

In India, cleft defects occur in 1 in 500 births. Congenital facial defects are a pressing problem in India owing to the limited resources to treat such patients. Poverty is a major factor for parents of such children to get appropriate treatment.

Setting up an institute to treat children with cleft and craniofacial deformities in India presents problems with financing treatment for poor patients, procuring the right infrastructure, and employing well-trained human resources.

The authors have set up such an institute in Hyderabad in the southern state of Andhra Pradesh in India. The logistics of setting up such a facility in a developing country and the future of funding for cleft treatment are important factors to consider while establishing a center for patients with cleft and craniofacial anomalies.

The aim of setting up such centers was to provide quality comprehensive treatment for patients from all sections of society with cleft and craniofacial anomalies.

Key Words: Cleft lip, cleft palate, craniofacial anomalies, developing and standardizing, institute, cleft surgery, speech therapy, orthodontics

(J Craniofac Surg 2009;20: 1664-1667)

The range of facial deformities is enormous. All produce some degree of disfigurement and result in the impairment of function to some degree, sometimes even to the point of incompatibility with

life.¹ Congenital facial defects in India are associated with considerable superstition, social rejection, and failure to integrate into society. In managing such defects, the goals of the treatment include the management of the human psyche and the patient's acceptance to the society.

Approximately 15,000 children are born with clefts per hour worldwide.² In India, cleft lip/palate occurs in nearly 1 in 500 live births, and most of these defects are not surgically corrected.³ The congenital facial defects are a pressing problem in India owing to the limited resources. The burden of care for the child with cleft affects the entire family unit. It is not unusual to see patients with untreated cleft lip for the entirety of their life. The complete rehabilitation of these patients involves speech therapy and orthodontics; secondary corrections are inconsistent at best and often times unavailable.

India is the second most populated country in the world⁴ with a population of 1,147,677,000. The annual per capita income of India as of February 28, 2008, is Indian Rupee 29,786 (US \$660).⁵ Andhra Pradesh state, where the GSR Craniofacial Institute is situated, is located in the southern part of India. Andhra Pradesh is spread over an area of 275,000 km² with a population of 81,315,000. The annual per capita income of Andhra Pradesh is Indian Rupee 33,970 (US \$755).⁶ The state is divided into 23 administrative districts with Hyderabad city as its capital. Each district is further divided into mandals. There are 1123 mandals in the state, which are further divided into villages, towns, and cities. There are 26,586 villages in the state. Any place that has more than 0.5 million residents is classified as a town and has a municipal administration. Any town that has a population more than 1.5 million is classified as a city. There are 264 towns and cities in Andhra Pradesh.

The health care delivery system in India and Andhra Pradesh in particular is by 2 pathways: the government-funded hospitals and the private or corporate hospitals.

Government-funded general hospitals are situated in every district capital. Subunits of general hospital are usually located in 2 or 3 large towns in the district and are known as area hospitals. Smaller referral primary health centers or community health centers are located on an average, 1 for every 3 villages. This system of health care delivery is government-funded, and the care provided is free of cost to the patient. These hospitals are more than 2 million patients as outpatients and more than 160,000 patients as inpatients.⁷

The budget allocation for health care by the government of Andhra Pradesh for the financial year 2007 to 2008 was Indian Rupee 13,150 million (US \$292 million).⁸ The per capita allocation of funds for health care is less than US \$4 per person in the state. This also means that government hospitals are understaffed and have poor infrastructure.

The private or corporate hospitals are usually located in larger towns and cities. These hospitals have better facilities and cater to patients who can afford health insurance or can directly pay for the health care services. The average cost of each surgery for simple

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Journal of Cleft Lip Palate & Craniofacial Anomalies, Vol. 3, No. 1

Congenital Anomalies Associated with Cleft Lip and Palate Defects in a High Volume Indian Centre

Srinivas Gosla Reddy, MDS, MBBS
Rajgopal R. Reddy, BDS, MBBS
Karunakar Konda, MD
Rajendra Prasad, BDS, MDS

Anke M. Ettema, MD, PhD
Stefan J. Berge, MD, DDS, PhD
Wilfred A. Borstlap, MD, DDS, PhD

Abstract

Objective: The objective of this study was to find the prevalence of associated anomalies in patients with cleft lip and palate defects. A number of associated anomalies were noticed by the authors while routinely examining patients with cleft and craniofacial defects at their center. An accurate study to identify the prevalence of associated anomalies in cleft lip and palate patients was needed, to emphasize the need for a thorough investigation of children with cleft lip and palate and the need for a multidisciplinary team to diagnose cleft lip and palate. There was also a need to study the impact of associated anomalies on the burden of cleft care in a developing country like India.

Design and Setting: This is a retrospective study of 800 consecutive patients with cleft lip and palate (CL=184, CLP=532, CP=84) seen in the year 2006. The data was collected retrospectively by processing the case history of the patients. The patient's cleft defect, age and sex was noted along with the religious background, level of income and consanguinity. The anomalies were classified under 10 headings depending on the organ system affected.

Results: Associated anomalies were present in 330 cases (41.3%). The highest prevalence of 46.4% was found in patients with cleft lip and palate. The lowest prevalence of 27.7% was found in isolated cleft lip patients. There was no significant difference of prevalence found between unilateral or bilateral clefts and complete or incomplete clefts. The skeletal system was affected the most. Anomalies of the skeletal system caused for 42% of all anomalies. Logistic Regression was used to calculate if any of the other background data increased the chance of having an associated anomaly showed that having an isolated cleft palate decreased the chance of having an associated anomaly as was being a Muslim or from another religion as compared to being a Hindu. Other background data did not have a statistically significant chance to have an associated anomaly with clefts.

Conclusion: There was a high prevalence of associated anomalies in the study done at this center. There was, however, a need to study the reasons for such anomalies further. There is also a need to study the impact of such anomalies on the burden of cleft care in developing countries.

Key words: cleft lip, cleft palate, congenital anomalies, associated anomalies, high volume centre.

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Original research

Health related quality of life of patients with non-syndromic orofacial clefts

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Anne Marie Kuijpers Jagtman^d, Stefaan Berge^e

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Cleft lip and palate
QOL
Quality of life

ABSTRACT

Objective: To evaluate the relation between health-related quality of life (QOL), in a large representative group of adolescents with non-syndromic orofacial clefts.
Study design: 724 non-syndromic patients with an orofacial cleft who had finished their surgical treatment were included in this prospective study. Mean age of the patients was 10.8 years (SD = 1.5). Patients were divided into two groups: cleft lip (CL) and cleft lip and palate (CLP). The CL and CLP group were again divided into patients with unilateral and bilateral cleft lip/lips. Health related quality of life was measured using a modified SF-36 questionnaire to measure eight dimensions. To validate the modified SF-36 questionnaire, a control group of 744 patients who had undergone ENT surgeries were given the same questionnaire.

Results: The answers of the ENT patients were compared with the answers of the cleft patients, using the Chi-Square test. Cleft patients showed a high score on the eight dimensions of the questionnaire. For five of the dimensions the mean score was above 4. The lowest score was found on bodily pain (mean 3.45). There was no effect of age. Having a cleft palate influenced all eight dimensions statistically more in a negative way than a cleft lip alone.

Conclusion: On average cleft patients have a good health related quality of life. However, there were differences in the levels of satisfaction. The major factor influencing quality of life negatively was the presence of a cleft palate.

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1. Background

The World Health Organization (WHO) defines health as not only the absence of disease but also as the presence of factors that enhance physical, mental, and social well-being [1]. This has led to a broader conceptualization of overall health in a way that quality of life plays an essential role in this WHO-well-being concept. As a consequence, successful outcome of medical treatment is not solely defined in terms of cure, repair or remission anymore, but is also extended to the maintenance or improvement of patients' quality of life after treatment. In this context, quality of life can be defined as a subjective well-being that reflects the difference between the hopes and expectations of a person

and their present experience [2]. This is certainly true for children with chronic health conditions or children that require long-term treatment protocols, such as patients with craniofacial abnormalities [1].

The face is a very sensitive region of the body which gives recognition to an individual [3]. Therefore it is not surprising that facial esthetics are a very important aspect of an individual's general perception of life, especially between the ages of 18 and 30 years [4]. Acquired (e.g. trauma, tumor) or congenital (e.g. orofacial clefts) facial deformities may influence quality of life in many different ways. Therefore, the treatment of cleft lip and palate deformities should not only provide good functional (e.g. speech, growth, occlusion) but also optimal esthetic results [5,6].

Judging functional and esthetic outcomes of cleft surgery have traditionally been performed by clinicians (surgeons, speech therapists, orthodontists) [7]. There are very few studies that elicit from patients how they feel after cleft therapy and how they assess their quality of life themselves [7]. One of the most successful methods of judging the overall treatment outcomes, is by measuring patients'

ORIGINAL ARTICLE

Perceptions of Family Members of Children With Cleft Lip and Palate in Hyderabad, India, and Its Rural Outskirts Regarding Craniofacial Anomalies: A Pilot Study

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Objective: This pilot study aimed to understand cultural perspectives on cleft anomalies in the community of Hyderabad, India, and its rural outskirts.

Design: Interviews focusing on perceptions of cleft lip and palate were conducted using a 21-item interview guide approved by the director of the Gosla Srinivas Reddy Institute of Craniofacial Surgery (GSR).

Settings: Interviews were conducted at GSR, a specialty surgical center located in Hyderabad, India.

Patients and Participants: All patients who presented to GSR with either cleft lip, cleft palate, or cleft lip and palate at the time of this study were included.

Results: Of the 23 families interviewed, 12 mothers believed the cleft was caused by an eclipse, and two believed the scientific explanation their physician offered. Fourteen families were offered no explanation for the cleft lip and/or palate at the time of their first physician visit. No families practiced non-Western methods for treatment of the cleft. One family identified beliefs held in the community that their child with a cleft lip was bad luck.

Conclusion: A commonly held belief in this community in India is that cleft lip, cleft palate, or cleft lip and palate are caused by an eclipse. Physicians appear to be providing families with insufficient education on cleft impairments. Data generated from studies similar to this can be used to design educational protocols that address this gap in community understanding of orofacial clefting.

KEY WORDS: beliefs, cleft, culture, Hyderabad

Cleft lip and/or palate (CL±P) are relatively common anomalies among Asian populations, and the incidence in state of Andhra Pradesh, India, is cited as 1:99–1:100 live births (Reddy, 2010). Folklore surrounding facial clefts varies greatly among cultures, ranging from positive views that the child may possess a special, sometimes spiritual, role in the community to negative or even dangerous views that the child represents an omen of bad luck (Cheng, 1990). Popular beliefs regarding the etiology of CL±P have followed general themes such as the belief that it is a result of "God's will" or "fate" (Ross, 2007). The belief that

CL±P is the result of the mother's petting a rabbit or consuming rabbit products during pregnancy has resulted in the eponym "harelip" (Cheng, 1990). Studies in the Philippines found community beliefs that CL±P resulted from fetal "malposition" in the womb or "cravings" during the first trimester (Daack-Hirsch, 2010). Beliefs may also be regionally specific. In Egypt, for example, some parents believe their child's cleft is the result of gazing at a camel for too long (el-Shazly, 2010).

There may be a preference for using alternative medicine in the treatment of CL±P among different ethnic and religious communities (Olson et al., 2007; Ross, 2007). Practices within Asian/Pacific populations have included the use of various herbs and balms, acupuncture, steam inhalation, coin rubbing, and pinching (Cheng, 1990). Anecdotal evidence from the Gosla Srinivas Reddy Institute of Craniofacial Surgery (GSR) clinic in Hyderabad, India, suggests that alternative treatments, such as burning the child on the abdomen or burying the child up to the head in sand and to be left in the direct sunlight for an entire day, have been used in the community for the treatment of cleft anomalies. Identifying the prevalent beliefs that exist in the community concerning CL±P may

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Surgery

Clinical Paper
Cleft Lip and Palate

Screening for maternal coeliac disease as a potential risk factor for orofacial clefts—a pilot study

S.G. Reddy, R.R. Reddy, A. Vaidyanathan, A. Markus, J. Snook, Screening for maternal coeliac disease as a potential risk factor for orofacial clefts—a pilot study. Int. J. Oral Maxillofac. Surg. 2013; 42: 1424–1428. © 2013 International Association of Oral and Maxillofacial Surgeons. Published by Elsevier Ltd. All rights reserved.

Abstract: There is increasing evidence that dietary folate deficiency in utero may increase the risk of developing the 'cleft lip with or without cleft palate' (CL ± P) variant of orofacial cleft. Coeliac disease is a common cause of folate malabsorption, and in the majority of cases remains undiagnosed. This pilot study assessed the seroprevalence of undiagnosed coeliac disease in a cohort of mothers of infants with CL ± P in the Hyderabad area of India. The seroprevalence of coeliac disease of 1.15% (95% confidence interval 0.37–2.66%) was little different from the expected figure based on published population studies, making a clinically significant association unlikely.

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Non-syndromic orofacial cleft (OFC) is one of the most common congenital malformations, found in up to 0.2% of live births in Europe¹ and India.² It is characterized by incomplete separation of the nasal and oral cavities without any associated anomalies, and is composed of two distinct but related entities: cleft lip with or without cleft palate (CL ± P) and cleft palate isolated (CPI). The aetiology of non-syndromic OFC is complex and incompletely understood, but there appear to be genetic and environmental factors, with distinct differences between CL ± P and CPI. The genetic influence is proportionally greater for CPI than for CL ± P.³ Predisposing environmental factors include folate acid deficiency – this is known to cause OFC in rodents,⁴ and there

is evidence for a similar consequence in humans – both as a consequence of dietary insufficiency and maternal use of dihydropyridine reductase inhibitors.^{5,6} Furthermore, a recent large case-control study in Norway showed that folate acid supplementation during early pregnancy reduced the risk of CL ± P by 39%, whilst there was no effect on the risk of CPI.⁷ Coeliac disease (CD) is a chronic inflammatory disorder of the small bowel, with characteristic mucosal histology.⁸ Whilst the pathogenesis is not fully understood, there is overwhelming evidence that CD results from mucosal exposure to genetically predisposed individuals to dietary gluten, a family of related proteins found in the cereals wheat, barley, and rye. The immune system is strongly implicated

in mediation of the inflammatory response in CD,⁹ and one manifestation of this is that most patients with untreated CD acquire circulating autoantibodies, in particular endomysial antibody (EMA) – the dominant component of which is directed against the enzyme, tissue transglutaminase 2.¹⁰ EMA has a relatively high sensitivity and specificity for untreated CD, and has therefore been used widely to determine the seroprevalence of CD in population studies.^{11,12} CD has been increasingly recognized in Asian populations over recent years. Recent seroprevalence studies would suggest that CD is as common in Indian populations as it is elsewhere in the world, with figures in the range 0.5–1.3%.¹³ The majority of individuals with CD are

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Afroze Incision for Functional Cheiloseptoplasty

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Abstract: Repair of unilateral cleft lip is a fascinating and challenging reconstructive procedure. Although a great number of operations have been described for the unilateral cleft lip repair, none fulfill all the requirements of a good lip repair. The purpose of this study was to evaluate the results of a new technique for unilateral cleft lip repair, the primary cheiloplasty. The Afzoo incision is a combination of 2 incisions, that is, the Millard incision on the noncleft side and the Pfiffler incision on the cleft side. The flap design is the same as the Millard flap. The Millard flap is designed on the distal half of the distance of the Pfiffler flap. The Pfiffler flap is positioned in the triangular defect formed by the movement of the Millard flap. The proximal curve lengthens the lip and the distal curve shortens the lip. The lip is moved downward to receive the Millard's "C" flap. The advantage of this technique is that the lip is moved downward to receive the flap because the incision is essentially horizontal in nature, and the contracture of the scar occurs horizontally rather than vertically. Primary septal repositioning is performed, which provides a normal alar curvature. The alar base is positioned in the same position as the cleft side and nasal lip, and the nose can be in a balanced way with the lip. Equal muscular force being exerted on both sides. This incision can be modified to repair the bilateral cleft lip. The length of the width of the cleft, shortening the cleft lip segment.

(J Craniofac Surg 2009;20: 1733–1736)

The Millard repair is based on a rotation flap on the noncleft (medial) side coupled with an advancement flap on the cleft (lateral) side. One of its main advantages is that the technique allows advancement as the operation proceeds, with further rotation and advancement as needed. The rotation flap is designed to replace the approximation of a pair of convex curves that ultimately may leave a scar crossing the midline at the base of the columella. The Pfeiffer incision is designed using the concept of "morphologic order." Measurements of noncleft side height and length are recorded and translated to the cleft side using a flexible wire, thus determining natural anatomic points. The 2 curves are brought together to the point where the 2 points of 1 curve are approximately proximated with the corresponding highest and lowest points of the other, thus creating a straight line.²

On comparison of the 2 techniques, each has its own advantages and shortcomings. The Millard flap produced better results when considering vermilion approximation. In this respect, it is rather more flexible than a straight line design, and the operator is able to position the rotation flap on the noncleft side where it is judged likely to produce the most favorable lip contour. The design has a limited outcome where preoperatively the lip is wider on the noncleft side. This would lead to a reduction in rotational requirement of the flap on the medial side, resulting in less distortion and a Cupid's bow with better form. Repairs using flaps according to Pfeiffer's design resulted in a better length of lip postoperatively. By its nature, the more waves incorporated in the incision, the greater the length of the lip. The length of the lip is not the most important function; it will tend to exaggerate this factor.²

Afroze incision is a combination of 2 incisions. Millard incision on the noncleft side and Pfeiffer incision on the cleft side. The flap design is such that Millard flap on the noncleft side is rotated downward, and the peak of the distal curve of the Pfeiffer flap is positioned in the triangular defect formed by the movement of the Millard flap. The proximal curve lengthens downward to receive the Millard's "C" flap. The advantage of this technique is that there is no tension on the postoperative scar because the incision is essentially horizontal in nature and the contracture of the scar occurs horizontally rather than vertically. There is also no pressure on the Cupid's bow for the same reason.

On the noncleft side, the Cupid's bow is marked by 3 points. Point 1 is the highest point on the contralateral white roll; point 2 is the deepest point on the white roll. Point 3 is marked on the white roll at a distance that is 2 mm more than the distance between points 1 and 2.

The Millard incision on the noncleft side is extended from point 3 along the junction of skin and vermillion mucosa and further

Surgeons have repaired the deformity of cleft lip for the past 2000 years, the first attempt performed during the Chin Dynasty in China.¹ Many techniques have been used since that time, and it is clearly apparent that no agreement exists as to which represents the optimum method. Historically, incisions have been either straight line or broken line, but more recently, in the twentieth century, flap design developed over two distinct periods. In the first, up to 1949, and including Le Mesurier,² lengthening of the lip on the cleft side was

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achieved with some sacrifice of the ipsilateral Cupid's bow. This maneuver, however, tended to produce an aesthetically unfavorable peaking of the lip. In the second half of the century, several attempts were made to counter this shortcoming. Tennison³ utilized a triangular flap on the external surface of the lower margin of the lip, while Petit and Psautre⁴ used a superiorly based flap. Nevertheless, because of scar contracture, this latter approach also produced unacceptable aesthetic outcomes. A combination of the two flaps was proposed by Trueman⁵ and Skoog⁶ to counter these problems. A further alternative was described by Malek,⁷ who used a flap based on a precisely measured equilateral triangle to achieve perfect equality in the length of

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Comparison of Three Incisions to Repair Complete Unilateral Cleft Lip

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Background: The incision design for correcting a unilateral cleft lip is important because all subsequent stages of surgery depend on the access and maneuverability of the incision. This prospective cohort study compares the aesthetic and functional outcomes of three different skin incisions for primary unilateral cleft lip repair.

Methods: Patients with complete unilateral cleft lips ($n = 1200$) were enrolled and divided into three groups of 400 patients. Each group of patients was operated on with the Millard incision, Pfeiffer wedge line incision, or Afrose incision. Outcome assessments were performed 2 years postoperatively and consisted of assessment of the white roll, vermilion border, scar, Cupid's bow, lip length, nostril symmetry, and appearance of alar dome and base.

Results: With regard to white roll, vermilion border, scar, Cupid's bow, and lip length, the Afrose incision always gave superior results compared with the Millard or Pfeiffer incision. Depending on the cutoff for treatment success, the Afrose incision also showed better results regarding nostril symmetry. With respect to the alar base and alar dome, all three incisions showed comparable outcomes.

Conclusion: The Afrose incision is superior regarding a broad spectrum of outcomes in a heterogeneous population of patients with unilateral cleft lip. (*Plast. Reconstr. Surg.* 125: 1208, 2010.)

The anatomical basis for a cleft lip defect is far removed from the normal orientation. Compared with the noncleft patient, the three groups of superficial facial muscles (i.e., the nasolabial, labial, and labiomental) are all displaced inferiorly.¹ The orbicularis oris muscle finds a new and abnormal insertion on the cleft side and a partially distorted insertion on the noncleft side.² The Cupid's bow on the cleft side and the white skin roll on both sides are also distorted.³ The treatment goals for cleft lip defects are early correction of the cleft, with primary correction to a tension-free, mobile, and balanced lip.⁴

The repair of any cleft lip deformity should take not just incision lines into account. A functional anatomical repair of the underlying hard

and soft tissues is essential. Manipulation and repositioning of the mucocutaneous tissues must be addressed only once sound foundations have been laid. A primary surgical approach that allows natural facial growth and development, minimizing the need for future secondary procedures, should be every cleft surgeon's goal.⁵

Many surgical techniques and lip designs have been documented to repair unilateral cleft lips.⁶⁻¹⁰ Probably the most commonly used is the rotation-advancement technique described by Millard.^{11,12} The Millard incision is based on a rotation flap on the noncleft side coupled with an advancement flap on the cleft side.^{11,12} In one form or another, it is the most widely practiced method today.³

The Pfeiffer incision is designed using the concept of "morphologic order." Measurements of the noncleft side height and length are recorded and translated to the cleft side using a flexible wire, thus determining natural anatomical points.

Disclosure: The authors have no financial interest in this work, and no competing interests are declared.

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Primary Septoplasty in the Repair of Unilateral Complete Cleft Lip and Palate

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Background: The purpose of this study was to assess and compare nasal symmetry in patients who underwent correction of a complete unilateral cleft lip using the Afrose incision without and with primary septoplasty using a standardized two-dimensional photographic analysis.

Methods: A prospective cohort study of 190 consecutive patients with complete unilateral cleft lip and alveolus with cleft palate treated with or without septoplasty using the Afrose incision technique was conducted at a high-volume center. Eighty-two patients operated on without primary septoplasty and 76 patients operated on with primary septoplasty were evaluated. Nasal symmetry was compared between patients using two-dimensional photographic analysis. Ratios between the cleft side and the non-cleft side for five parameters were used to assess symmetry: alar base-to-interpupillary line distance, columella-to-Cupid's bow distance, nostril gap area, nostril width, and nostril height. The Mann-Whitney U test was used to calculate differences between the two groups.

Results: Patients operated on with primary septoplasty showed more nasal symmetry compared with patients operated on without septoplasty. This difference was statistically significant for columella-to-Cupid's bow distance, nostril gap area, and nostril height ($p = 0.008$, $p < 0.001$, and $p < 0.001$, respectively) and for the distance between alar base and the alar base-to-interpupillary line distance ($p = 0.145$) the difference was present but not statistically significant. For nostril width, no difference was found ($p = 0.850$).

Conclusion: Patients treated with primary septoplasty showed better results in terms of nasal symmetry when analyzed using two-dimensional photographic analyses. (*Plast. Reconstr. Surg.* 127: 761, 2011.)

Despite a multiplicity of surgical approaches to its correction and as much variation in treatment philosophy, the cleft lip nasal deformity remains a formidable challenge to the reconstructive surgeon treating patients with these congenital deformities. Historically, correction of the cleft nose deformity had been delayed until nasal growth was complete.¹ Early surgical intervention was thought to interfere with normal growth, leading to poor long-term results.² Patients with cleft nose deformity had to tolerate the physical nasal deformity and the

psychological trauma well into their adolescence.³ Randall noted that these patients often were more concerned with their nasal deformity than with their lip deformity.²

Refinement of rhinoplasty techniques has facilitated the ability to address the deformity associated with cleft lip.⁴ McComb⁵ and Anderl⁶ have published long-term studies that show very little impact on growth with primary correction of the nose deformity along with the correction of the cleft lip. Nevertheless, controversy remains regarding the best time to attempt primary surgical correction of unilateral cleft lip nasal deformity.⁷⁻⁹ Although a growing number of centers perform the nasal repair in conjunction with cleft lip surgery, some choose a secondary rhinoplasty at a later stage, when the car-

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Assessment of nostril symmetry after primary cleft rhinoplasty in patients with complete unilateral cleft lip and palate¹⁷

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ABSTRACT

The aim of this study was to assess the nostril symmetry following primary cleft rhinoplasty done with either a dorsal onlay or columellar strut graft in patients with non-syndromic complete unilateral cleft lip and palate. In this retrospective study 30 consecutive patients treated with autogenous or allogeneic dorsal onlay grafts and 30 consecutive patients treated with autogenous or allogeneic columellar strut grafts for complete unilateral cleft nose reconstruction were analyzed for nasal symmetry. The autogenous grafts used were costochondral or septal cartilage and the allogeneic graft used was high density polyethylene (Medpor). Assessment of the nostril symmetry was done using a two-dimensional nasal analysis 24–30 months postoperatively. Ratios between cleft and noncleft side nostril for three parameters were used to assess symmetry namely nostril width, nostril height and nostril gap area. None of the three parameters showed statistically significant changes. A satisfactory though not statistically significant, difference in symmetrical outcome could be achieved in both the groups with the exception of nostril width symmetry in group treated with dorsal onlay graft.

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1. Introduction

Despite a plethora of surgical approaches aimed at correcting the cleft nose defect, no one procedure has been universally satisfactory in the repair of nasal deformities associated with cleft lip abnormalities (Trenkle et al., 1997). The various treatment options for the correction of cleft rhinoplasty include columella lengthening, septal repositioning, radix grafting, tip augmentation, tip grafting, lower lateral cartilage repositioning, alar base wedge resection, piriform augmentation and nasal bone osteotomies (Trenkle et al., 1997). The typical problem with all the unilateral cleft nasal deformity which must be addressed is the nasal asymmetry. Each of the surgical techniques that have been used to correct the unilateral cleft nasal deformity has attempted to improve symmetry by translocation of the alar cartilage with its attached vestibular lining into a normal position, thereby establishing the normal unit and shape of the cartilage (Bastir et al., 2011). Several methods are reported in the literature to assess cleft lip nasal deformities, but difficulties in standardization make these studies less reproducible (Tamkiva et al., 2010).

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The present study is an attempt to quantify and evaluate nostril symmetry achieved after primary rhinoplasty in patients with complete unilateral cleft lip and palate (UCLP) using a dorsal onlay and a columellar strut graft. The effect of these two techniques on the shape of the nostril was studied.

2. Materials and methods

To address the nasal deformity a retrospective study was conducted on patients operated for unilateral cleft lip and palate at our institute between January 2007 and February 2008. Thirty consecutive patients (11 males and 19 females) with dorsal grafting and 30 consecutive patients with strut grafting (11 males and 19 females) were enrolled in the study.

2.1. Surgical technique

Open structured rhinoplasty was performed by a single surgeon on all the patients. After a transcolleumular incision approach, the alar cartilages were exposed and released from their mucosal attachments. A back cut was given in the cleft side nasal vestibular mucosa to ensure a satisfactory lift of the buckled cleft side alar cartilages.

Patients with a depressed nasal bridge, drooping nasal tip and short columella of the nose were treated with a dorsal onlay graft



A Comparative Study of Two Different Techniques for Complete Bilateral Cleft Lip Repair Using Two-Dimensional Photographic Analysis

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Background: The aim of this study was to compare the clinical outcomes of two techniques to repair complete bilateral cleft lip by using indirect two-dimensional photographic analysis. **Methods:** One hundred eight bilateral cleft patients were included in this study. 54 patients operated on with the Millard technique and 54 patients operated on with the Afroz technique. Each group of patients was further separated into two subgroups containing symmetrical and asymmetrical cleft lips. All patients were photographed preoperatively and 4 years postoperatively in frontal and submentovertical views in a reproducible way. Eight measurements were performed on the photographs. From these measurements, seven ratios were calculated to compare the two techniques. **Results:** The outcomes of the interobserver and intraobserver measurements were analyzed using the Pearson correlation test. There was a statistically significant reliability in the interobserver and intraobserver ratios. Analysis of the ratios was performed using the independent samples *t* test (5 percent level of significance). The authors found that the Afroz technique was better than the Millard technique in six of the seven parameters for symmetrical clefts and in four of the seven parameters for asymmetrical clefts. However, there was no statistically significant difference between the two techniques. **Conclusions:** The Afroz technique seems to have good clinical outcomes on bilateral cleft lip patients, but more research and long-term follow-up are required to determine the full outcome of the technique in various parameters. (*Plast. Reconstr. Surg.* 132: 634, 2013.)

CLINICAL QUESTION/LEVEL OF EVIDENCE: Therapeutic, III.

No greater problem exists in the whole field of surgery than the successful treatment of patients suffering from complete, bilateral cleft lip–cleft palate repair.¹ The challenge is to construct the nasolabial complex in three dimensions, incorporating soft and hard tissue and

anticipating four-dimensional changes of growth and distortion.²

A number of surgical procedures with many variations for the repair of bilateral cleft lip are well described.^{3–5} The Millard technique and its variations are extensively used to repair bilateral cleft lips.⁶ The Afroz technique is based on a combination of a variation of the Millard technique on the cleft segment and a variation of the Pfeiffer technique on the probulum. The aim of this study was to compare the clinical outcomes of the Millard technique and the Afroz technique by using indirect photographic measurements in complete bilateral cleft lips.

Disclosure: The authors have no financial interest to declare in relation to the content of this article.

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Original Article

Options for the nasal repair of non-syndromic unilateral Tessier no. 2 and 3 facial clefts

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ABSTRACT

Background: Non-syndromic Tessier no. 2 and 3 facial clefts primarily affect the nasal complex. The anatomy of such clefts is such that the ala of the nose has a cleft. Repairing the ala presents some challenges to the surgeon, especially to correct the shape and missing tissue. Various techniques have been considered to repair these cleft defects. **Aim:** We present two surgical options to repair such facial clefts. **Materials and Methods:** A nasal dorsum rotational flap was used to treat patients with Tessier no. 2 clefts. This is a local flap that uses tissue from the dorsal surface of the nose. The advantage of this flap design is that it helps move the displaced ala of a Tessier no. 2 cleft into its normal position. A forehead-eyelid-nasal transposition flap design was used to treat patients with Tessier no. 3 clefts. This flap design includes three flaps that are rotated downward. A forehead flap is rotated into the area above the eyelid, the flap from above the eyelid is rotated to intra-orbital area and the flap from the infra-orbital area that rotates the free nasal ala of the cleft is rotated into place. **Results and Conclusions:** These two flap designs show good results and can be used to augment the treatment options for repairing Tessier no. 2 and 3 facial clefts.

KEY WORDS

Facial clefts; Tessier clefts; Tessier no. 2 cleft; Tessier no. 3 cleft

INTRODUCTION

A facial cleft is the result of a partially or totally missing fusion of the embryonic craniofacial tissue. The severity of the deformity can range from slight skin excavation and hair loss to wry mouth, skewed eyes and the absence of nose and face, seriously impairing the patient's appearance and function.¹

Facial clefts are usually found along the lines of fusion of the different embryonic processes responsible for the development of the face during the first 8 weeks of embryonic life.²

The incidence of these craniofacial malformations is higher in cleft lip, alveolus and palate patients (31: 1000 facial clefts/cleft lip and palate) than in people without cleft lip, alveolus and palate.³ Facial clefts have been classified according to pathology, etiology, pathomorphology, topographic anatomy and at the time of development.^{1,3,4} Tessier's anatomically based classification is, presently, almost universally used by craniofacial surgeons.^{5,6} Tessier no. 2 and 3 facial clefts are lateral nasal clefts that are located at the junction between the products of the median and lateral nasal processes.¹



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ORIGINAL CONTRIBUTION

Rhinology 49: 546-553, 2011

3D stereophotogrammetric analysis of lip and nasal symmetry after primary cheiloseptoplasty in complete unilateral cleft lip repair*

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SUMMARY

Background: The aim of this study was to evaluate symmetry of the lip and nose in patients with CUCLP after primary cheiloseptoplasty (Afroz technique), in comparison to non-cleft controls.

Methods: In this prospective study, forty-four patients with operated non-syndromic CUCLP were included. The control group consisted of 44 volunteers without cleft defects of approximately the same age and sex. Primary septoplasty was performed in conjunction with the cleft lip (CL) repair using the Afroz incision. 3D facial images were acquired using 3D stereophotogrammetry. After a 3D cephalometric analysis of the lip and nose was performed in both groups, linear and volumetric data were acquired. Lip and nose symmetry were calculated and compared using Student's *t*-tests as well as the Chi square test.

Results: For all measurements, the control group was up to 30% closer to perfect symmetry compared to the CUCLP group after primary surgery. This difference was statistically significant.

Conclusions: After primary cheiloseptoplasty according to the Afroz technique in patients with CUCLP, asymmetry in the nose and lip area still exists as compared to non-cleft controls. Although non-cleft individuals also show some degree of asymmetry, the results of this study stress the difficulty in obtaining near normal symmetrical relations.

Key words: cleft palate, three-dimensional imaging, maxillofacial surgery, nose, rhinoplasty, 3D stereophotogrammetry, volume.

INTRODUCTION

The ultimate goal for repair of the complete unilateral cleft lip, alveolus and palate (CUCLP) deformity is to create normal oronasal form and function. This aim has resulted in a plethora of techniques and innovations to optimize the esthetic and functional results. However, the management of CUCLP deformities, especially that of the nose, remains a challenge.

Various studies^{1–6} have been undertaken to evaluate the results of different operative procedures to correct the CUCLP nose deformity. However, quantification of rhinoplastic procedures remains difficult. Besides direct anthropometric measurements^{7,8}, studies comparing pre- and postoperative nose and lip changes in patients with clefts are limited to two dimensions.

Footnote: *Both authors contributed equally to the study.
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Effect of One-Stage versus Two-Stage Palatoplasty on Hypertelorism and Fistula Formation in Children with Complete Unilateral Cleft Lip and Palate: A Randomized Controlled Trial

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Efficacy of morpho-functional repair in management of different morphological variants of unilateral complete cleft lip

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ABSTRACT

Background: To study the surgical outcome in various morphological variants of unilateral complete cleft lip in our high volume centre over a period of 4 years, using Morpho-Functional technique in all cases by indirect two-dimensional photographic analysis.
Methods: In this prospective cohort study, 749 patients with Unilateral Cleft Lip with palate were included over a period of 4 years from January 2010 to December 2014. All subjects underwent surgery before the age of 1 year with the follow-up two-dimensional photographs taken at 4 years post-operatively. Light measurements were performed on the photographs. All parameters were measured on both Cleft & Non cleft sides and the ratio was considered with the normal side as the base line. Shapiro-Wilk and Kolmogorov-Smirnov tests were used to confirm that the data was normally distributed. One way ANOVA was done to find out if there were any significant differences amongst the different groups along various parameters, respectively. Further Tukey post hoc analysis was done to confirm where the differences occurred between groups.

Results: None of the groups showed any statistical differences on any parameters. There were minor variations between the different groups due to the ranging morphology of the defect but overall satisfactory to good results were seen on all measured parameters evaluated.

Conclusion: This shows that the Morphofunctional technique, with its combinations & modifications of various school of thought, is versatile enough to achieve good surgical outcomes despite the wide variations seen in size and type of defects in unilateral cleft lip. This comes about because of the comprehensive nature of the technique & the balance that it creates among the affected structures.

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1. Introduction

The primary goal of cleft lip repair should be to achieve adequate lip length on the cleft side. Other equally important objectives are an inconspicuous residual scar that does not cross anatomical boundaries; adequate Cupid's bow width, absence of notching of vermillion border and an absence of peaking of the vermillion at the Cupid's bow on cleft side (Lazarus et al., 1998; Reddy et al., 2009a). These treatment outcomes also depend on how wide the cleft is, the amount of nasal septum deviation and

variation in abnormal muscle attachment, and any surgical repair should take these into consideration (Davis and Ritchie, 1922).

Unilateral cleft lip repair designs can be divided into 3 schools, (1) straight-line closure, (2) geometric, and (3) rotation-advancement techniques. The most common technique used to repair a unilateral cleft lip is the Millard rotation-advancement flap. Along with its various modifications, like the Noordhoff vermillion flap, the Mohler modification and Tension and Randall technique (Davis and Ritchie, 1922; Stizman et al., 2008). However, no single technique fulfills all of the above mentioned criteria.

With this in mind, we decided to study the surgical outcome in various morphological variants of unilateral complete cleft lip in our high volume centre over a period of 4 years (January 2010 to December 2014), using a Morpho-Functional Septocheiloplasty technique in all cases.

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Association of cleft lip and/or palate in people born to consanguineous parents: A 13-year retrospective study from a very high-volume cleft center

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ABSTRACT

Objective: The objective of this study was to investigate the association of cleft lip (CL) and/or cleft palate (CP) in people born to consanguineous parents. **Methodology:** This retrospective study was conducted at GSR Institute of Craniofacial Surgery, Hyderabad, a very high-volume cleft center. Medical records of 18,242 cleft patients who came for treatment in the past 13 years were physically searched for the presence of consanguinity of their parents. About 3653 patients' case records were identified. Then, the data related to gender, type of cleft, degree of consanguinity, presence of positive family history were collected from these 3653 patients' records and entered in Microsoft Excel which was later sent for statistical analysis. **Results:** Distribution of study participants according to various study variables such as gender, type of cleft, and degree of consanguinity showed interesting findings. Almost 20.02% of the total 18,242 cleft patients' records showed consanguinity of their parents. Nearly 96.7% of patients had CL. CP was seen in 73.7% of patients. About 57.8% of patients had the first degree of consanguinity. Only 3.5% had a positive family history. Chi-square test showed that there was a significant difference in the distribution of patients according to degree of consanguinity and CL, variations in CL and gender, cleft aetiology and gender, degree of consanguinity and CL. **Conclusion:** Consanguinity is a major etiological factor in CL and/or CP.

Key words: Cleft lip and palate, consanguinity, retrospective study

INTRODUCTION

Cleft lip (CL) and/or cleft palate (CP) is one of the most common visible congenital deformities of the face. The affected individuals may have both cleft lip and palate (CLP) or either on its own. CLP is more frequent in males whereas isolated CP is more frequent in females, but their prevalence varies according to ethnic group and geographic location. According to Reddy et al.^[1] the incidence of clefts in India is around 1:800–1:1000, and three infants are born with some type of cleft every hour. Global surveys have shown that the frequency of CLP varies greatly from country to country. It is lowest in Africans (1:2500), and North American Indians and East Asians have the highest prevalence rates (1:500). Formation of lip happens between the 4th and the 7th weeks of intrauterine life whereas the palate between the 6th and the 9th weeks. In general, facial clefting results when lateral nasal process and maxillary processes forming craniofacial complex do not fuse completely. Approximately 70% of the CLP cases are of nonsyndromic in nature and occur as isolated cases whereas the remaining 30% of clefts are syndromic and are associated with some other anomalies.^[2,3]

The etiology of CLP is very complex, because of congenital anomalies that are associated with it.^[4] CLP is polygenic and multifactorial involving both genetic

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Three-dimensional assessment of transverse displacement with Facemask and Maxgym in unilateral cleft lip and palate model

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ABSTRACT

Background: Growing patients with cleft lip and palate (CLP) exhibit maxillary deficiency due to early surgical intervention. Maxillary protraction with expansion is the recommended treatment modality for deficient maxilla. Facemask is a conventional protraction appliance, and Maxgym is a new protraction appliance. The purpose of this study is to compare the efficacy of Maxgym with Facemask using finite-element analysis. **Methods:** A three-dimensional finite-element model consisting of 49,807 nodes and 185,620 tetrahedral-shaped elements was created using computed tomography scan of a patient with unilateral CLP. F1, F2, and F3 represent different protraction forces of facemask, and M1, M2, and M3 represent slow maxillary expansion (SME) force, and E2 represents rapid maxillary expansion (RME) force. Facemask and Maxgym forces were applied parallel to the occlusal plane from the middle of the clinical crown on the buccal side of the first premolars. The forces E1 and E2 were also applied on the middle of the crown height on the lingual side of the first premolars and the first molars to simulate expansion. The amount of displacement for Maxgym and Facemask forces in transverse direction was analyzed designating specific nodes to represent dental and skeletal structures. **Results:** The dental and skeletal structures were displaced in transverse direction under all loading conditions. Only expansion or protraction force resulted in transverse displacement of nodes. RME produces greater transverse displacement as compared to SME. Maxgym forces produce greater transverse displacement as compared to facemask. Maxgym with RME produces greater transverse displacement as compared to Maxgym with SME, whereas facemask with RME produces greater transverse displacement as compared to facemask

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with SME. **Conclusions:** Maxgym forces produce greater transverse displacement as compared to facemask with or without expansion.

KEYWORDS: Facemask, finite-element analysis, Maxgym, rapid maxillary expansion, slow maxillary expansion, transverse displacement, unilateral cleft lip and palate model

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Three dimensional assessment of protraction in craniofacial structures of cleft lip and palate model using Facemask and Maxgym

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Abstract. Maxillary protraction with expansion is the recommended treatment modality for growing patients with cleft lip and palate. The aim of this study was to compare the displacement of the craniofacial structures using Facemask and Maxgym for protraction therapy. A 3-D finite element model consisting of 185620 tetrahedral shaped elements and 49807 nodes was created using CT scan of a patient with UCLP. F1, F2, F3 represent protraction forces used for Facemask and M1, M2, M3 represent protraction forces used for Maxgym. E1 represents Slow Maxillary Expansion force and E2 represents Rapid Maxillary Expansion force. Protraction forces were applied parallel to the occlusal plane on the buccal side of the first premolars. Expansion forces were also applied on the lingual side of the first premolars and the first molars. The displacement of 13 representative nodes of craniofacial structures analyzed and compared. The selected nodes of dental and skeletal structures were displaced in sagittal direction under all loading conditions. Only protraction or expansion force results in displacement of craniofacial structures. Protraction with expansion forces resulted in larger displacement. Maxgym forces produce greater displacement than Facemask under all loading conditions. Maxgym may be used as an alternative to Facemask to treat midfacial deficiency.

Keywords: Cleft lip and palate, protraction, maxgym, facemask, expansion

1. Background

Cleft lip and palate (CLP) is one of the most common birth defects which results from the failure of fusion of the maxillary and palatal process [11]. Cleft can be unilateral or bilateral. The primary cleft lip and palate repair done during infancy and early childhood improves the facial appearance, functional development, but can cause midfacial growth deficiency [19].

The sagittal and transverse discrepancy can be treated by orthopedic appliances during growth or orthognathic surgery after growth. Skeletal correction during growth with orthopedic appliances will

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MORPHO-FUNCTIONAL SEPTORHINOPLASTY IN ADULT PATIENTS WITH UNILATERAL CLEFT LIP NASAL DEFORMITY - A COMPREHENSIVE APPROACH

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Three-dimensional finite element analysis of initial displacement and stress on the craniofacial structures of unilateral cleft lip and palate model during protraction therapy with variable forces and directions

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Three-Dimensional Analysis of Craniofacial Structures of Individuals With Nonsyndromic Unilateral Complete Cleft Lip and Palate

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Abstract: Cleft lip and palate (CLP) is one of the most common congenital deformities. Primary surgeries at an early age result in scar formation, which may impede the growth of craniofacial structures of the maxilla. Orthodontist's role in the management of individuals with CLP is important and starts from the time of birth. The knowledge of craniofacial structures in individuals with a cleft is essential for treatment planning. The purpose of this study was to analyze and compare craniofacial structures of cleft and noncleft side of individuals with non-syndromic unilateral complete cleft lip and palate (NSUCLP) using cone-beam computed tomography (CBCT). CBCT scans of individuals with NSUCLP (n = 42) were retrieved from the databases of two cleft centers, which followed the same protocols for timing and type of primary surgeries and secondary alveolar bone grafting (SABG). DICOM files of CBCT scans were integrated into Dolphin 3D software, and analysis was carried out in multipanoramic views. The craniofacial structures of individuals with NSUCLP were analyzed using fourteen parameters. Measurements were also recorded between the cleft and noncleft sides for comparison. The volume of the maxilla was generated by isolating it from adjacent structures on a 3D reconstructed model. MAWC, MAWPM1, MAWPM2, MAWMI, and MV of the cleft side was less than noncleft side ($P < 0.05$). MBP of N Apter is less on the noncleft side ($P < 0.05$). There is an asymmetry of structures around the dental and nasal region; however, asymmetries were not affected at deeper structures of the craniofacial region of individuals with NSUCLP.

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Key Words: Cone beam computed tomography, craniofacial structures, multipanoramic view, non-syndromic unilateral complete cleft lip and palate

Cleft lip and palate (CLP) is one of the most common congenital deformities which results from the failure of fusion of the maxillary and palatal processes.^{1,2} Cleft can involve both lip and palate or either lip or palate. Based on the type and site of involvement, it can be classified as complete or incomplete, unilateral or bilateral. Clefts can be syndromic or non-syndromic. A cleft is called syndromic if the patient has malformation, which involves more than one developmental field. A cleft is said to be non-syndromic, if there is a malformation that is the result of a single initiating event, involving one developmental field.³ 70% of individuals with CLP and 50% of individuals with cleft palate only (CPO) are non-syndromic in nature.⁴ The causes of non-syndromic unilateral complete cleft lip and palate (NSUCLP) remain largely unknown. Clefts have a complex etiology with both genetics and environment playing an important role. Risk factors such as folic acid deficiency, maternal age and smoking have been linked to the development of clefts.⁵⁻⁸

The management of CLP involves a fully integrated dedicated cleft team comprising of pediatricians, cleft surgeons, orthodontists, geneticists, social workers, ENT, speech therapists, prosthodontists, psychologists and oral hygienists. The orthodontist plays a pivotal role in the management of individuals with CLP and orthodontic intervention can be categorized into several phases.⁹⁻¹¹ Keeping long-term treatment needs in mind, orthodontists should have sound knowledge of craniofacial structures in patients with UCLP.

The surgical repair of cleft lip and palate during infancy and early childhood improves facial appearance and functional development, and it can cause maxillary deficiency.¹²⁻¹⁴ The assessment of craniofacial structures in patients with UCLP has been the subject of research and evaluation for the past many years. Several researchers reported long term studies of craniofacial structures in individuals with CLP using 2D imaging tools.¹²⁻¹⁷ 2D imaging tools fall short in assessing craniofacial structures in its entirety due to limitations, which include superimposition and magnification.¹⁸⁻²¹ The deeper structures cannot be studied separately for the cleft and noncleft side. With the advent of 3D imaging tools, it is now possible to obtain detailed and accurate views of a structure at any level.²²⁻²⁵

Cleft lip and palate is a 3 Dimensional (3D) facial deformity, and 3D imaging would provide a better insight into the anatomical structures. Computed tomography (CT) and cone-beam computed tomography (CBCT) are the commonly used 3D imaging tools for evaluation of the craniofacial structures. Some studies have analyzed the effect of craniofacial structures using CT in individuals with cleft.²²⁻²⁶ CBCT has good applicability in individuals with CLP as compared to CT because of lesser radiation and low cost.²⁷ Published literature also reported that CBCT imaging provides a good diagnostic tool for quantifying and analyzing surface and deep craniofacial structures in individuals with CLP.²⁷⁻³² With the availability of third-party software, Digital Imaging and Communications in Medicine (DICOM) files can be integrated into the software, making it possible to analyze cleft and noncleft sides separately.

CBCT images have been found supportive in better understanding of diagnosis and treatment planning in an individual with CLP. Although 3D imaging has been a useful tool to study the deformity, its main drawback is increased radiation dose. Whenever CBCT has to be prescribed after the risk-benefit assessment, it is recommended to follow As Low As Reasonably Achievable (ALARA) principle.³³ SEDENTEXCT justifies CBCT prescription in patients with CLP over MSCT.²⁸ The purpose of this study was to analyze the superficial and deeper craniofacial structures in individuals with NSUCLP using CBCT.



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Original Article

Association of MAPK4 and SOX1-OT gene polymorphisms with cleft lip palate in multiplex families: A genetic study

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Abstract

Background: Cleft lip and palate (CLP) is a common congenital anomaly. Many genes, like MAPK4 and SOX1-OT, are associated with its etiology in different populations. High-risk markers on these genes reported in other populations were not studied in our population. Hence, the study aimed to determine the association of MAPK4 and SOX1-OT polymorphisms in CLP in multiplex families.

Methods: Based on inclusion and exclusion criteria, we selected 20 multiplex CLP families for this case-control study, in which the affected individuals and healthy controls selected from these families were compared. Fifty subjects affected with cleft and 38 unaffected subjects were included in the study. The polymorphisms studied for the association consisted of rs726455 and rs2969972 in the genes SOX1-OT and MAPK4, respectively. DNA was isolated and sent for genotyping using the MassArray method. Plink, a whole-genome association analysis toolset, was used for statistical analysis.

Results: Both polymorphisms followed Hardy-Weinberg equilibrium. The rs726455 of SOX1-OT yielded a P-value of 0.983 and an allelic odds ratio (OR) of 0.983. For rs2969972 of MAPK4, the P-value was 0.04 (significant), and the allelic OR was 0.51. Minor allele frequency (MAF) in the unaffected subjects was more than the MAF in the affected subjects for rs2969972.

Conclusion: The results suggested that polymorphism rs726455 on SOX1-OT was not associated with familial cases of CLP. Since MAF in the unaffected subjects was more than the MAF-affected subjects, rs2969972 on MAPK4 is protective in the multiplex families.

Introduction

Cleft lip and palate (CLP) is one of the most common congenital deformities occurring in humans. The affected individuals might have a cleft of the lip or palate or both. Cleft lip and palate is more common in males compared to an isolated cleft palate in females, but their prevalence varies according to ethnicity and geographical location.¹ According to Reddy et al.,² the incidence of clefts in India is around 1:800 to 1:1000, and three infants are born with some type of cleft every hour. Worldwide surveys have shown that the frequency of CLP varies significantly from one country to another. It is the lowest in Africans (1:2500), and North American Indians and East Asians have the highest prevalence (1:500).³ 70% of the CLP cases are non-syndromic and occur as isolated cases. In contrast, 30% of clefts are syndromic and are associated with a few other

deformities.^{4,5}

The etiology of (CLP) is very complicated because of the relevant congenital anomalies.⁶ The etiology is polygenic and multifactorial, involving both genetic and environmental factors,⁷ including heredity, consanguinity, fetal environment, demographic factors, other factors like drugs, vitamins, alcohol consumption and smoking during pregnancy, infections, diet, etc.⁸ Among all these etiologies, consanguinity is an important factor. Neela et al.⁹ reported in a 13-year retrospective study that 20.02% of cleft patients had consanguineous parents. Ram Kumar Sah and Rajesh Power¹⁰ reported that consanguineous marriage was noted in 48.9% of the parents.

The lips form during the 4th-7th weeks of fetal life, whereas the palate is formed between the sixth and ninth weeks. Cleft lip occurs when the lateral nasal

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CRISPLD2 Gene Polymorphisms with Nonsyndromic Cleft Lip Palate in Indian Population

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Abstract

Cleft lip palate (CLP) is one of the common congenital anomalies with multifactorial etiology. Many genes are associated with its etiology. In one of the studies CRISPLD2 gene polymorphisms rs1546124, rs4783099, and rs16974880 were reported in the Chinese population. However, its role in the Indian population is not yet studied. Hence, this research was conducted on the Indian population to know the role of these high-risk polymorphisms in patients with nonsyndromic CLP. Following an inclusion and exclusion criteria, 20 multiplex CLP families were selected from a high volume cleft center in India. Genomic DNA was isolated from these families. Single nucleotide polymorphism (SNP) rs1546124, rs4783099, and rs16974880 were analyzed for their association using MassARRAY method. A whole-genome association analysis toolset, PLINK was used for statistical analysis. The polymorphisms followed Hardy-Weinberg equilibrium. None of the polymorphisms showed any significance. Hence the high-risk polymorphisms rs1546124, rs4783099, and rs16974880 are not associated with nonsyndromic CLP in Indian population.

Keywords

- cleft lip palate
- gene
- polymorphism
- CRISPLD2
- MassARRAY

Introduction

Cleft lip palate (CLP) is an important congenital disability affecting humans. An infant is born with a cleft lip and/or palate somewhere on the planet every 2 minutes according to a World Health Organization (WHO) study.¹ Prevalence of cleft lip and palate varies significantly from one country to another. It is highest in North American Indians and East Asians (1:2,500) and lowest in Africans (1:500). The cleft incidence in India is around 1:800 to 1:1,000, and three infants are born with some type of cleft every hour.² Cleft lip palate can be syndromic or nonsyndromic. A total of 70% of the cleft lip and palate cases are nonsyndromic, whereas 30% are syndromic which are associated with some other anomalies.³ Our understanding of the etiology and pathogenesis of nonsyndromic variants yet remains relatively poor. The etiology is multifactorial, ranging from genetic causes, malnutrition, endocrine disorders, infection, trauma, coagulopathy, etc. Roughly 20% of the CLP showed consanguinity of their parents while the percentage of familial cases is 3.5% of

all the cleft cases.⁴ Some form of cleft phenotype characterizes approximately 600 syndromes.⁵

Genetic Causes

Genetic research of clefts uses both association analysis and link analysis to determine the genetic determinants. The results of candidate gene-based association studies, performed on various ethnicities, populations have been mostly inconclusive or conflicting, with many candidate loci implicated in cleft phenotypes. Inconsistency is mostly due to genetic heterogeneity. Various researchers discovered multiple candidate genes linked to nonsyndromic CLP (NSCLP) such as IRF5, MSX1, ABC4, RARA, TGFB, p63, MYH9, KLF3, MTHFR, TGFBR2, SATB2, P63, MSX2, FOXE1, BMP4, PAX7, PVR1, TGFBR3, RARA, RUNX2, KLF3, TGFBR1, and KLF3.⁶⁻¹⁴ Genetic variation in cysteine-rich secretory protein Limulus clotting factor C, Cochlin (Coch-3b2) and Lglt1 (LGL1) domain containing 2 (CRISPLD2) gene reported as an etiological factor in CLP.¹⁵ Three SNPs identified in the study analyzed for its association in Northern Chinese



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Original Article

Comparison of piezosurgery and conventional rotatory technique in transalveolar extraction of mandibular third molars: A pilot study

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ABSTRACT

Objective: To compare the postoperative outcomes in impacted mandibular third molar extraction using piezosurgery and conventional rotatory technique; and to assess the stress levels in both the techniques by measuring salivary cortisol levels.
Methods: Ten patients with symmetrical impacted lower third molars were included in this split mouth pilot study. Measurements for mouth opening and swelling were taken preoperatively on the day of surgery and 1 week after surgery. Pain was evaluated using Visual Analog Scale (VAS) from first postoperative day for six consecutive days. Saliva collection for analysis of cortisol levels was done at four time intervals – before starting the procedure, immediately after the procedure, 20 min and 1 week later. The mean in two groups was compared using paired t-test/Wilcoxon signed rank test as applicable. Friedman test was used to compare multiple readings of pain and salivary cortisol.
Results: Reduction in mouth opening was more in rotary group than piezosurgery group but was not statistically significant ($p = 0.092$). Increase in facial swelling was more in the rotary group than piezosurgery group with statistically significant values ($p = 0.020$). Rotary group had higher values for postoperative pain as compared to piezosurgery on all the days and the difference was statistically significant on each day except second post-operative day. Salivary cortisol levels were elevated in both the groups with the mean values higher in group I (rotary) than in group II (Piezosurgery).
Conclusion: Extraction of impacted lower third molar results in more favourable outcome when carried out by piezosurgery technique. Further studies are needed to compare the salivary cortisol response in rotary and piezosurgery techniques.

1. Introduction

Extraction of impacted third molars is one of the most common oral surgical procedure done under local anesthesia.¹ The transalveolar extraction of impacted lower third molars produces a significant degree of trauma to the surrounding hard and soft tissues, which results in inflammation manifesting as pain, edema and reduced mouth opening.² Osteotomy is one of the most critical steps involved and various methods have been described.

When conventional rotary but technique is used for osteotomy, marginal osteonecrosis is produced due to high temperature during the

procedure due to which continuous irrigation of saline is required.³

Recently, piezoelectric surgery technique has been used to overcome the disadvantages associated with conventional rotatory technique. Piezoelectric technique (Piezosome) uses an alternating current, which when applied results in alternate expansions and contractions of the crystal.⁴ Its handpiece has an oscillation frequency of 28–36 KHz with the following advantages: microsurgical precision and selective hard tissue cutting action, which reduces the chances of inferior alveolar or lingual nerve damage.⁵

Increased patient stress during tooth extraction results in the stimulation of adrenal cortex to increase the secretion of cortisol.⁶ It has

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Review Article

Partial facial hemihypertrophy: A case report and review of literature

Aditya Bansal, Gosla Srinivas Reddy, Ashi Chug

ABSTRACT

Hypertrophy of the facial region is rare developmental malformation. The aim of this study is to report a case of partial facial hemihypertrophy describing its clinical features and debatable heterogeneity of etiologies, along with the review of literature to supplement to its current knowledge in English literature. PubMed search was done from 1986 to 2018, using the terms "Partial facial hemi-hypertrophy" or "Facial hemi-hypertrophy" or "Facial Gigantism" and 95 articles were identified. After manual reviewing and screening, 27 results were included in the analysis. Men are more commonly affected than women, with right side showing more involvement than the left side. Both hard and soft tissues are involved on the affected side. Reconstructive surgeries are usually planned after cessation of physiological growth. It includes orthognathic surgeries or osteotomies. Multiple soft tissue debulking procedures may be performed including excision of excess subcutaneous tissue and masticatory muscles, face-lift surgeries, lip reduction surgery, or parotidectomy. No malignant transformation has been reported in literature. The great variation of asymmetries caused by facial hemihypertrophies requires a combination and variety of sequential treatment procedures to gain adequate functional and cosmetic results. Hence, treatment of such malformation varies radically.

Key words: Facial deformity, facial gigantism, facial hemihypertrophy, hemihypertrophy, partial facial hemihypertrophy

INTRODUCTION

Hypertrophy of the facial region is rare developmental malformation. Hypertrophy has been defined by Dorland as organ enlargement or overgrowth, as a

whole or in part, caused by increase in constituent cells size.¹ However, overgrowth limited to unilateral part of the body was called as hemihypertrophy and should involve both skeletal and soft tissues. It was observed that all the structures do not enlarge to the same extent.^{2,3} Embryologically, structures derived from first branchial cleft or from nasal processes are usually involved in hypertrophy. Male dominance (M:F ratio: 3:2) is usually reported, but an equal distribution is seen between the sides involved. Various etiologies have been put forward, but no specific mechanism has been discovered for the same. Management of this deformity shows much variation owing to its numerous types of involvement. The purpose of this article is to represent a case report of partial facial hemihypertrophy along with its review of literature to add to its current knowledge.

CASE PRESENTATION

A 17-year-old female patient presented to our department with the complaint of facial asymmetry since birth which has been increasing with time (Figure 1). Birth of the patient was by normal delivery. The parents had visited various hospitals for management of the same, but no intervention was done. Medical and family history was unremarkable. There is no history of trauma or any other systemic illness. Serum chemistry gave normal results.

On extraoral examination, there was gross asymmetry with prominent swelling on the left side of the face with following extensions: superiorly, a horizontal line

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REVIEW ARTICLE

A Causal not Casual Approach to Coronavirus Disease 19: Tracing the Roots of Novel Virus

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Abstract:

Coronavirus disease (COVID) 19 has generated extraordinary circumstances worldwide like never before; India is already reeling under the health issues caused by this disease. At this critical juncture, having insights into pathogenesis is important so that **unwanted** panic and uncertainty regarding causative mechanisms can be curtailed. The causative pathogen of COVID19 has been identified to be SARS CoV2 or also known as novel Coronavirus (nCoV), which is a variant of the Coronavirus (CoV). Through this review, we intend to present phylogenetic analysis of nCoV, epidemiology and pathogenesis of COVID 19. On the basis of nucleotide sequencing, nCoV isolates from China and US were found to have the highest similarity index of about 88.2% with two "Bat-SARS-like CoV (Bat-SL-CoVZC45 and Bat-SL-CoVZXC21. Researchers think that bat might have initiated the outbreak and an unknown wild animal might have acted as an intermediate host prior to the transmission to humans. Nasal cavity is considered to be the entry point for nCoV. Initially, a defined HRD of nCoV will locate the ACE2 receptors of Type II Pneumocytes in the alveoli, and will attach and fuse together to form a receptor host membrane. This critical step is responsible for the susceptibility of the host. Bleeding in disguise is that the mutation rate of "nCoV" is much slower than "SARS CoV" and "MERS CoV". Thus, vaccines and antiviral agents developed will not be rendered ineffective early due to slow genetic drift. The live animal markers act as highly potential centres for spill over of viruses from their reservoirs to other species and in turn humans. Such markers need to be dealt **with** diligently in the wake of the high risk they pose for such outbreaks.

Keywords: SARS CoV2, nCoV, Covid19, MERS CoV, SARS CoV, Acute Respiratory Distress Syndrome (ARDS).

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1. INTRODUCTION

Coronavirus disease (COVID) 19 has generated extraordinary circumstances like never before, world is already reeling under the **health issues caused** by this disease. This global pandemic has engulfed more than 200 countries and the numbers are still soaring. Reasons for resurgence and transmissibility of coronavirus are varied. At this critical juncture, having insights into pathogenesis is important so that **unwanted** panic and uncertainty regarding causative mechanisms can be curtailed.

The causative pathogen of COVID19 has been identified to be SARS CoV2, also known as novel Coronavirus (nCoV), which is a variant of the Coronavirus (CoV). The genetic structure of CoV places it in Coronaviridae family with single strands of RNA genome. Corona in Latin means crown and its name is derived due to its spike projections from the virus membrane, which are known to be largest amongst RNA viruses' genome [1].

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The Coronavirus primarily affects the respiratory system of humans. The first instance of COVID 19 dates back to December 2019 when a few patients with a history of pneumonia were reported. This was the first emergent situation pertaining to nCoV of this decade, which originated from the **animal wholesale market in Wuhan, China** [2]. Origin of COVID 19 has been marred with various conjectures. It is still not clear whether a super-spreading event occurred in this market or it was the reason of the initial outbreak.

All coronaviruses have a similar structural genomic expression, which consists of sixteen non-structural proteins followed by four structural proteins viz. Spike (S), Envelope (E), Membrane (M), and Nucleocapsid (N) (Fig. 1). Human Coronavirus (HCoV) are amongst the variants of CoV, which are primarily known to infect humans. These HCoVs are six in number, namely, "HCoV-NL63, Severe Acute Respiratory Syndrome coronavirus (SARS-CoV), HCoV 229E, Middle East Respiratory Syndrome Coronavirus (MERS-CoV), HCoV OC43 and HCoV-HKU1" [3]. Phylogenetically CoV has four generations, namely "Alpha-CoV, Beta-CoV, Gamma-CoV and Delta-CoV" [4]. Alpha and Beta forms of CoV infect only

Letter to Editor

Unusual presentation of an extraoral and multiple intraoral sinus tracts in a 6-year-old pediatric patient

Dear Editor,

We would like to present this brief report highlighting the unusual and simultaneous presentation of an extraoral and multiple intraoral pus draining sinus tracts of dental origin in a pediatric patient. A 6-year-old female was referred to the department of dentistry with chief complaint of pus discharge from the left side of the face for the past 2 months. The patient in her previous physician visits was advised extensive investigations, prescribed multiple antibiotics and medicated dressings and underwent incision and drainage of the cutaneous lesion under GA, with no improvements in symptoms. The patient gradually developed a swelling in the same region with intermittent low-grade fever since 1 month.

Extraorally, the patient had facial asymmetry with a diffuse swelling over the left mandibular angle and submandibular region. The swelling was tender on palpation, associated with an extraoral sinus on left cheek with granulation tissue, spontaneous pus discharge, and crusting of the surrounding skin [Figure 1a]. Intra oral examination revealed mandibular deviation with a decreased mouth opening of 15 mm. Multiple intra oral pus draining sinuses were present on the gingiva associated with a discolored left primary molar [Figure 1b]. Panoramic radiograph revealed dental caries of left primary molar associated with resorption of left inferior border of mandible [Figure 2]. Considering the clinical presentation, age of the patient, chronicity of the lesion and limited mouth opening, extraction of the involved teeth with excision of the extra oral sinus tract was planned under GA.

Intraoral drainage is more common than extra oral drainage with the mandibular teeth being a more common source than the maxillary teeth.^[5,6] Extra oral sinus tracts can be non-odontogenic



Figure 1: 1a: Extra oral sinus with spontaneous pus discharge. 1b: Multiple draining intra oral sinus tracts associated with discolored left primary molar

and odontogenic in origin and often present a diagnostic challenge. Only 50% of the patients with facial cutaneous sinus tracts have tooth-related symptoms because of which, patients are often attended to by health care professionals other than dentists.^[7] The distance of the extraoral sinus from the primary odontogenic etiology further confuses the clinical picture. The differential diagnosis includes osteomyelitis, furuncle, congenital fistula, salivary gland fistula, deep mycotic infection, granulomatous disorder, pustule, myositis, foreign body lesion, infected cyst, suppurative lymphadenitis, and neoplasm.^[8-9]

The unusual clinical presentation seen with respect to the primary molars in the present case is attributed to the delay in diagnosis due to asymptomatic teeth and multiple antibiotic therapies which blocked the drainage partially through incomplete healing.^[6] It has been reported that permanent tooth buds in the line of infection may be expelled as foreign bodies through the extra oral sinus tract in which case the parent may complain of loss of a tooth through the extra oral sinus tract.^[6] Inappropriate management like biopsy, curettage, antibiotic therapy, surgical excision of the cutaneous lesion, and radiotherapy may provide temporary relief but are inevitably followed by recurrence and compromised aesthetics due to skin scarring.^[5] Primary health care physicians encountering such cases should therefore take a history of trauma to teeth, toothache before development of sinus and examine the oral cavity for presence of heavily discolored or treated teeth; as they are the patients first point of contact in the peripheral areas. This article emphasizes on considering an odontogenic source of infection and timely referral to a dental surgeon in such clinical presentations to avoid misdiagnosis. This will ensure prompt dental treatment aimed towards eliminating the source of infection and good prognosis while avoiding development of acute sequelae and subsequent hospital admission. Patient consent was obtained for publication in scientific journals.

Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent forms. In the form the patient (s) has/have



Figure 2: Panorax showing carious left primary molar associated with resorption of left inferior border of mandible

Letter to Editor

Relevance of teledentistry during the COVID-19 pandemic

Dear Editor,

Coronavirus disease or COVID-19 was declared a public health emergency of global concern by the World Health Organization (WHO) in late January 2020.^[1] The novel virus responsible for this outbreak, belongs to a family of single-stranded RNA viruses known as Coronaviridae and was named severe acute respiratory syndrome corona virus 2 (SARS-CoV-2), also popularly known as the COVID-19 virus.^[2,3] The possible sources of nosocomial spread in health care setups like a dental operator are through respiratory droplets i.e., cough and sneeze of infected patients, contact with contaminated fomites and saliva of the infected patient.^[4,5] Dental treatments are aerosol-generating procedures and pose a high risk to practitioners as there is a strong possibility of cross-infection and then acquiring the disease or becoming potential carriers.^[2,6] It is important to emphasize that this disease has followed a sustained human to human transmission through contact with known COVID-19 patients and asymptomatic carriers in the incubation period (0–24 days).^[2]

In the context of this ongoing pandemic with immense social and economic implications, teledentistry (TD) offers key advantages in the dental management of patients without involving the above-mentioned risks. TD is a combination of telecommunications and dentistry, involving the exchange of clinical information and images over remote distances for dental consultation and treatment planning.^[7] In the present situation, screening and triage questions such as relevant symptoms, travel history, or contact with known COVID-19 patients can be assessed through TD.^[8,9] It can support and supplement the existing health care professionals working in the emergency department of the hospitals and primary health centers to provide emergency care to patients who have reported with dental concerns without unnecessary exposure to extra personnel. It can facilitate easier consultations in pediatric patients, especially those with special health care needs who are dependent on their caregivers for their health care including oral hygiene. Caregivers often prefer to use home remedies for the child's dental symptoms instead of consulting a dental professional straight away, which may aggravate the condition and present in the later, unsalvageable stages of the disease. TD provides a stress-free environment for examination of the child patient as the child is reassured and sitting with the parents at home. Timely consultations can in turn reduce the number of emergency visits, which becomes important

in the current time of extra burden on health care systems. The importance of regular tooth brushing and other preventive care can be reiterated to the parents. More importantly, in the periods of lockdown, TD can provide specialist consultation to patients living in difficult terrains/mountains where routine access to dental care is unavailable.^[10] Ascertaining the nature of the dental emergency is of paramount importance by the primary care physicians. Swellings that can threaten airways and subsequently require hospital admissions should be scheduled for an in-person appointment in a facility equipped with proper personal protective equipment and ambulatory care services.^[11] Teleconsultation can be delivered via real-time consultation, store-and-forward method, and remote monitoring.^[12] It is important to select the appropriate technology for TD that can be used by the patient and also arrange the assistance of an authorized person for local coordination. The patient's records should be safely stored in a confidential manner.^[13] Additional information such as means of technology used, confirming the identity and location of the patient and written or verbal consent obtained from the patient should also be documented.

To conclude, the authors suggest setting up TD services in medical and dental institutes, especially in peripheral areas during the COVID-19 pandemic as it would allow wider visibility of dental professionals in communities and bridge the gap between patients and consultants in a cost-effective and safe manner. Furthermore, diagnosis, pharmacotherapy, emergency dental care, referrals, and follow-up of patients can be done while reducing human-to-human transmission and nosocomial spread. TD consultations can eventually be continued as routine office treatments once the acute phase of the pandemic is over.

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Conflicts of interest

There are no conflicts of interest.

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Original Article

Association of Nucleotide Variants of GRHL3, IRF6, NAT2, SDC2, BCL3, and PVRL1 Genes with Nonsyndromic Cleft Lip/Without Cleft Palate in Multigenerational Families: A Retrospective Study

Abstract

Background: Several genes are associated with the etiology of cleft lip and palate (CLP) in different populations. Many nucleotide variants on genes such as GRHL3, IRF6, NAT2, SDC2, BCL3, and PVRL1 were reported in different populations, but not studied in multigenerational cases in the Indian population. **Aim and Objective:** The aim of this study is to evaluate whether nucleotide variants rs41268753, rs861020, rs1041983, rs2965169, and rs10790332 are involved in the etiology of nonsyndromic CLP (NSCLP) in multigenerational Indian families. **Study Design:** Retrospective genetic study. **Materials and Methods:** Based on inclusion and exclusion criteria, 20 multigenerational families with nonsyndromic cleft lip with or without cleft palate (NSCLP) were selected. Blood samples from both affected and unaffected participants were collected as a source of genomic DNA. Six nucleotide variants on these genes were genotyped to test for the association with NSCLP. Genotyping was performed with the MassArray method. Genotype distribution was used to calculate the Hardy-Weinberg equilibrium using PLINK, a whole-genome association analysis toolset. The allelic association was compared among cases and controls using Chi-square test as implemented in PLINK. $P < 0.05$ indicates statistical differences between groups. **Results:** No significant associations were found between individual single-nucleotide polymorphisms and NSCLP. The odds ratios were 1.531, 1.198, 0.8082, 1.418, 1, and 0.5929 for polymorphisms rs41268753, rs861020, rs1041983, rs1042381, rs2965169, and rs10790332, respectively. **Conclusion:** Our findings suggest that among the multigenerational families in our population, the high-risk nucleotide variants GRHL3 rs41268753, IRF6 rs861020, NAT2 rs1041983, SDC2 rs1042381, BCL3 rs2965169, and PVRL1 rs10790332 are not associated with increased risk of NSCLP.

Keywords: BCL3 and PVRL1, cleft lip and palate, gene, genotyping, GRHL3, IRF6, mass array method, NAT2, nonsyndromic cleft lip/palate, polymorphism, SDC2

Introduction

Cleft lip and palate (CLP) is among the most common congenital birth anomalies in humans. According to a study conducted by the WHO it was found that, at every 2 min an infant is born with cleft lip/palate in the world.^[1] A study conducted by Reddy et al. showed that the incidence of clefts in India is around 1:800–1:1000, and three infants are born with some type of cleft every hour.^[2] The care of patients with cleft palate remains a cause for concern, which will impose a substantial economic burden on society because of its increasing occurrence and costs of medical care.^[3] CLP can be classified into syndromic and nonsyndromic, of which 70% are nonsyndromic and 30% are syndromic.^[4] The etiology of

CLP is multifactorial including genetic causes, malnutrition, endocrine disorders, infection, trauma, consanguinity, alcohol consumption, and some other environmental causes. About 20% of the CLP showed consanguinity of their parents, while the percentage of familial cases is 3.5% of all the cleft cases.^[5] About 600 syndromes are characterized by some form of cleft phenotype.^[6]

Genetic research on CLP uses various methods, including association analysis and linkage analysis, to determine the genetic determinants of oral and facial clefts. The results of candidate gene-based association studies, performed in diverse populations, have been mostly inconclusive or conflicting, with only a few candidate loci

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Protocol

Assessment of Outcomes of Immediately Loaded Dental Implants in Orofacial Cleft Patients: Protocol for a Single-Arm Clinical Trial

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Abstract

Background: Orofacial cleft, one of the most common congenital deformities, presents with a plethora of defects, subjecting the patient to a multitude of treatments from a young age. Among the oral hard tissue problems, absence of a maxillary permanent tooth in the cleft region either due to congenital absence or extraction due to compromised prognosis is a common finding. Conventionally, the missing tooth is replaced using a removable or fixed partial denture; however, the treatment modality does not satisfactorily meet patient expectations. The most recent decade has seen increasing use of dental implants in the cleft region; however, the outcome of an immediately loaded dental implant is still elusive for orofacial cleft patients.

Objective: This protocol is for a single-arm clinical trial aimed at determining the treatment outcome of immediately loaded dental implants in patients with a nonsyndromic orofacial cleft.

Methods: Patients meeting the set criteria will be sequentially enrolled until a sample size of 30 dental implants is met and will undergo the proposed treatment according to the predecided protocol. All patients will be followed up at the designated time intervals to record various clinical and radiographic parameters. Implant success will be defined based on the criteria elucidated by Misch et al in the Pisa, Italy Consensus. A quality-of-life assessment questionnaire will also be recorded at the end of patient's follow-up to determine their acceptance of the treatment.

Results: A total of 30 dental implants will be placed in patients with a nonsyndromic orofacial cleft. Obtained results will be statistically analyzed to determine the treatment outcomes and success.

Conclusions: This study will help determine the feasibility of immediately loaded dental implants in compromised bone sites such as those presented in cleft patients and will help in generating findings that can be used to fill the lacunae currently present in the holistic treatment of cleft patients.

Trial Registration: Clinical Trial Registry of India CTRI/2020/09/027997; <http://ctri.nic.in/Clinicaltrials/showall.php?trialid=47659&EnclId=4&useName=dental%20implants>

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KEYWORDS

clinical trial protocols; dental implants; dentistry; immediate dental implant loading; implant-supported dental prosthesis; mouth rehabilitation; oral health; orofacial cleft; quality of life; rehabilitation research; treatment outcome

Association of Single Nucleotide Polymorphisms on Locus 18q21.1 in the Etiology of Nonsyndromic Cleft Lip Palate (NSCLP) in Indian Multiplex Families

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Abstract

Background: Cleft lip/palate (CLP) is a common congenital anomaly with multifactorial etiology. Many polymorphisms at different loci on multiple chromosomes were reported to be involved in its etiology. Genetic research on a single multigenerational American family reported 18q21.1 locus as a high-risk locus for nonsyndromic CLP (NSCLP). However, its association in multiple multiplex families and Indian population is not analyzed for its association in NSCLP.

Aim: This study was aimed to evaluate whether high-risk single nucleotide polymorphisms (SNPs) on chromosome 18q21.1 are involved in the etiology of NSCLP in multiplex Indian families.

Materials and Methods: Twenty multigenerational families affected by NSCLP were selected for the study after following inclusion and exclusion criteria. Genomic DNA was isolated from the affected and unaffected members of these 20 multiplex families and sent for genetic analysis. High-risk polymorphisms, such as rs6507872 and rs8091995 of *CTF*, rs1715416, rs17713847, and rs183559995 of *MYO5B*, rs78950893 of *SMAD7*, rs1450425 of *LOXHD1*, and rs6507992 of *SKA1* candidate genes on the 18q21.1 locus, were analyzed. SNP genotyping was done using the MassARRAY method. Statistical analysis of the genomic data was done by PLINK.

Results: Polymorphisms followed the Hardy-Weinberg equilibrium. In the allelic association, all the polymorphisms had a p-value more than 0.05. The odds ratio was not more than 1.6 for all the SNPs.

Keywords

- cleft lip/palate
- chromosome
- SNP

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Modified anterior maxillary distraction using “Winged Osteotomy”: A technical note

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ARTICLE INFO

ABSTRACT

Keywords:
Cleft maxilla
Anterior maxillary distraction
Winged osteotomy
Maxillary hypoplasia
Modified anterior maxillary distraction

Hypoplasia of the maxilla is common in cleft lip and palate (CLP) deformities. Orthognathic surgery has been the traditional method of correction in such developmental anomalies since 1970's, with Le-Fort I advancement as its long-established management modality, which results in significant speech alteration and relapse rate. In contrast, anterior maxillary distraction (AMD) has the advantage of lesser chances of relapse, velopharyngeal insufficiency, and alteration of speech. This modified AMD technique carries a handful of its advantages as it is an easier procedure compared to the Le-Fort I osteotomy as it gives positive soft tissue changes by improving the projection of the nose and the upper lip, normalizes naso-labial angle, and changes the facial prominence from concave to convex simultaneously as it gives nasal and sub-nasal prominence post-operatively due to the extension of horizontal cuts up to the zygomatic region, leading to lesser complications. Also, the following caused by the conventional AMD osteotomy cuts is eliminated by the extension of the winged osteotomy.

Hypoplasia of the maxilla is common in cleft lip and palate (CLP) deformities. Orthognathic surgery has been the traditional method of correction in such developmental anomalies since 1970's, with Le-Fort I advancement as its long-established management modality, which results in significant speech alteration and relapse rate. In contrast, anterior maxillary distraction (AMD) has the advantage of lesser chances of relapse, velopharyngeal insufficiency, and alteration of speech.¹

Modified AMD involves using “Winged Osteotomy” followed by conventional appliance fixation. Cohn-Stock performed and reported the first segmented anterior maxillary osteotomy (AMO) in 1921.² Several AMO techniques have been advocated like Wassmund's (1927), Wunderer's (1963), and Capar's (1954), which is mostly preferred by surgeons as it allows direct access for the removal of the bone through the floor of the nose. The bone from the lateral, superior, and posterior palatal surfaces are removed in slice until the pre-maxillary segment is placed in the pre-determined position.³

1. Surgical technique of “Winged Osteotomy”

Once oro-endotracheal intubation is completed and general anaesthesia is induced, local anaesthesia is infiltrated, followed by split labial incision from maxillary second pre-molar to central incisor on both the

sides. Full thickness mucoperiosteal flap is raised to expose pyriform aperture and infra-orbital foramen. The osteotomy cut starts from the inter-dental region between the two premolars, extending laterally up to the malar prominence, and converging at the region of pyriform aperture (Fig. 1a–d). This modification is done to achieve augmentation of zygoma post-operatively. Placement of the palatal cut was facilitated via tunneling through the mucoperiosteum, taking care to guard the palatal mucosa with the help of the finger. The customized tooth-borne “double Hyrax screw AMD appliance” is fixed using Glass Ionomer Cement (GIC), and device was activated to check the movement between the segments (Fig. 1e). The septo-premaxillary ligament is affixed to the nasal spine anteriorly with a 2-0 prolene suture. A V-Y closure is then done in two layers with 3-0 vicryl suture. The distraction was done for 10–15 days based on requirement of the patient, with about 25% over-correction, as the relapse rate is found to be around 15–20%. The patient was followed up for 2 years.

This modified AMD technique carries a handful of its advantages as it is an easier procedure compared to the Le-Fort I osteotomy because the osteotomy involves only the anterior component of occlusion and the malar area, sparing the posterior maxillary segment, which reduces the chances of velopharyngeal insufficiency, and also decreases the risk of neurovascular damage. Therefore, it gives a positive soft tissue

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TECHNICAL NOTE

“Endotracheal Tube” as a Temporary Method of Mandibular Reconstruction in Infant with Juvenile Ossifying Fibroma

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Reconstruction of adult mandibular defects is well-established, however, there are no conclusive guidelines regarding the same in the pediatric population [1]. Management becomes challenging in infants with widespread jaw destruction like “Juvenile Ossifying Fibroma” (JOF). PubMed and Cochrane CENTRAL database literature search for ((“infant”) AND (“lower jaw” OR “mandible”) AND (benign jaw tumor” OR “juvenile ossifying fibroma”) AND (“resection and reconstruction” OR “reconstruction”)) yielded zero results. A definitive paradigm for reconstructive options in pediatric mandible is the need of time. We describe a method of temporary mandibular reconstruction with “Endotracheal tube” following total mandibulectomy in infants.

The goal of pediatric mandibular reconstruction (PMR) is to achieve function, aesthetics, and to provide scope for future dental rehabilitation. Although various bony reconstruction options have been utilized in pediatrics over a wide age-range in benign and malignant etiologies, like iliac-crest, costochondral graft, free-flap graft, titanium reconstruction plate, bony distraction and various prosthetic materials like customized cribs [2], but the optimal technique and time for such surgeries have not been established. It depends upon multiple factors like growth potential, location, type and nature of the lesion, defect size, method of management, remaining bone and soft tissue cover, postoperative chemotherapy and radiotherapy.

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Massive posterior cranial vault erosion and its reconstruction: A peculiar presentation of “mega cisterna magna”

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ARTICLE INFO

ABSTRACT

Keywords:
Dandy-walker complex
Cranioptomy
Posterior cranial fossa malformation
Ventriculo-peritoneal shunting

Dandy-Walker (DW) complex is a rare central nervous system malformation, commonly associated with complex neuro-neurological conditions, defined by four variants with characteristic anatomic features, still inadequately known for its etiological aspects. “Mega Cisterna Magna” (MCM) is a type of DW complex which is represented by an enlarged posterior cranial fossa. Though reduction cranioplasty has been reported in enlarged posterior cranial fossa malformations, however we report a peculiar case of MCM with massive posterior cranial bone erosion, presenting completely asymptomatic at an age of 8 years, without any associated co-morbidities till date, now with any evident occipital mass at birth. Survival of the child till this age is an exception in itself, but this can probably be explained by the presence of the giant defect of the posterior cranial bone, which must have acted like a vent and prevented the elevation of the ICP. Hence no symptoms were observed till date. Ventriculo-peritoneal (VP) shunting was done to drain the accumulated fluid, followed by massive cranioplasty, which was challenging and was performed with autologous cranial and fibular bone grafts, along with alloplastic titanium mesh, and thus achieving marked aesthetic improvement with satisfactory bone healing at a 3-year follow-up.

1. Introduction

Dandy-Walker (DW) complex is a rare multi-entity neurological malformation, defined by four variants with characteristic anatomic features, still inadequately known for its etiological aspects.¹ The extended period of embryonic development of the cerebellum makes it vulnerable to wide spectrum of disruptions and malformations. “Mega Cisterna Magna” (MCM) is a type of DW complex which is represented by an enlarged posterior cranial fossa.² Though reduction cranioplasty has been reported in enlarged posterior cranial fossa malformations,^{3,5} however PubMed literature search for ((“posterior cranial vault resorption”) AND (“dandy walker complex” OR “mega cisterna magna” OR “dandy walker syndrome” OR “posterior fossa malformation”)) yielded zero results. Hence we report a peculiar case of MCM with massive posterior cranial bone erosion, presenting completely asymptomatic at an age of 8 years, without any associated co-morbidities till date, nor with any evident occipital mass at birth. Ventriculo-peritoneal (VP) shunting was done to drain the accumulated fluid, followed by massive cranioplasty, which was challenging and was performed with autologous cranial and fibular bone grafts, along with alloplastic titanium mesh, and thus achieving marked aesthetic improvement with satisfactory bone

healing at a 3-year follow-up.

1.1. Case report

An 8 year old female patient presented with an enlarged posterior cranium (Fig. 1a). She was born at full term, by normal delivery with no apparent occipital mass. It was first noticed at 1 year of age, but the parents did not get any specific assessment done at that time. No symptoms were reported till date, except for progressive posterior cranial enlargement in the following years. No similar condition was reported in siblings or first degree relatives.

Clinical evaluation revealed a massive posterior cranium with bulging occiput. Occipito-frontal circumference (OFC) was measured to be 70 cm (normal for the age 55 cm). The skin over the cranium was normal and non tender. The bony breach could be palpated with respect to the occipital region. General examination observed no abnormality.

There were no signs of increased intra-cranial pressure (ICP), with no motor deficits or spastic paresis, and normal developmental milestones. No intellectual disability or hypotonia was discerned. Ophthalmic abnormalities like strabismus or nystagmus were ruled out. Cranial nerve functions were within normal limits, with no speech difficulty. Other

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RESEARCH ARTICLE

Analysis of Single Nucleotide Polymorphisms on Locus 13q33.1-34 in Multigenerational Families of Cleft Lip Palate using MassArray

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Abstract

of the genomic data was done by PLINK. Bonferroni correction was applied and haplotype analysis was done using Haploview software.

RESULTS: Polymorphisms followed the Hardy Weinberg Equilibrium. In the allelic association, all the polymorphisms analysed showed no statistical significance. Hence, there was no significant difference in the allelic frequencies between non-syndromic cleft lip palate patients and healthy controls. The odds ratio was not more than 1.6 for all the SNPs. Haplotype analysis showed that haplotypes were not significantly higher in non-syndromic cleft patients than in control subjects.**CONCLUSION:** There is no association between SNPs analysed in the locus 13q33.1-34 with cleft lip palate.**KEYWORDS:** cleft lip palate, chromosome, polymorphism

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Introduction

Clefts in the oro-facial region is an important congenital anomaly affecting humanity. An infant is born with a cleft lip or palate somewhere on the planet every 2 minutes according to a WHO study.(1) Global surveys have shown that the frequency of cleft lip and palate varies significantly from one country to another. Cleft lip palate (CLP) is lowest

in Africans (1:2500), while the North American Indians and East Asians have the highest prevalence (1:500). According to a study the incidence of clefts in India is around 1:800 to 1:1000 and 3 infants are born with some type of cleft every hour.(2) Cleft lip palate can be syndromic or non-syndromic. Approximately 70 % of the cleft lip and palate cases are non-syndromic and occur as isolated cases, whereas the remaining 30% of clefts are syndromic and are associated with some other anomalies. Our knowledge of



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Original article

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Acquaintance, attitude, practices and challenges of palliative oral care among healthcare professionals: A cross-sectional survey at a tertiary healthcare institute in India

Abstract

Introduction: To assess knowledge, experiences, perceptions and barriers of healthcare professionals regarding oral palliative care.**Material and methods:** The study involved 150 participants working at a tertiary healthcare institute in India. The data collection tool was pretested and self-administered with sections on demographics, knowledge, attitude and practices, patient referral, perspectives, and barriers to oral palliative care.**Results:** The majority of participants 142 (94.6%) believed that palliative care patients need oral care, 85 (68.6%) participants had treated palliative care patients with dental problems. However, 60 (40%) had not received formal training for assessment and referral of patients with oral problems; 95 (63.4%) had never used tools to assess oral conditions of palliative care patients. According to 69 (46%), the best method to maintain oral hygiene is rinsing with saline and 81 (54%) expected physicians to be responsible for oral care of palliative care patients. The main challenges in providing oral care were lack of proper guidelines listed by 117 (78%) and lack of formal training indicated by 60 (40%) respondents.**Conclusions:** This study highlighted the need for effective assessment of the mouth and appropriate oral care. Training of healthcare professionals, educating families and patients with oral palliative care are necessary to effectively manage oral symptoms. An appropriate patient follow-up and care delivery system should be structured at comprehensive cancer centres, which can improve the quality of life and compliance of patients. There is a need for the development of assessment tools and referral practices for providing relief, comfort and consolation to patients and families.

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Key words: advanced disease, cancer, hospice, oral care, palliative care

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Cleft surgery in India - Past, present and future and a model for global knowledge transfer

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ABSTRACT

This article represents the point of view and philosophy of GSR Institute of Cranio-maxillofacial and Facial Plastic Surgery (GSRIFPS) in the management of craniofacial and cleft patients. GSRIFPS is a 50 bedded state of art high volume cleft centre in Hyderabad which has accomplished greater than 30000 cleft surgeries. Cleft surgery in India has improved greatly over the last 70 years since the innovations of the Colombo plan to now, resulting in better healthcare facilities, research and transfer of knowledge globally. In this period, the deprivations of the past, due to lack of available, accessible or affordable care or awareness of our patients and their passage, of the possibilities, some of cultural origin such as various superstitions leading to isolation and social stigmas, have been largely but not completely overcome.

There were minimal centres in the past, which provided care, and this was partly due to scarcity of funding, lack of training and non-sustainability of skilled human resources. Surgery for cleft requires not only a sophisticated infrastructure, but instrumentation, specialized anaesthetists and high-end post-operative care along with a multidisciplinary team involving surgeons, anaesthetists, paediatricians, psychologists, orthodontists and specialized nurses for optimal outcomes. The article elaborates the vision, mission and plan in establishing the GSRIFPS and how it might form a model for the future of cleft care in LMICs.

1. Introduction

The modern era of cleft surgery in India has evolved over the course of last 75 years. The Hyderabad Cleft Society was formed in the year 2000, with the forefront for state-of-art surgeries for craniofacial and cleft patients, with either no or minimal cost, and to provide them with complete rehabilitation. India being a developing country, has greater than 70% of population inhabiting rural areas, with minimum access to equitable, high quality healthcare. Cleft patients are frequently deserted and left secluded due to death of awareness and treatment among the general population. Cleft surgery in India has seen a significant change and re-organization in these years due to better healthcare facilities, awareness and understanding of the problem and research. Prior to these advances, though to some extent still problematic now, the situation was far worse with the patients being excluded from society, the family being blamed for the condition, superstitions abounding and, due to the social stigma, a failure to merge into society. Skilled cleft surgeons were few and far between, and the patients were clueless about the treatability of clefts. Moreover, funding was the biggest problem during those times.

Cleft surgery requires sophisticated infrastructure, instrumentation, specialized anaesthetists and high end post-operative care along with a teamwork involving surgeons, anaesthetists, paediatricians, psychologists, orthodontists and specialist nurses for optimum outcomes. Procurement of all these facilities was a remote possibility until the developments of the 1950s. This resulted in long waiting lists, often with poor results in those centres performing clefts during those times in India.

2. History

The history of modern management services for cleft and craniofacial deformities patients in India started in the 1950s, the era of the Colombo plan providing aid for South East Asia, with Sir Benjamin Rank of the University of Melbourne being invited to India in 1955 to develop an extended training programme for surgeons in plastic surgery. Dr. C. Balakrishnan established a major plastic surgical department at the Postgraduate Institute at Chandigarh in the 1950s, followed by Dr. Behnam Davar, Dr. Charles Pinto, Dr. Arthur De Sa, and Dr. Ramon Izumi who developed eight cleft centres in the 1960s. Since then, other

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Review Article

Silver Diamine Fluoride Versus Atraumatic Restorative Treatment in Pediatric Dental Caries Management: A Systematic Review and Meta-analysis

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 India

Abstract **Introduction:** The objective was to compare the clinical efficacy of silver diamine fluoride (SDF) and atraumatic restorative treatment (ART) in arresting active caries in primary teeth and first permanent molars in children. **Materials and Methods:** The study protocol was registered in PROSPERO (CRD42020205675). A systematic search was performed in PubMed, Scopus, Embase, Cochrane Library, and gray literature for randomized controlled trials (RCTs) published in English language with a minimum follow-up of 6 months, comparing the caries arrest potential of SDF with ART in primary teeth and first permanent molars in children. The risk of bias and quality assessment of the studies was done using the Cochrane Collaboration Tool and Joanna Briggs Institute Critical Appraisal Tool. Data analysis was performed using RevMan software; the outcomes were summarized in meta-analysis (MA) using the random-effects model, and the odds ratio (OR) at 95% confidence interval (CI) was computed. **Results:** A total of 1059 studies were identified, out of which 562 remained after removal of duplicates. Eight studies were considered for full-text eligibility, and four studies were included in the qualitative review. Three out of four studies were conducted on primary dentition, whereas one study was done on erupting first permanent molars in children. MA of the two studies compared 30% SDF with ART in primary molars at 12 months and revealed the OR to be 2.02 (95% CI: 0.86–4.71; $P = 0.10$). **Conclusion:** The current review points to the lack of solid evidence comparing SDF with ART for arresting active caries in primary teeth, especially in the first permanent molars. No statistically significant difference between 30% SDF and ART in primary molars at 12 months was found in the present review. Well-designed RCTs are required to determine a minimum concentration of SDF which is effective and safe for caries arrest in children.

KEYWORDS: Atraumatic restorative treatment, dental caries arrest, minimal intervention dentistry, non-aerosol-generating procedures, pediatric dentistry, silver diamine fluoride

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INTRODUCTION

Early childhood caries is the most prevalent preventable disease affecting 60–90% of schoolchildren globally.^[1] This significant public health

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Relapse and temporomandibular joint dysfunction (TMD) as postoperative complication in skeletal class III patients undergoing bimaxillary orthognathic surgery: A systematic review

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ABSTRACT

Objectives: The aim of this study was to determine Relapse and TMD as postoperative complication in skeletal class III patients undergoing bimaxillary orthognathic surgery. **Materials and methods:** Data was obtained by database searching using The Cochrane Central Register of Controlled Trials (central), PUBMED, SCOPUS, EMBASE, Google scholar, National Medical Library, New Delhi. The titles and abstracts of the electronic search results were screened and evaluated by two observers for eligibility according to the inclusion and exclusion criteria. **Results:** 5261 articles were retrieved for the review. Among these, 3474 duplicate articles were removed. 418 studies were selected based on the eligibility criteria. For the present review, 30 articles were included after elimination according to the inclusion criteria. The PRisma diagram flowchart demonstrates our selection scheme. **Quality assessment criteria:** to evaluate the studies were decided by two review authors in accordance with CONSORT guidelines. Each study was assessed using the evaluation method described in the Cochrane Handbook for Systematic Reviews. Among the 30 studies included in the review, marked degree of relapse in the mandible was noted from 3 months - 1 year postoperatively in 8 studies, 5 studies reported both TMD prevalence and relapse, whereas only 4 studies reported TMD disorder alone. **Conclusion:** Complications of relapse and TMD are associated with bimaxillary orthognathic surgery procedures. More RCTs and CCTs are needed in this regard to get better quality evidence. This review was registered with PROSPERO: CRD42020211342.

1. Introduction

Orthognathic surgery is frequently performed by oral surgeons for treatment of maxillofacial deformities. The surgery has psychological and social benefits, as it causes improvement in the function and facial appearance of the patient. Achievement of long-term stability after surgical correction is essential for the success of the procedure.¹

However, complications do occur while performing orthognathic surgery such as relapse (change in position of bones after surgery), maxillary sinusitis, sensory nerve morbidity, bone necrosis, loss of tooth vitality, vascular complications, unfavourable fractures of the skull base or pterygoid plates, nasal septum deviation, malpositioning, nonunion,

and temporomandibular joint (TMJ) problems. A combination of complications are rare but could be fatal. The surgeon does keep an account of preventive protocols and is also prepared to treat them if they occur.^{2–5} Bimaxillary surgery is planned when both jaw osteotomized after the consensus diagnostic planning and evaluation.⁶ Bimaxillary surgeries have been practiced for many years now, with the advantages of enhancing the aesthetic profile of the patient and rendering the functional correction with reduction in morbidity and mortality.⁷

Although systematic reviews have investigated orthognathic surgeries in terms of preoperative, intraoperative and postoperative complications, antibiotic prophylaxis and skeletal stability,^{8–9} none have examined the incidence of relapse and temporomandibular joint

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Bone Graft Materials in Late Secondary and Tertiary Alveolar Bone Grafting: A Review

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ABSTRACT

Introduction: Bone grafting of the alveolar cleft is necessary to facilitate unhindered growth of maxillofacial complex and eruption of permanent teeth in defect region when not congenitally missing. Secondary grafting undertaken during mixed dentition helps achieve these two functions. However, due to varying reasons, socioeconomic concerns being one of them, many patients do not undergo this procedure and report at a time when late grafting is the only option to overcome the deficit bone.

Aims: To identify the different grafting materials that have been utilized for the 2 surgical procedures.

Methodology: Electronic databases were searched to find bone sources used for secondary and tertiary bone grafting to identify their characteristics and clinical outcomes. Attention was paid to literature which elucidated potential use of dental implants in the grafted site and presented its clinical course.

Results: Over the years, many graft materials have been researched upon with autologous sources being considered as the gold standard and being the most commonly utilized. Additionally, graft characteristics, observations of the published authors, and success of implant rehabilitation, where used showed a mixed bag of results. Certain other potential bone sources were also identified that have shown in-vitro or animal model success but have not yet made a clinical presence for the reviewed procedures.

Conclusion: Choice of bone graft depends on numerous factors such as defect size, surgeon preference and patient acceptance. To understand further each graft source and its characteristics, randomized control trials should be conducted to provide better clinical evidence.

Key Words: Alveolar bone grafting, Alveolar cleft, Congenital abnormalities, Dental implants, Rehabilitation, Tertiary grafting

INTRODUCTION

The multidisciplinary team involved in the treatment and repair of the orofacial cleft has faced challenges of successfully and satisfactorily repairing and rehabilitating the affected region. Advances in surgical knowledge, techniques, and materials, have kept the quest open, to find a universally accepted ideal bone grafting material. Secondary alveolar bone grafting (SABG) is done during the mixed dentition to facilitate permanent teeth eruption and minimizes functional and esthetic compromise. In cases where the permanent tooth in the cleft region fails to form or is indicated for extraction, it inadvertently requires prosthetic

replacement which cannot be done till the patient attains skeletal maturity.

Removable and fixed partial dentures (RPD and FPD) are the oldest rehabilitative substitutes that, though easy to fabricate, provide limited esthetics. They also do not contribute to functional graft stimulation, thereby leading to increased resorption.¹ With overtime use, RPDs require frequent replacement and irritate the underlying mucosa. Contrarily, FPDs compromise the adjacent healthy hard and soft tissue. Thus, both modalities add to patient's physical stress of frequent and multiple visits, often denting them psychologically. Dental implants are a welcome alternative however, by the time a pa-

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De Novo Practice of Oral and Maxillofacial Surgery

43

Srinivas Gosla Reddy and Avni Pandey Acharya

43.1 Introduction

The exhilarating and exciting emotion of starting your own practice can also be a daunting experience to a freshly passed out maxillofacial surgeon. Student loans taken during the course of one's studies also play a significant role in determining one's ability to take on any additional financial burden.

As oral and Maxillofacial surgery is a bridge between medicine and dentistry, there is a continual national debate regarding the need to pursue a dual degree. The option to pursue a condensed medical degree as part of the current syllabus is still not available in India. Thus, new residents should always strive to do additional training [residency, fellowship and diplomas] in their fields of interest to expand their expertise prior to starting their own set-ups [1]. It is a well-known fact that it is easier to gain knowledge and skills during the starting of one's career rather than later in life. The goal is to aim high by keeping one's feet grounded in the soil of academics.

The fire of determination and passion should always be kept alive in order to truly succeed and excel in our field. The truly successful surgeon is the one who has thrived against all the odds and taken advantage of every opportunity that has come his or her way. This chapter aims to guide the freshly passed out maxillofacial surgeon regarding further avenues of learning and about the establishment and expansion of one's surgical practice.

43.2 Professional Skill and Learning

For the freshly passed out maxillofacial surgeon, the option of acquiring financial stability always appears alluring. However, it is a well-known fact that enhanced surgical skills

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871

and strong academic knowledge cannot be traded for the financial gains obtained by prematurely starting one's surgical practice. Thus, it is always advisable to pursue additional training in the form of a fellowship, residency or diploma in one's area of interests [2, 3]. This trend will help the surgeon establish a niche practice where they specialize in a particular domain of oral and maxillofacial surgery, which eventually leads to improved surgical results and credibility for our profession. This kind of surgical practice will also help to create an edge over the plastic surgeon and the otolaryngologist and establish a distinguishable specialty offering an unequivocal service to patients. Despite the prevailing circumstances governing one's decision to enter practice immediately or continue training, everyone will eventually contribute to the OMFs field with their skills and knowledge.

Laskin [4] made an organized attempt to tackle this problem by dividing the scope of oral and maxillofacial surgery into three categories: areas of expertise, competence, and familiarity. To be addressed as an oral and maxillofacial surgeon, one needs to include the areas of expertise and competence in their work profile.

- Areas of expertise include oral pathology/oral medicine, dental/vascular surgery, implantology, pre-prosthetic surgery, and maxillofacial traumatology.
- Areas of competence involve orthognathic surgery, temporomandibular joint surgery, and local reconstructive surgery.
- Areas of familiarity are cleft lip and palate surgery, regional reconstructive surgery, oncologic surgery, craniofacial surgery, and cosmetic surgery.

The first step in learning a skill is to know how a skill is learned. Educationists have constructed many models attempting to outline the learning process. The most widely accepted was first documented by Noel Bunch and was subsequently re-worked by Abraham Maslow (Figs. 43.1 and

77.1 Introduction

Since ages, congenital deformities were considered evil and wizard, and infants were abandoned to die in isolation. Jean Yperman (1295–1351) valued the congenital origin of the clefts. He additionally characterized the different types of the condition and set out the standards for their treatment. Fabricius ab Aquapendente (1537–1619) and William His of college of Leipzig independently researched and published embryological premise of clefts [1].

Laroche was the first to separate between common cleft lip or harelip and clefts of the cheek. Further qualification was made in 1864 by Pelvet, who isolated oblique clefts including the nose from the other cheek clefts, and drawing on Ahlfeld's work, in 1887 Morian gathered 29 cases from the writing, contributing 7 instances of his own. Morian perceived three unique groups of oblique facial clefts. From that point forward, astounding audits have been composed by Grünberg in 1913, Boo-Chai in 1970, Paul Tessier in 1976 [2] and Millard in 1977 [3].

Craniofacial cleft by definition is "a fissure of the soft tissues that corresponds as a general rule with a cleft of the bony structures." [1] The greatest research on craniofacial clefts was finished by Tessier and is credited for the formation of the craniofacial surgery for establishing the framework of the advanced craniofacial surgery by fundamentally breaking down facial clefts and portraying facial osteotomies [4].

Craniofacial clefts are significant clefts affecting the face, cranium, or both. These clefts cause distortion of the face and cranium with lacks or abundances of tissue that cleave anatomic planes in a straight fashion [2]. Craniofacial clefts exist in changing degrees of seriousness, and practically every one of them happens along the anticipated embryonic

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Rare Facial Clefts

77

Srinivas Gosla Reddy and Avni Pandey Acharya

logic lines. These clefts can be either complete or incomplete and can seem alone or in relationship with other facial clefts. Seriousness of craniofacial clefts fluctuates extensively, running from a scarcely distinguishable indent on the lip or on the nose or a scar-like structure on the cheek to an extensive partition of all layers of facial structures. Notwithstanding one parted sort can show on one side of the face, while an alternate kind is available on the other side [2, 3].

Craniofacial clefts need comprehensive rehabilitation. Past the physical consequences for the patient, they have monstrous mental and financial impacts on both patient and family, prompting disturbance of psychosocial working and diminished nature of life [4, 5].

Cleft repair is a necessary part of the modern craniofacial surgical spectrum and remains a challenge on account of inadequate and contorted tissue (minor to major) at the site of the deformity [6]. The outcomes are additionally impacted by the short and long haul aesthetic (soft tissue and facial skeletal appearance) [7] and useful (occlusal and discourse) outcomes [8]. What's more, the kind of careful fix, the specialist's abilities and the compliance of the patient likewise, affects the stylish [9] and utilitarian [10] outcomes. The real test isn't just understanding the hereditary qualities [11], in addition to plan the standard conventions for the surgery in these phenomenal kinds of clefts [12].

77.2 Incidence

Craniofacial clefts are a lot rarer than the simple cleft lip/palate deformity [13]. The precise occurrence of craniofacial clefts has not been exactly documented in view of their rarity. However, the reported frequency of craniofacial clefts is 1.5–4.0 per 100,000 live births [14]. The occurrence of uncommon craniofacial clefts contrasted with ordinary cleft lip and palate may vary from 9.5 to 34 for every 1000 [15].

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Orthognathic Surgery in Cleft Patients

Prof. Dr. Srinivas Gosla Reddy

MBBS, MDS, FRCS (Edin.), FDSRCS (Edin.), FDSRCS (Eng.), FDSRCPs (Glasgow), PhD

Dr. Ishan Singh

BDS, MDS

Chapter outline

Introduction

The cleft maxilla and midface - How is it different?

The need for treatment

Presurgical planning and technical considerations

The Corrective Surgery – Variations and techniques

The surgical technique

Postoperative Implications

Introduction

It is estimated that around 25 percent of patients with unilateral facial clefts have a class III malocclusion and midface deficiency requiring surgical intervention.^{1,2} Historically the treatment used to be confined to a mandibular setback that acted more like a camouflage rather than treating the underlying skeletal problem. With the availability of newer surgical technology and a better understanding of surgical anatomy, perfusion and revascularisation of the midface, holistic treatment of the skeletal deformity of the midface is possible.

The cleft maxilla and midface - How is it different?

Cleft deformity often presents with midface deficiency, which remains one of the most obvious growth disturbances seen in such patients. The midface hypoplasia is almost always a direct consequence of multiple surgical interventions done as part of the staged repair of cleft lip and palate. The alveolar repair of the cleft maxilla, usually taken up during the mixed dentition period, often before the eruption of canine, further adds to the



ATLAS OF ORAL & MAXILLOFACIAL SURGERY

DEEPAK KADEMANI & PAUL TIWANA



ELSEVIER

Orbital Box Osteotomy

Likith Raddy and Srinivas Golla

Armamentarium

#15 and #10 scalpel blades and handle	Curved Mayo or curved tenotomy scissors	Midface stium fixation devices
24-Gauge wire	Fine slide-cutting fissure bur, 1.2 mm	Needle electrocautery
Appropriate sutures	Hair clippers and hair elastics	Obwegeser retractors
Bipolar cautery	Local anesthetic with vasoconstrictor	Reciprocating saw
Bone rongeurs	Malleable retractors	Sewall retractors
Cottle, Freer, and #9 periosteal elevators	Mayfield headrest	Smith spreaders
		Tesler osteotomes

History of the Procedure

The orbital box osteotomies are used to correct vertical or horizontal malposition of the entire orbit and its contents. The orbital box osteotomy was first performed by Paul Tesler to correct hypertelorism.¹ He described osteotomies that separate the entire bony orbit from the skull and surrounding facial bones by combining both intracranial and facial approaches.^{1,2} Converse and Smith described subcranial U-shaped orbital osteotomies to correct hypertelorism; however, these techniques produced limited results.³ Schmid described circumferential orbital osteotomies to mobilize and translocate the orbits medially by an extracranial approach in patients with pneumatized frontal sinuses.⁴

Indications for the Use of the Procedure

The orbital box osteotomy is used to correct malpositions of the zygoma, orbit, and its contents in all planes.⁵ It is primarily indicated to correct hypertelorism.⁶ However, the box osteotomy can be used to correct vertical or horizontal dystopia due to congenital, pathologic, or traumatic abnormalities.⁷

Cebral hypertelorism is an abnormally increased distance between the orbits. In this condition, the distance between the medial canthi, medial, and lateral walls of the orbit and the pupils is greater than normal. This is different from telecanthus, where the distance between the medial canthi is greater than normal and the distance between lateral walls of the orbits and pupils is normal (Figure 47-1).

Orbital hypertelorism is an anatomic condition associated with a heterogeneous group of congenital disorders. This can occur as an isolated sporadic anomaly or with conditions such as Edwards syndrome (trisomy 18), basal cell nevus syndrome, craniofrontonasal dysplasia, DiGeorge syndrome, Apert syndrome, and Crouzon syndrome. A heterogeneous collection of frontonasal malformations⁸ is the group that most commonly displays hypertelorism (Figure 47-2). The clinical findings in this group are usually symmetric hypertelorism, exaggerated widow's peak onto the forehead, abnormal and wide-set eyebrows, down-slanting eyes, epicanthic folds, amblyopia, strabismus, a wide nose with a short philtrum, increased interzygomatic distance, lateral and inferior positioned zygoma, median cleft lip, and a high arched palate.^{9,10} Other congenital conditions associated with hypertelorism are frontal encephaloceles, craniofacial clefts, and craniofrontonasal dysplasia^{11,12} (Figure 47-3).

The other pathologic process for orbital dystopia is a slow-growing tumor such as neurofibromatosis, frontal sinus mucocele, and the like. Also, some of the high-energy injuries or inadequate corrections can cause orbital dystopia in vertical or horizontal positions (Figure 47-4).

The surgery to correct hypertelorism is usually done when the patient is between 5 and 8 years of age. This timing addresses the psychosocial aspects of the developing child in the early school years. The physiologic reasons include the fact that the majority of the interzygomatic width is established by 6 years of age and there is adequate descent of tooth buds into the maxilla, giving space to make an osteotomy below the infraorbital nerve. The disadvantages are that the orbital bones before 5 years of age are thin and fragile and



Training



Research

Training



Fellows

National :- 64 till today, an average 4 per year intake

International :- 100 till today, an average 10 per year

More than 750 post graduate trained in last 10 years

An average of 100 post graduate per year taken now.



Technological advancement in craniofacial surgery



Dr. S. Anthony Wolfe



Dr. Likith V. Reddy

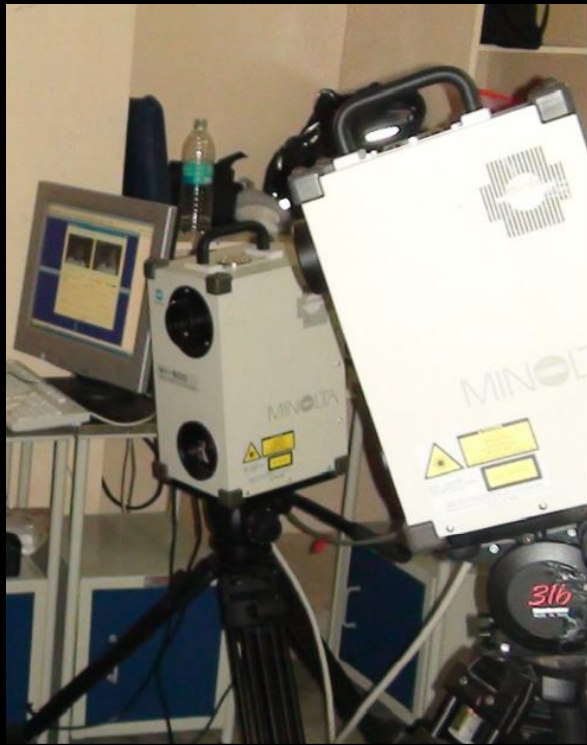


Dr. David Staffenberg



Dr. Hade Vuyk





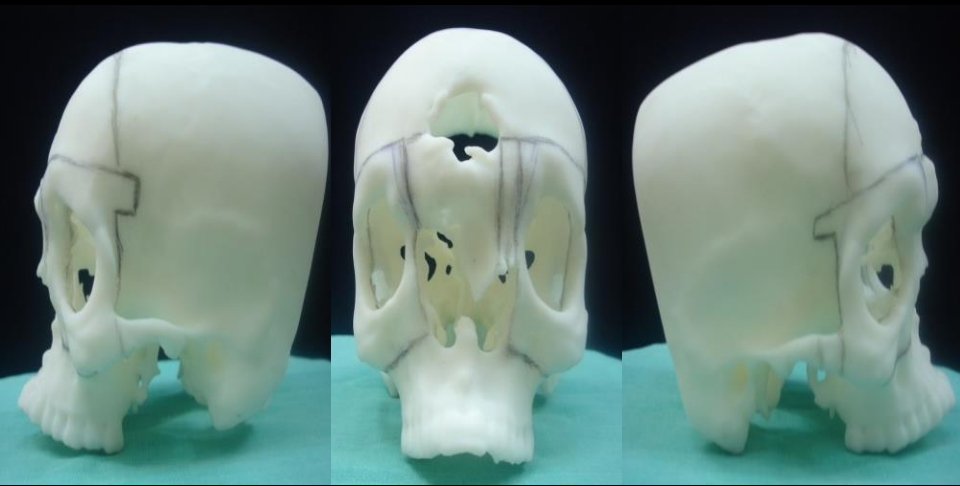
3 Dimensional LASER
Equipment



Red Frames



Bronchoscopes



3 D Camera



HARMONIC SCALPEL

Cutting instrument that can **cut and coagulate** tissue simultaneously with negligent **lateral thermal damage**



PIEZO ELECTRIC SAW

Cuts only bone not nerve, dura or other soft tissue.

Very useful to perform **craniofacial osteotomies**

WHAT DID
WE
ACHIEVE????



Five Congenital Facial Defects



Ears

Eyes

Nose

Lips

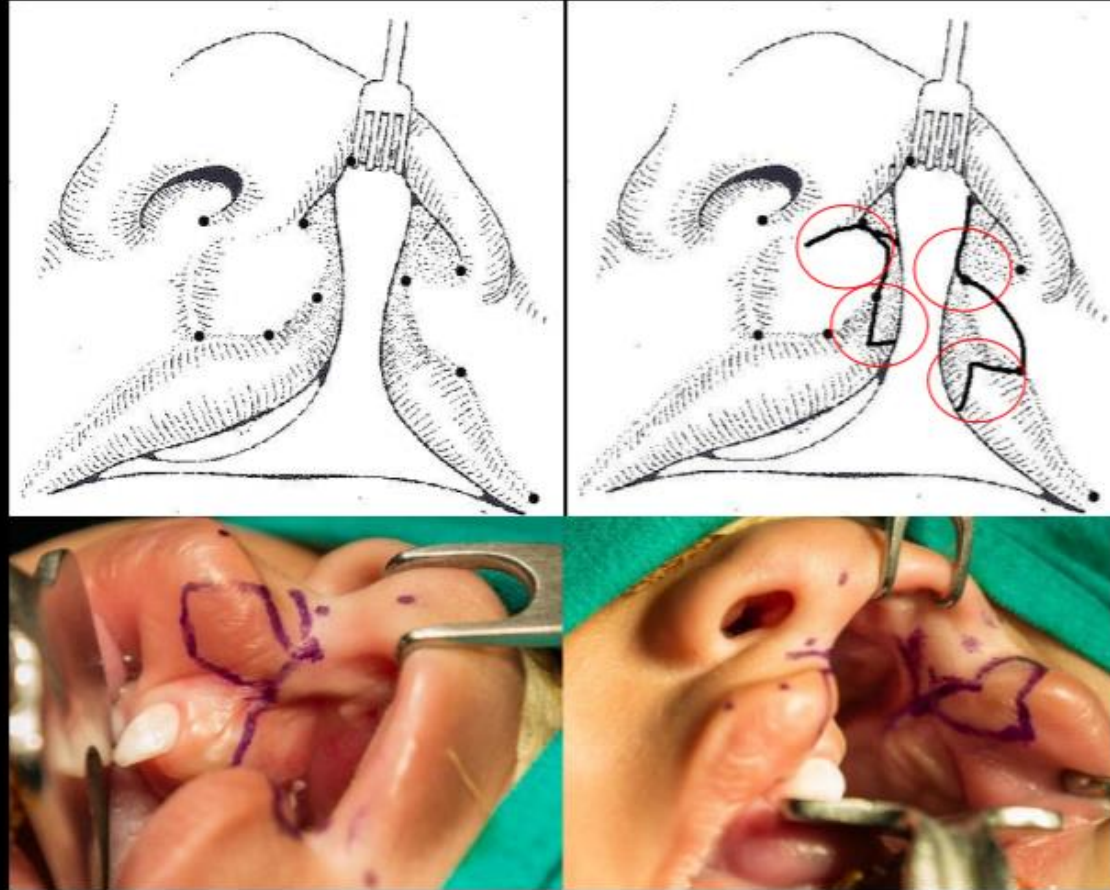
Facial
Skeleton

Most of the above patients have
Facial Symmetry but lack **Facial Balance**



Morpho-functional Cleft Lip Repair

Incision design for unilateral cleft lip surgery



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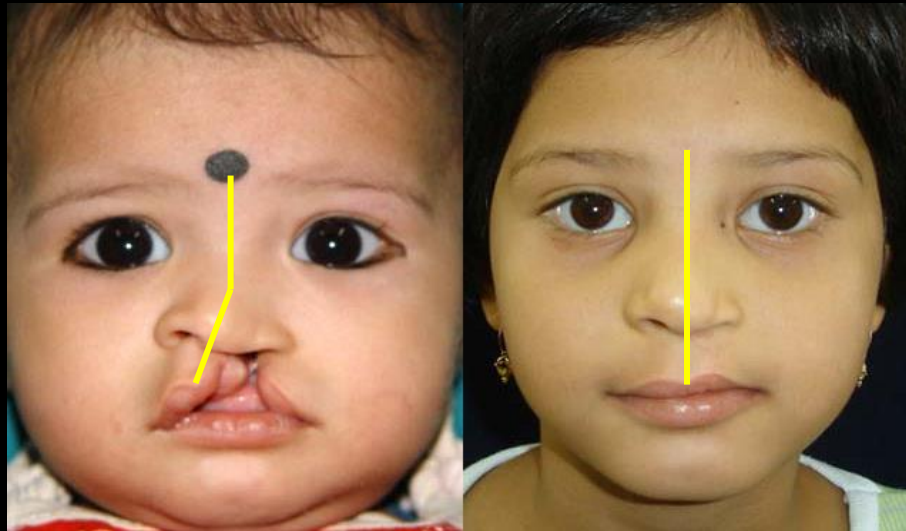
Afroze Incision for Functional Cheiloplasty, Technical Note

Gosla Srinivas Reddy et. al.; J. Craniofac. Surg. 20(8):1733-1736, September 2009.



LIP CORRECTION

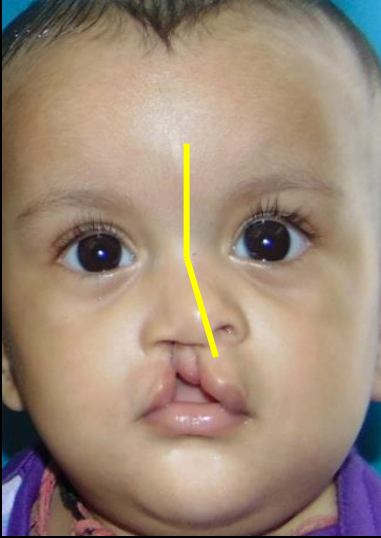
Cleft Lip



Unilateral

LIP CORRECTION

Cleft Lip



Unilateral

LIP CORRECTION

Cleft Lip



Preoperative

5 days postoperatively

18 months postoperatively

3 years postoperatively

Bilateral

LIP CORRECTION

Bilateral Cleft Lip Repair



Preoperative

5 days postoperatively

9 months postoperatively

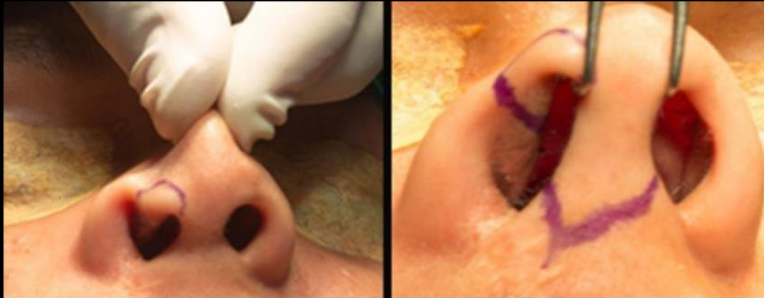
3 years postoperatively



MORPHO FUNCTIONAL NASAL DEFORMITY CORRECTION

Cleft Rhinoplasty

Unilateral Cleft with Septal Grafting
Marking



Tejima

- Decreases the excess soft triangle tissue and reduces the nasal web.

V-Y

- Increases length of columella
- Especially increases length of medial crura
- Revise the cleft lip scar contracture.

Cleft Rhinoplasty

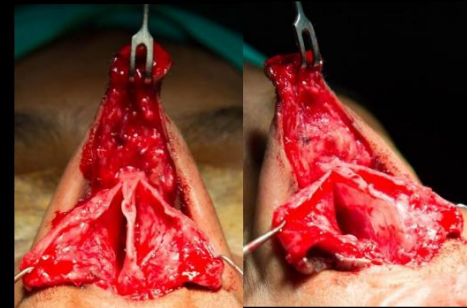
Bilateral Cleft with Septal Grafting



- Positioning the strut made from the excised inferior and posterior part of septum
- Closing upper lateral cartilage
 - The upper lateral cartilage needs to be opened when there is gross deviation of septum to release the bend in the septum

Cleft Rhinoplasty

Bilateral Cleft with Septal Grafting



- Exposing the septum
 - Note the extreme angle of caudal part of the septum due to its attachment to the anterior nasal spine which in cleft defects is lateralized towards the cleft side
 - Septoplasty is done by resecting the posterior and inferior end of the septum

Unilateral Cleft with Costo-Chondral Grafting



- Positioning and fixing the strut



Cleft Rhinoplasty

Bilateral Cleft with Septal Grafting



MORPHO FUNCTIONAL NASAL DEFORMITY CORRECTION

Craniofacial Cleft Repair

Tessier #3 Facial Cleft



MORPHO FUNCTIONAL NASAL DEFORMITY CORRECTION

Tessier #3 Facial Cleft



MORPHO FUNCTIONAL NASAL DEFORMITY CORRECTION

Tessier #3 Facial Cleft



MORPHO FUNCTIONAL NASAL DEFORMITY CORRECTION

Complex Nasal Deformities: Tessier #14 Facial Cleft



LYOPHILISED
CARTILAGE
GRAFT



ESTHETIC RHINOPLASTY



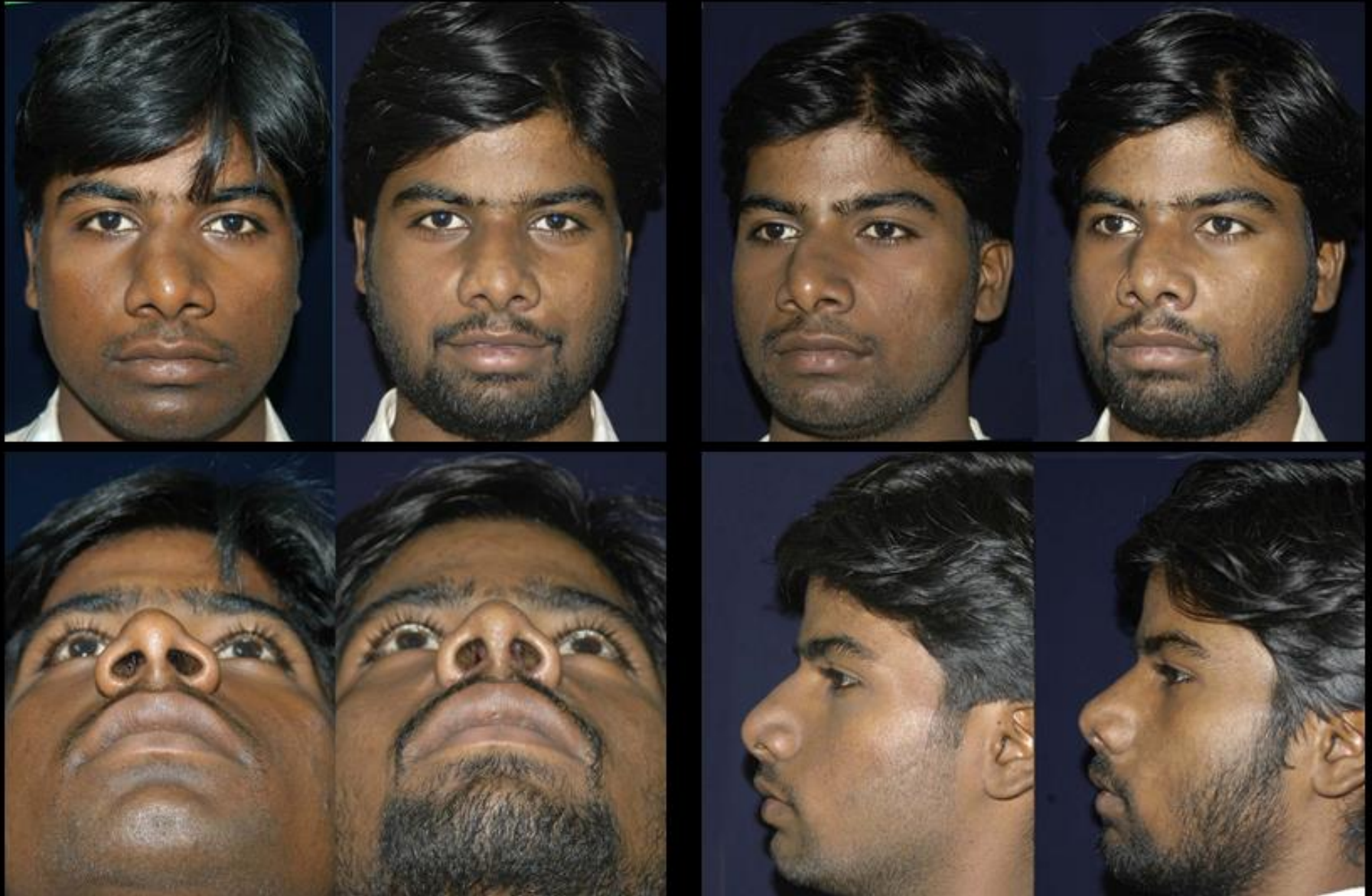
AUGMENTATION RHINOPLASTY



REDUCTION RHINOPLASTY



Deviated Nasal Septum Correction



POST TRAUMATIC DEFORMITY CORRECTION

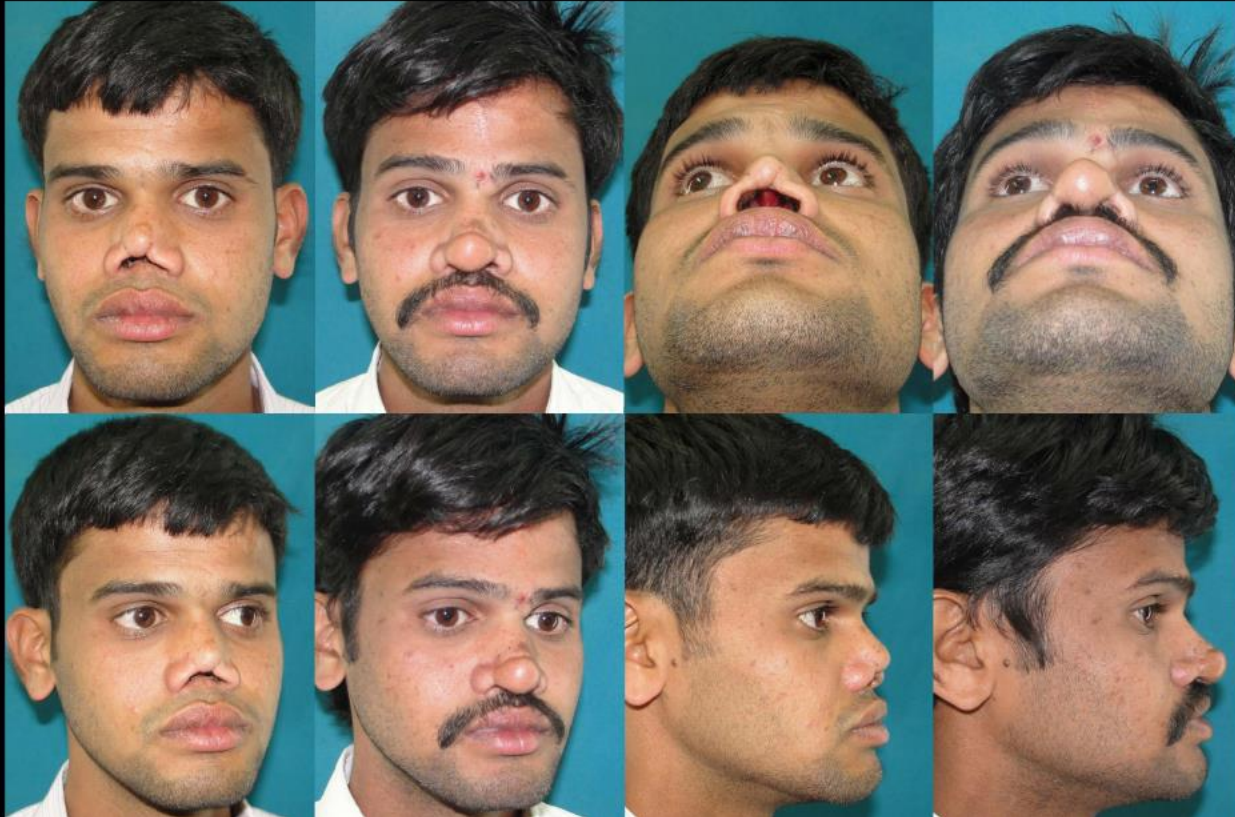


NASAL DEFORMITY RECONSTRUCTION

HEMINASAL APLASIA



Noma



NASAL DEFORMITY RECONSTRUCTION RHINOPLASTY WITH TISSUE EXPANDER



EAR RECONSTRUCTION



ORBITAL CORRECTION

Hypertelorism Correction





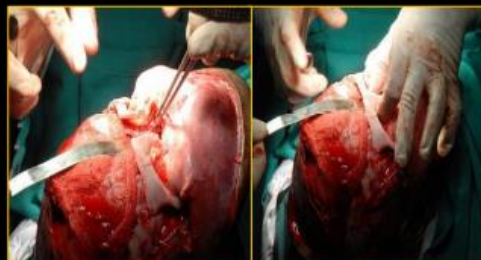
Skin Incision

The skin incision for the intracranial correction of orbital hypertelorism consists of bicoronal incision with the dissection as far forward and anterior as possible.



Transfrontal Craniotomy

Orbital roof osteotomy

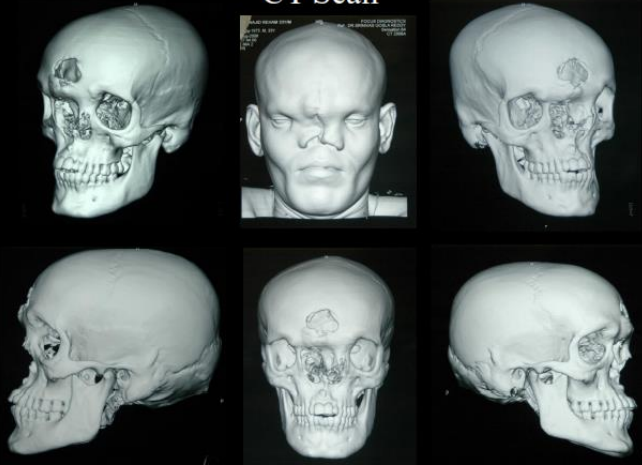


Orbital approximation

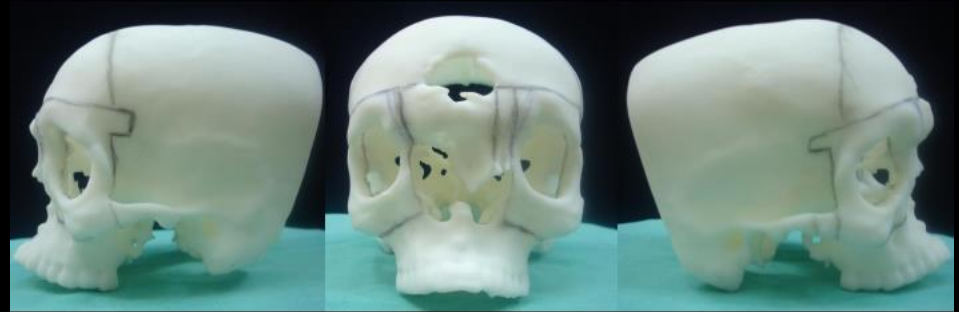


Treatment
CT Scan

ORBITAL CORRECTION



Stereo Lithographic Models



FACIAL SKELETON DEFORMITIES CORRECTION

SOFT TISSUE CORRECTION



Craniofacial Cleft Repair



Bilateral Tessier # 4 Facial Cleft



Bilateral Tessier # 4 Facial Cleft

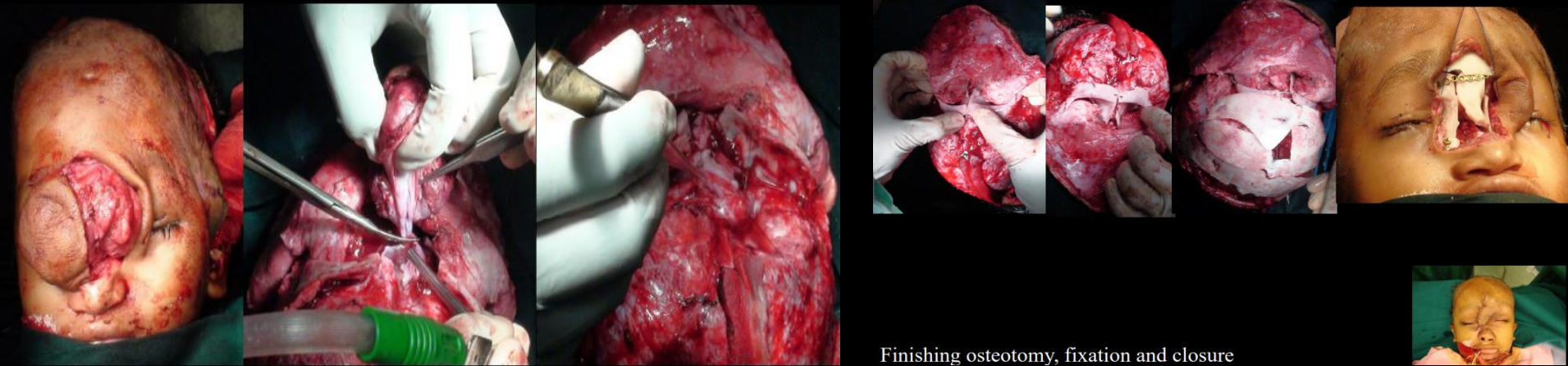




Tessier # 2, 3, 7 Facial Cleft



Encephalocele management



FACIAL SKELETON DEFORMITIES CORRECTION

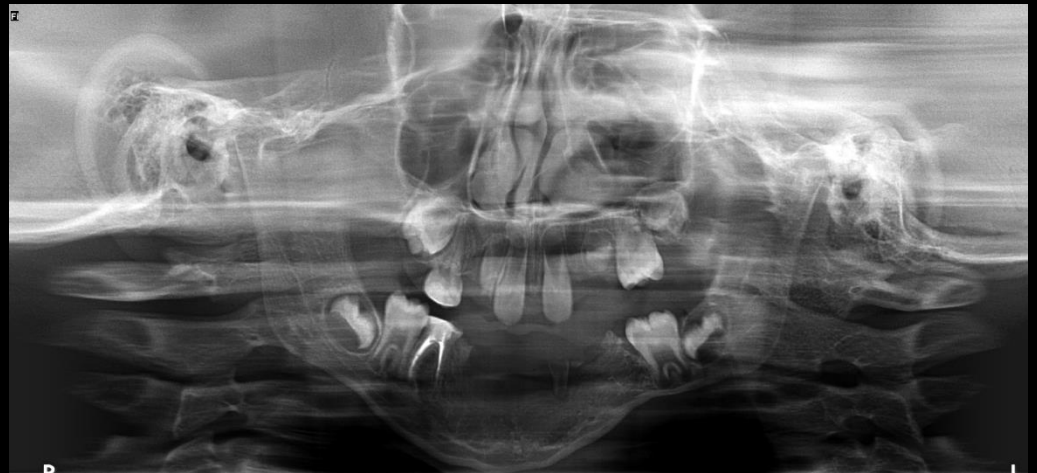
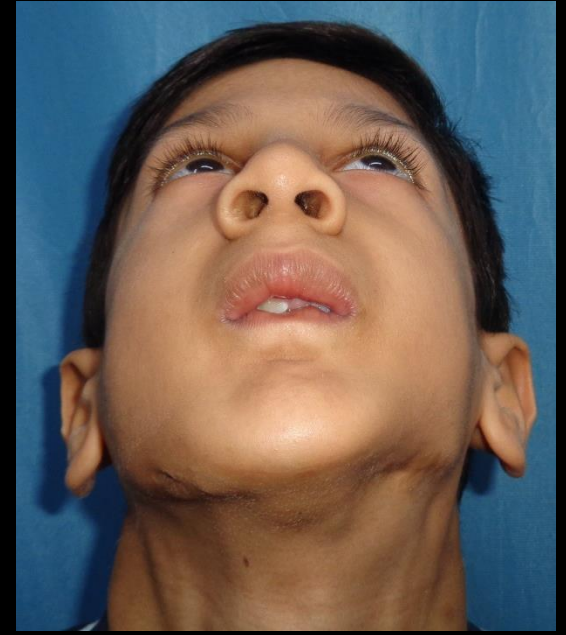
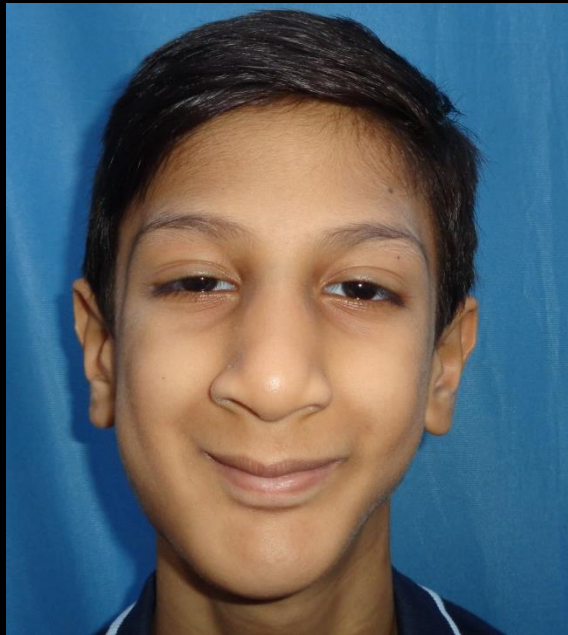
HARD TISSUE CORRECTION



Pierre Robin Sequence/Craniofrontonasal Dysplasia

Pierre Robin Sequence





Treacher Collins Syndrome



Full thickness calvarial bone grafts
Bilateral lateral canthopexy



Craniosynostosis

Plagiocephaly/Trigonocephaly/Scaphocephaly/Brachycephaly

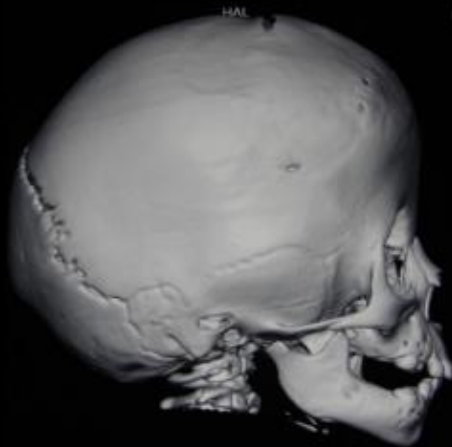


Craniosynostosis

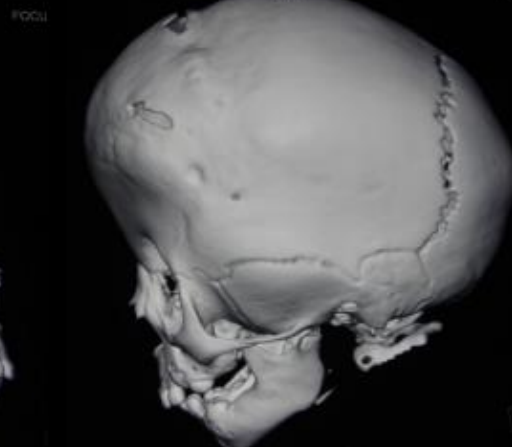
Plagiocephaly/Trigonocephaly/Scaphocephaly/Brachycephaly



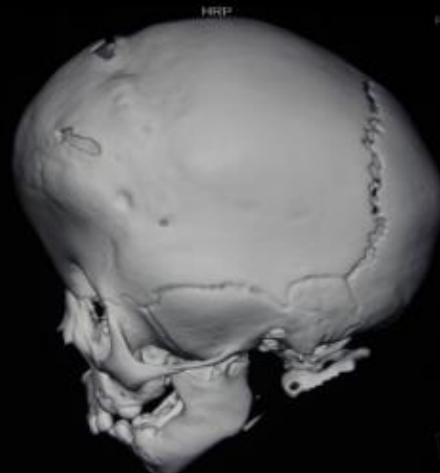
HLP₁



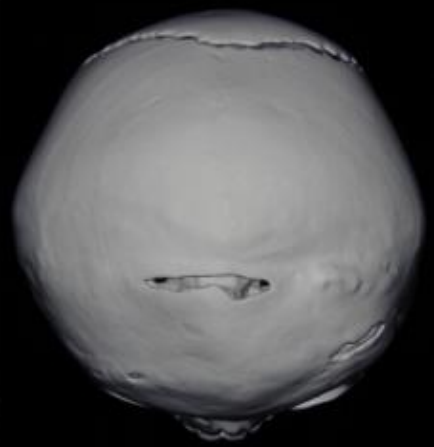
L 100 A



FOC

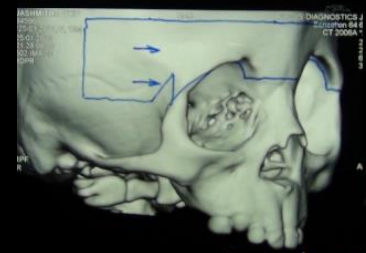
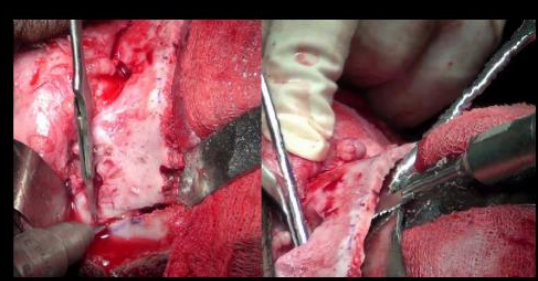


H HRA



FOC



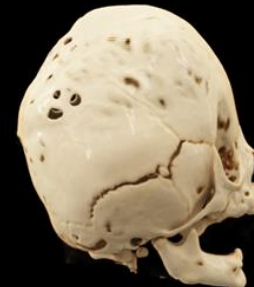
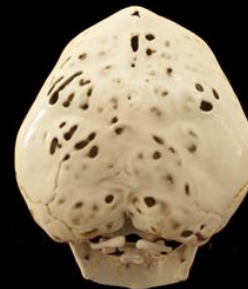


Superior Orbital rim advancement and fixation

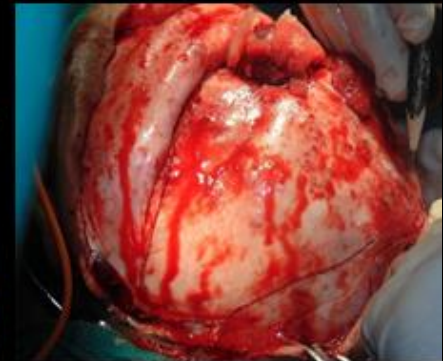
Raising Frontal Flap



CRANIOSYNOSTOSIS (TURRICEPHALY) POSTERIOR CRANIAL VAULT DISTRACTION



INCISION MARKING



DISTRACTOR PLACEMENT

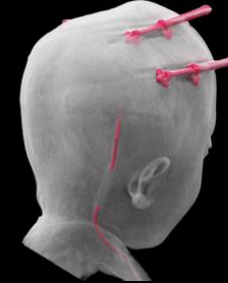
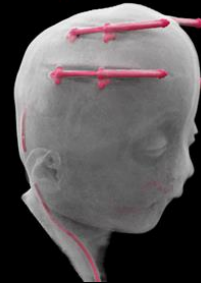
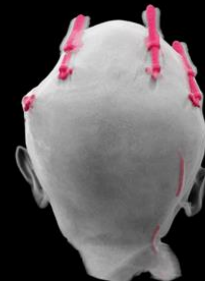
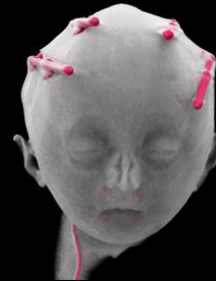


PRE-OP

POST-DISTRACTION

PRE-OP

POST-DISTRACTION



PRE-OP



POST DISTRACTOR
REMOVAL



PRE-OP



POST DISTRACTOR
REMOVAL



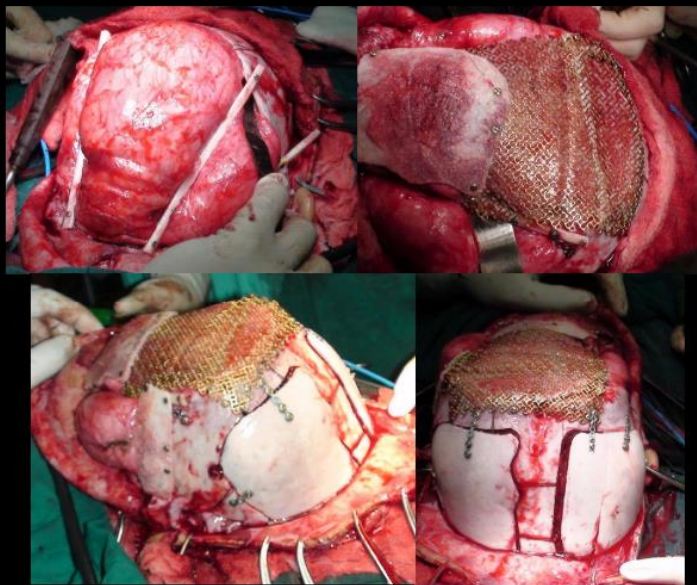
LATEST POST OP



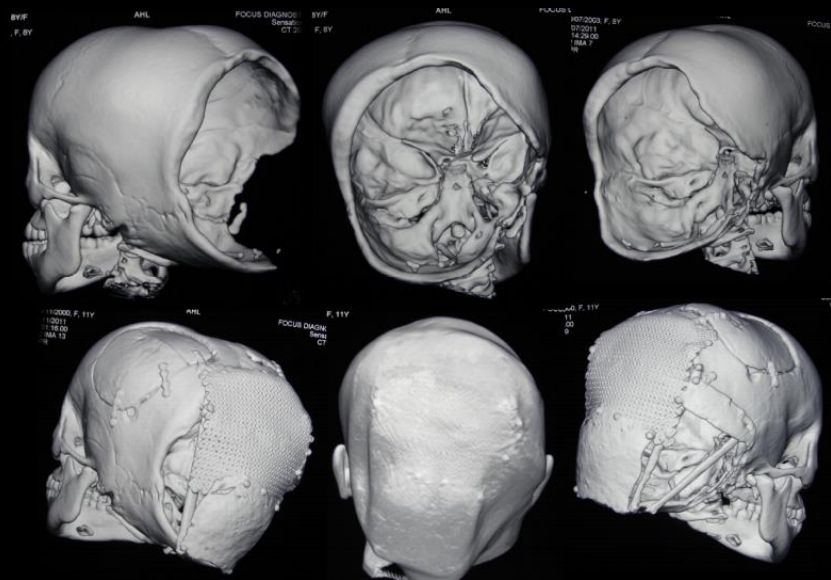
Cranial Vault Defects

Dandy Walker Syndrome

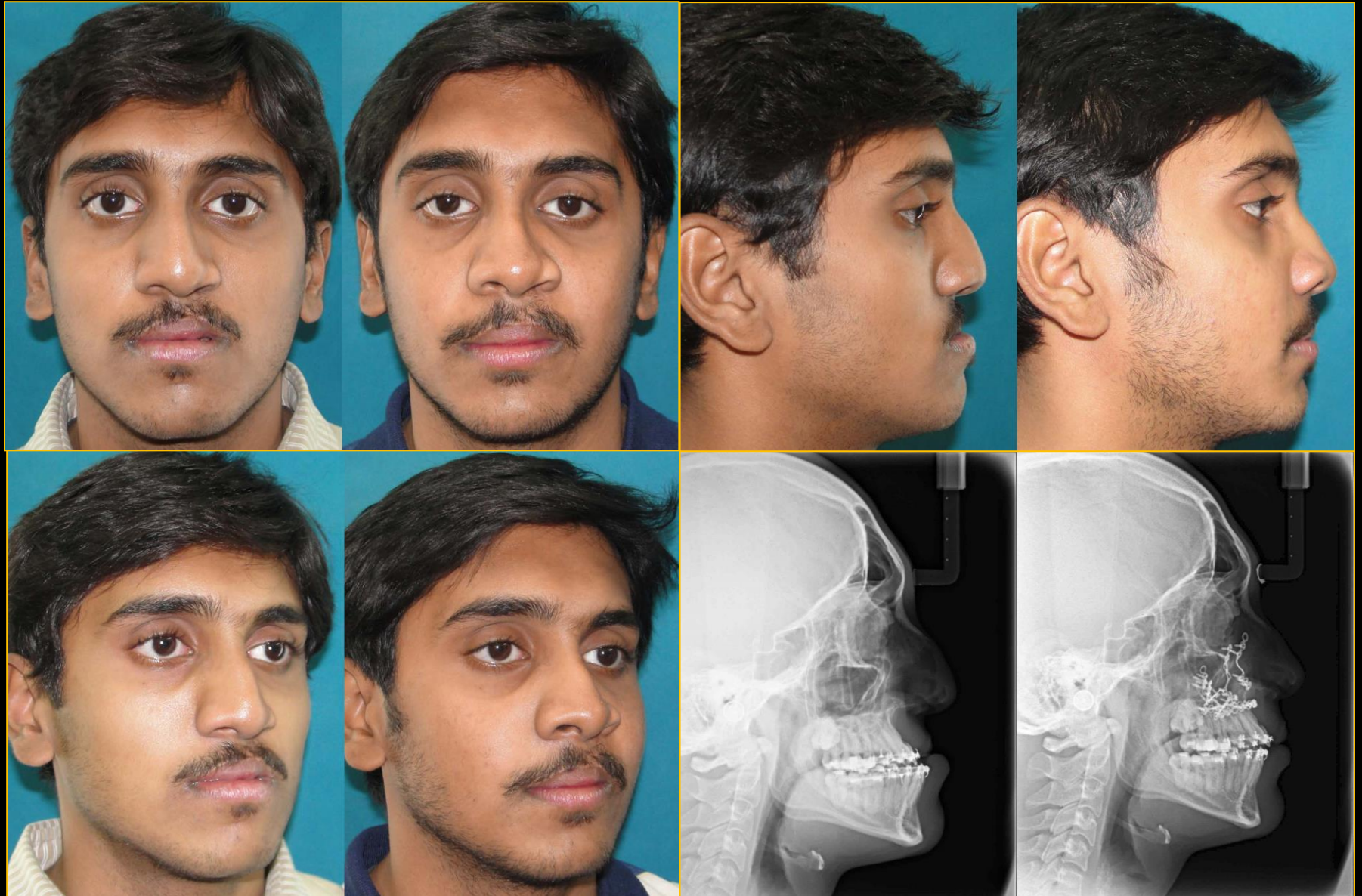




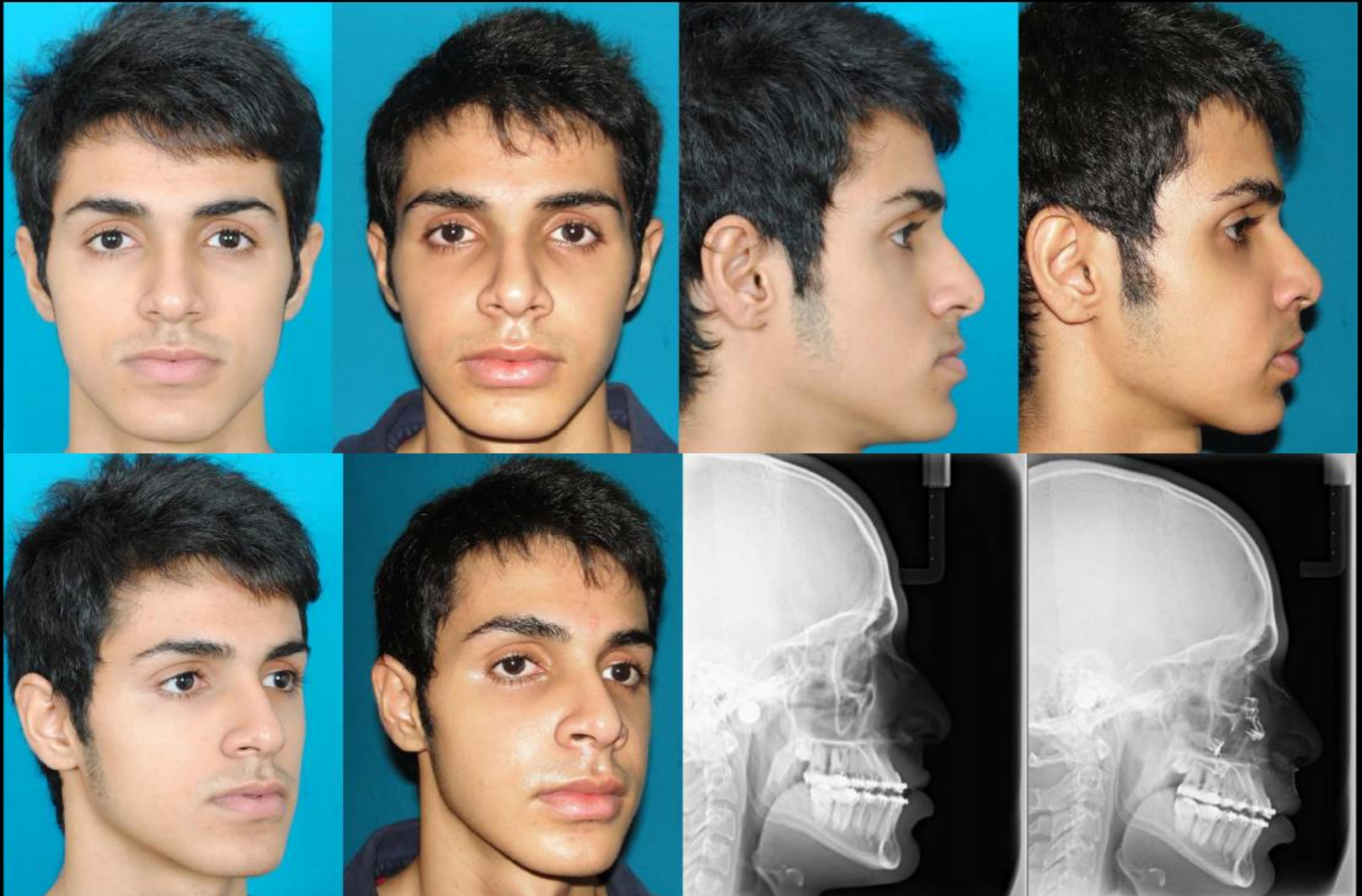
Reconstruction of posterior cranial vault with bilateral fibula bone ,split calvarium and titanium mesh



LEFORT I



HIGH LEFORT I OSTEOTOMY



BIMAX(SIMULTANEOUS SURGERY)



LEFORT I +BSSO (SIMULTANEOUS SURGERY)



LEFORT I OSTEOTOMY WITH RHINOPLASTY (SIMULTANEOUS SURGERY)

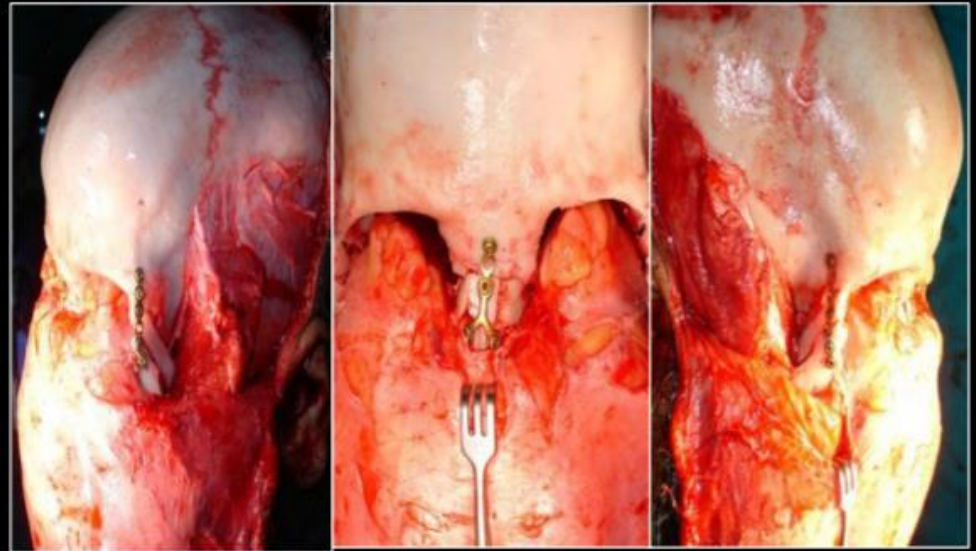


MIDFACE ADVANCEMENT AT LEFORT I + RHINOPLASTY+GENIOPLASTY (SIMULTANEOUS SURGERY)



LEFORT III OSTEOTOMY + BSSO (SIMULTANEOUS SURGERY)

Osteotomy at LeFort III level with calvarial bone graft for inter positioning and BSSO



Osteotomy cuts at LeFort III level with calvarial bone graft for inter positioning

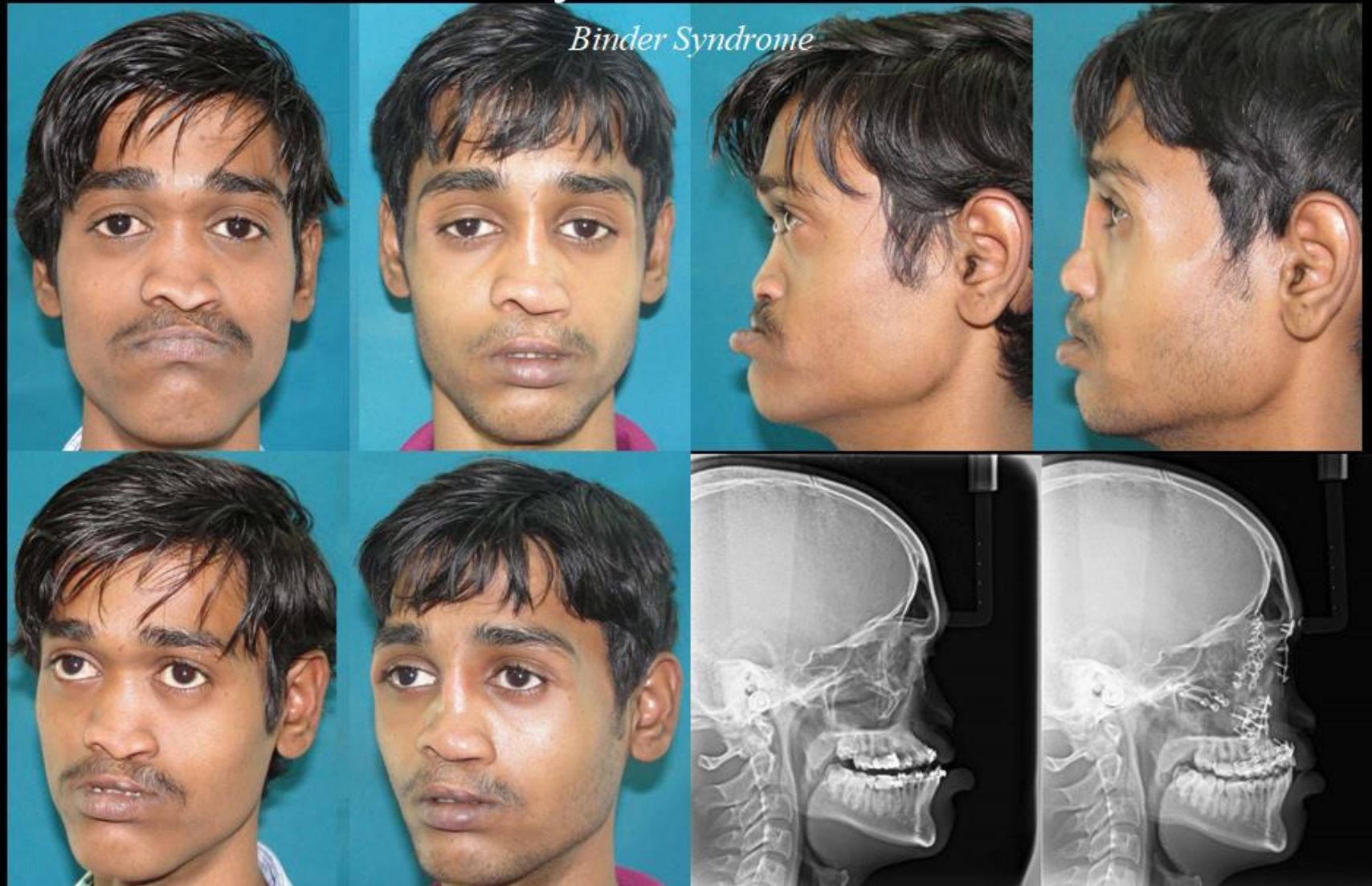
Preop

Post op 1 year

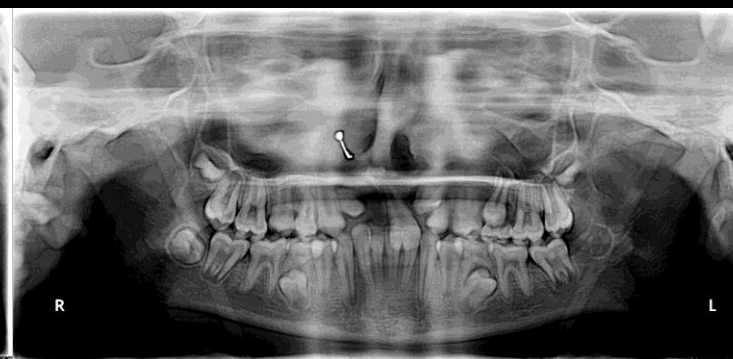
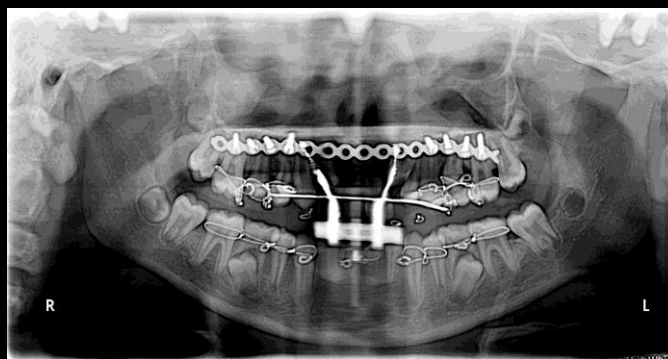
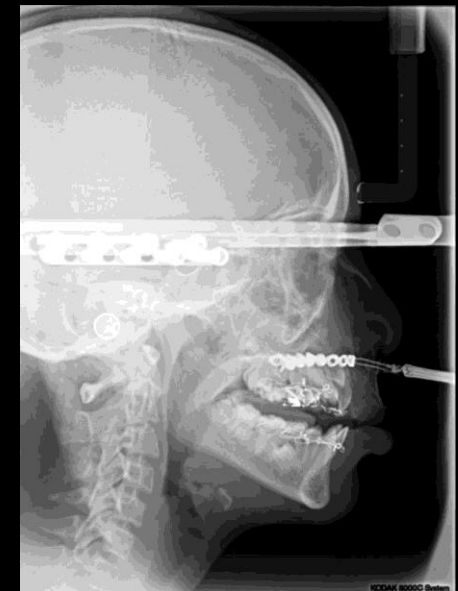
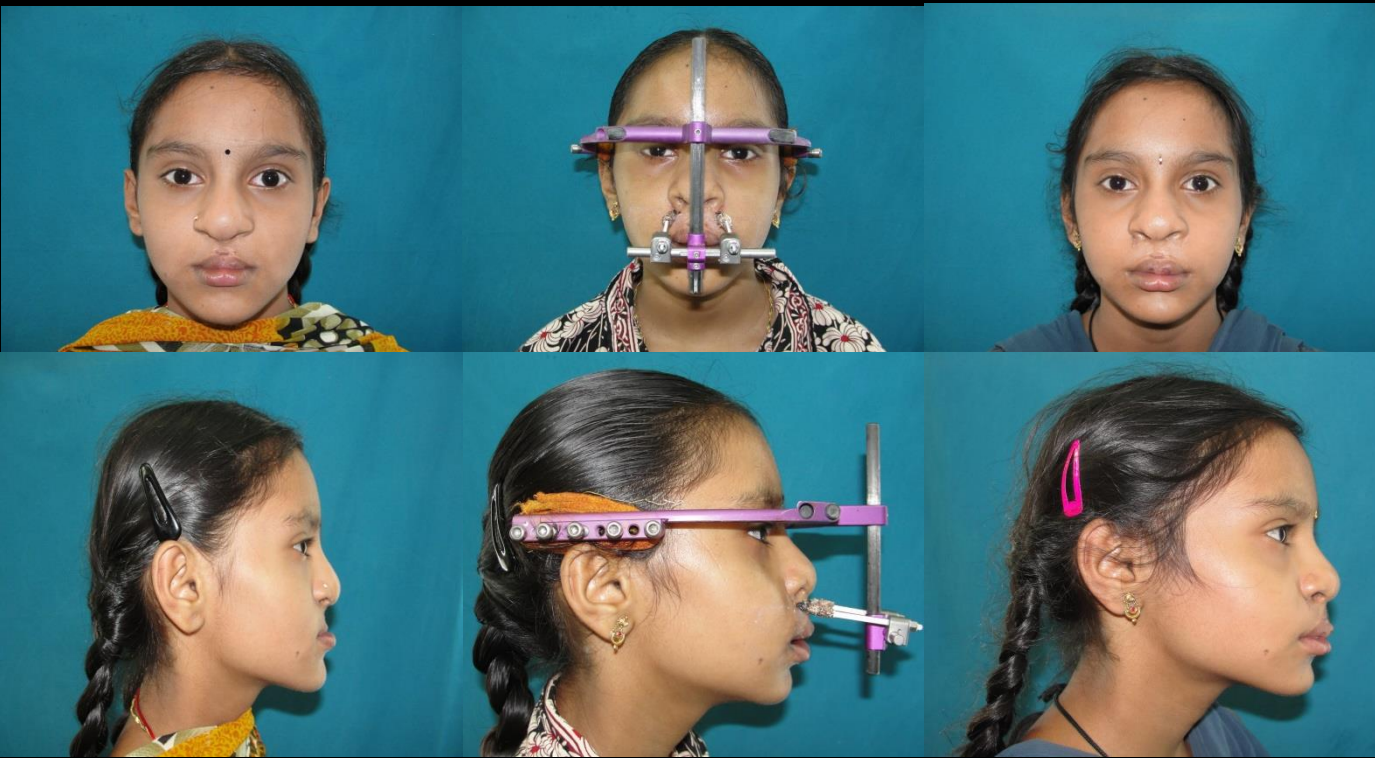


LEFORT III +LEFORT I (SIMULTANEOUS SURGERY)

Craniofacial Syndromes and Anomalies



DISTRACTION -RED



DISTRACTION -RED



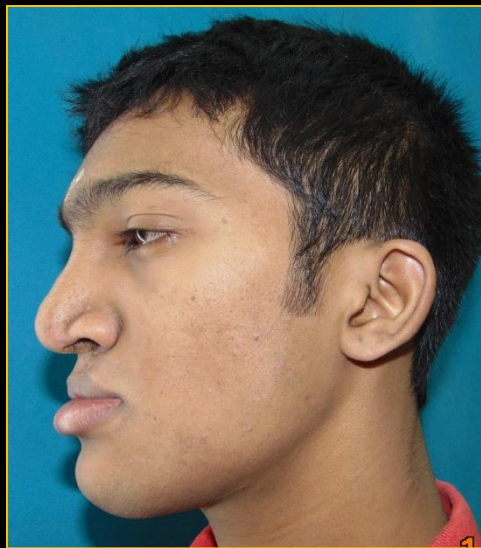
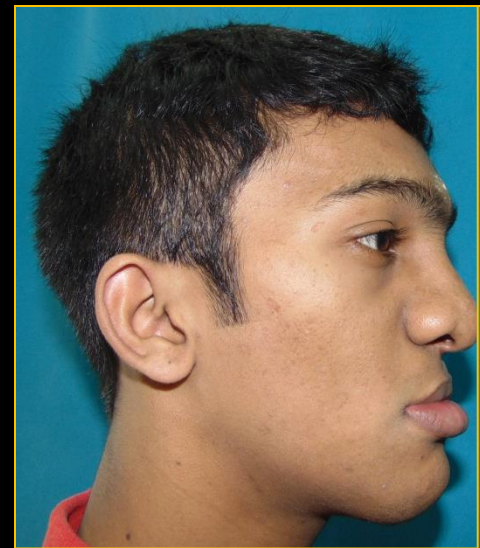
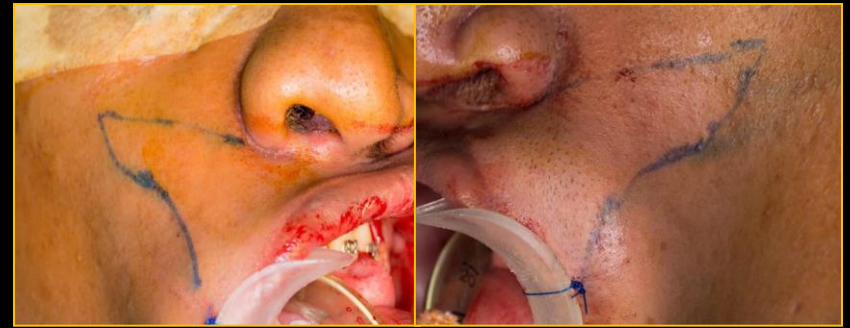
Pre-Op & Post-op X-rays



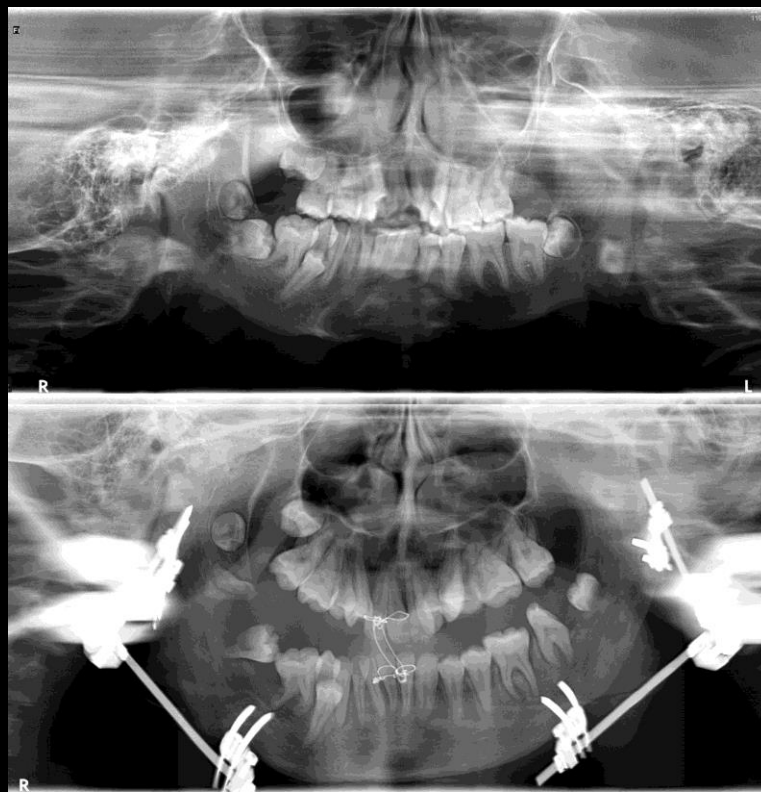
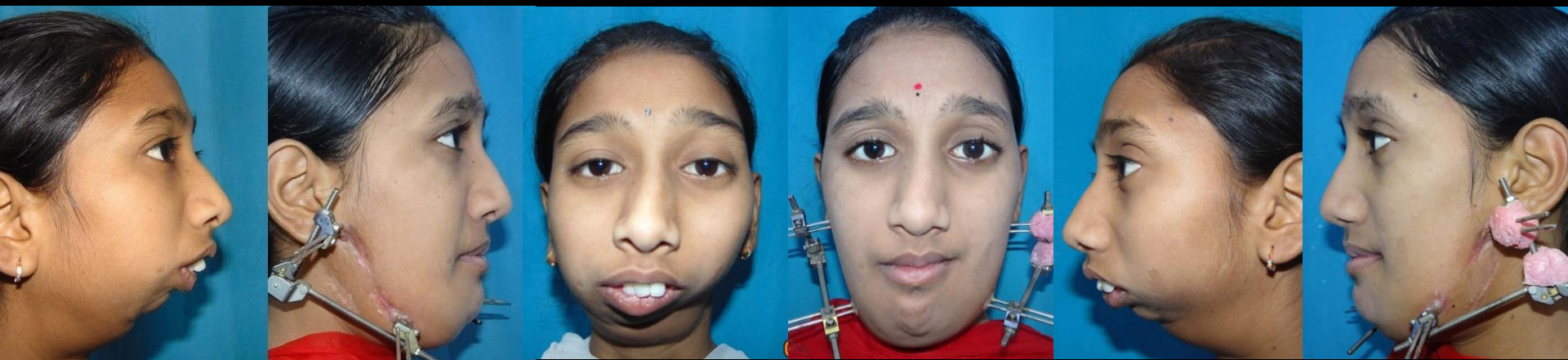
LEFORT III DISTRACTION



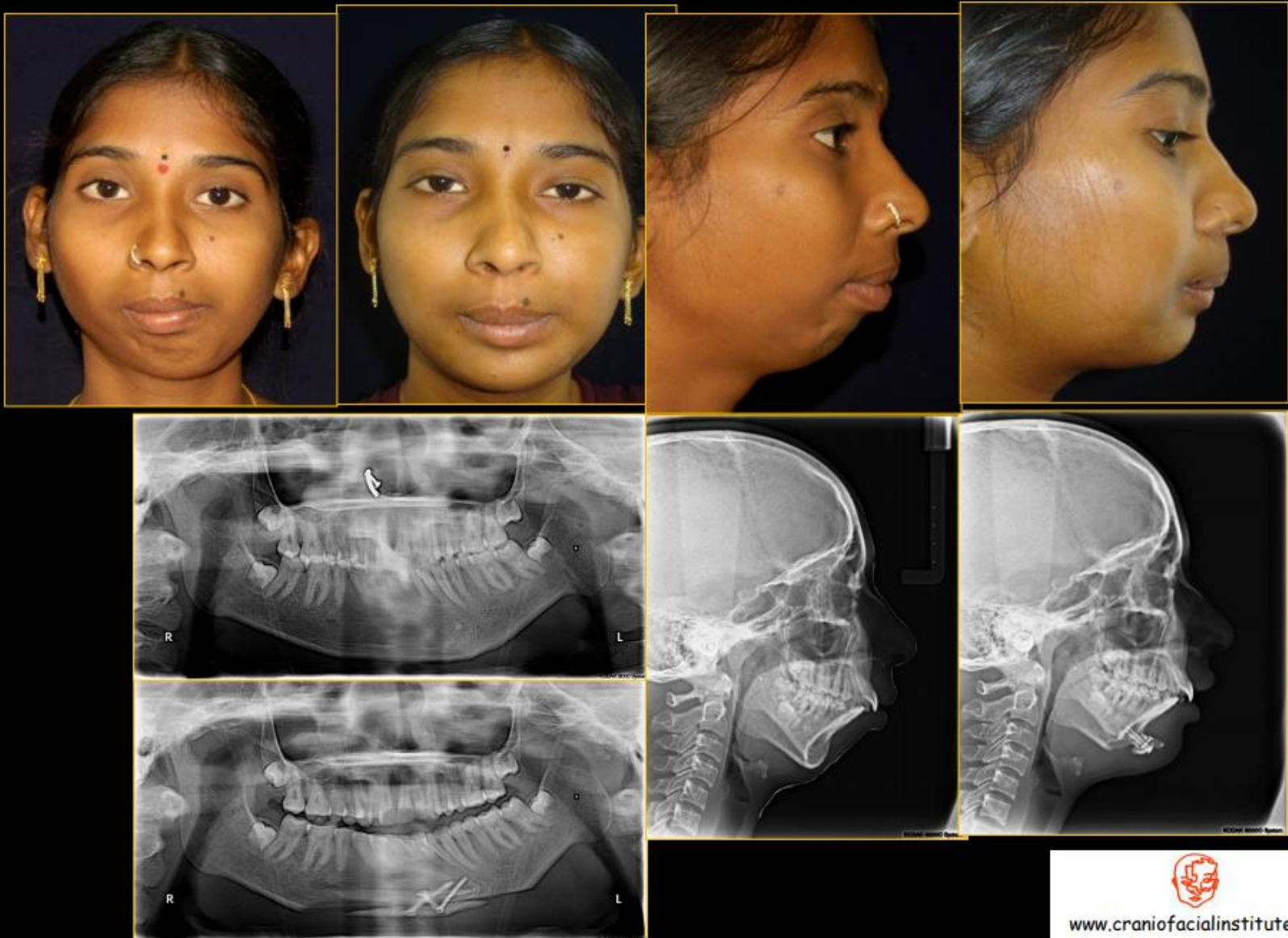
Pre and Post-Op (Modified AMD with winged osteotomy)



Bidirectional Bilateral Mandibular Distraction



Propellar Genioplasty (Asymmetric Jawline)



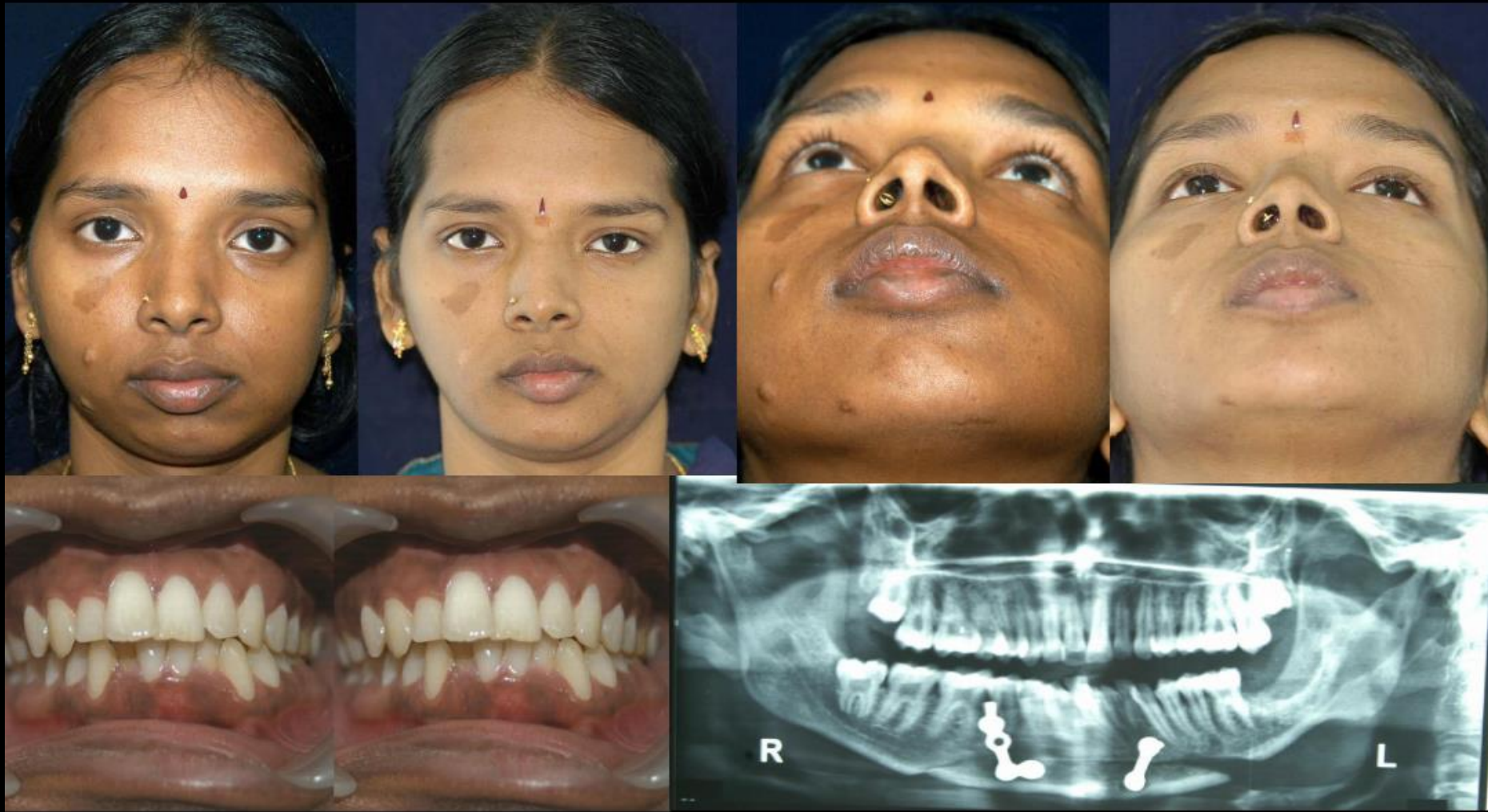
www.craniofacialinstitute.org



DOUBLE SLIDING GENIOPLASTY



Type I HFM



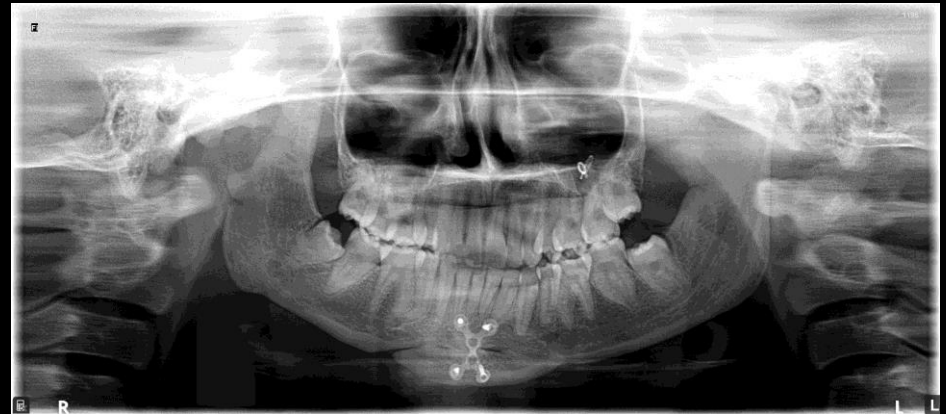
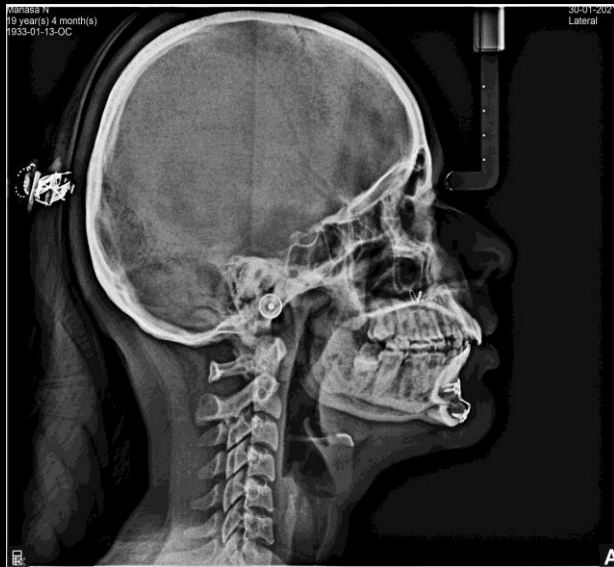
Genioplasty



Type II b HFM Pre and Post Surgery



Ankylosis release with Maxillo Mandibular Distraction + Genioplasty



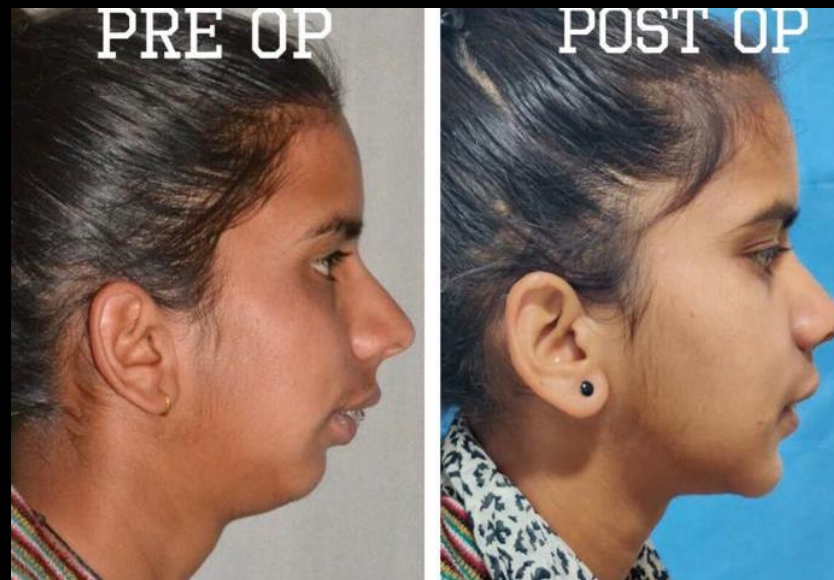
Orthognathic management of Asymmetry due to post Ankylosis release



PRE-OP

POSTOP 3 MONTHS POSTOP 6 MONTHS

POSTOP 1 YEAR



PRE OP

POST OP



VASCULAR MALFORMATION



PREOP

POST OP



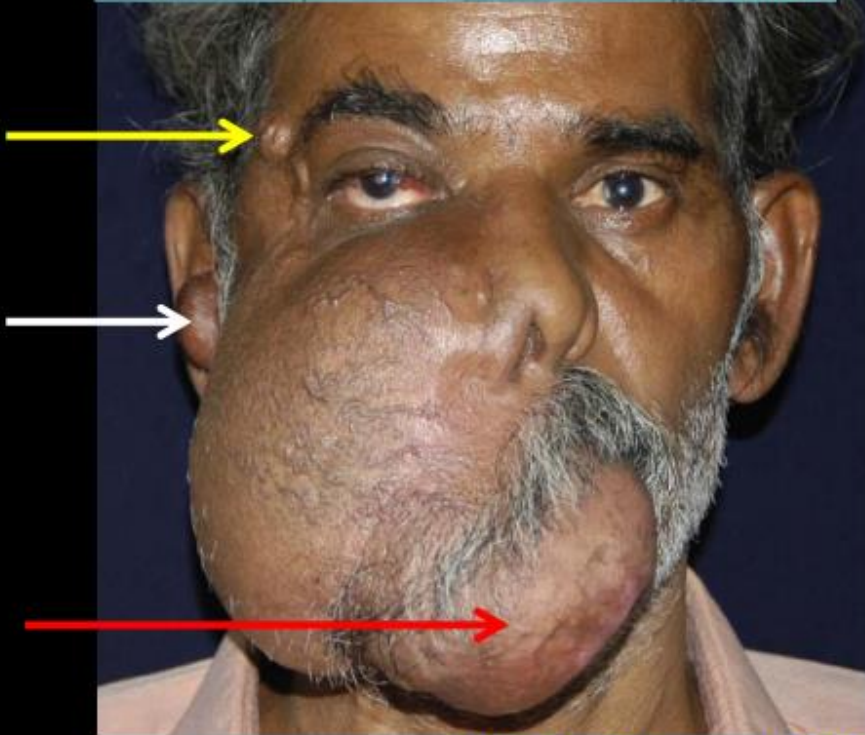
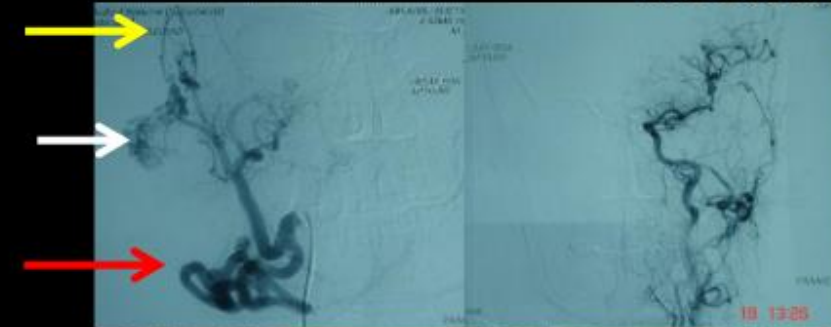
Sclerotherapy



- **Syrup or Tablet Propranolol:** 0.5 -1 mg/kg of body weight in two divided doses for 6 months under strict pediatric supervision
(**Propranolol**, β -blocker, vasoconstrictor, regulating angiogenic pathways inducing apoptosis of vascularized endothelial cells)
- **Injection Triamcinolone (Kenocort):** One 20 mg /ml vial diluted in 2 ml saline and 1ml lignocaine injected intralesionally, once a month for six months.
(**Triamcinolone**, corticosteroid suppresses vasculogenic capability of multipotent stem cells)
- **Contractubex (10% aqueous onion extract, 50 U heparin per gram of gel, 1% allantoin) gel and olive oil:** massage on the lesion twice daily till the regression of the lesion.



Treatment...



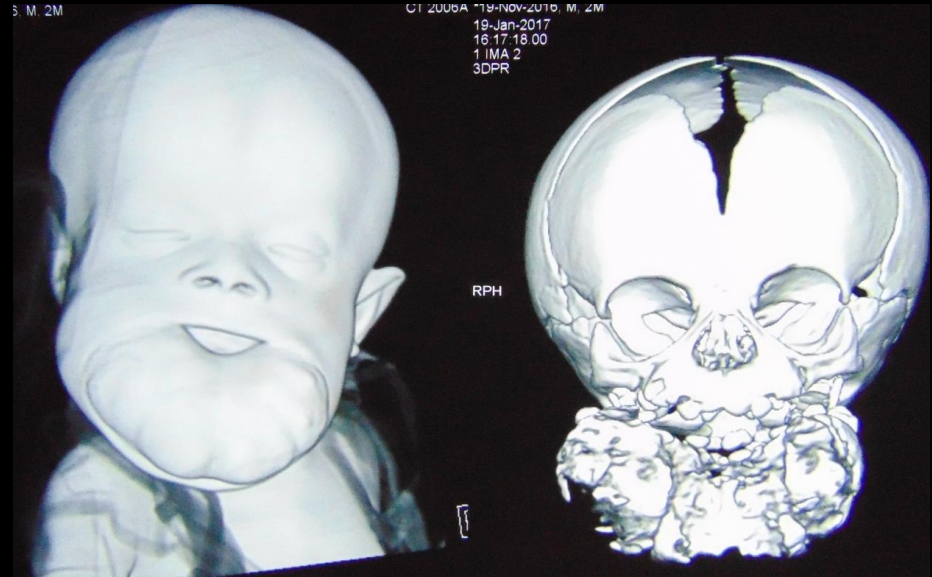
High Flow A-V Malformation



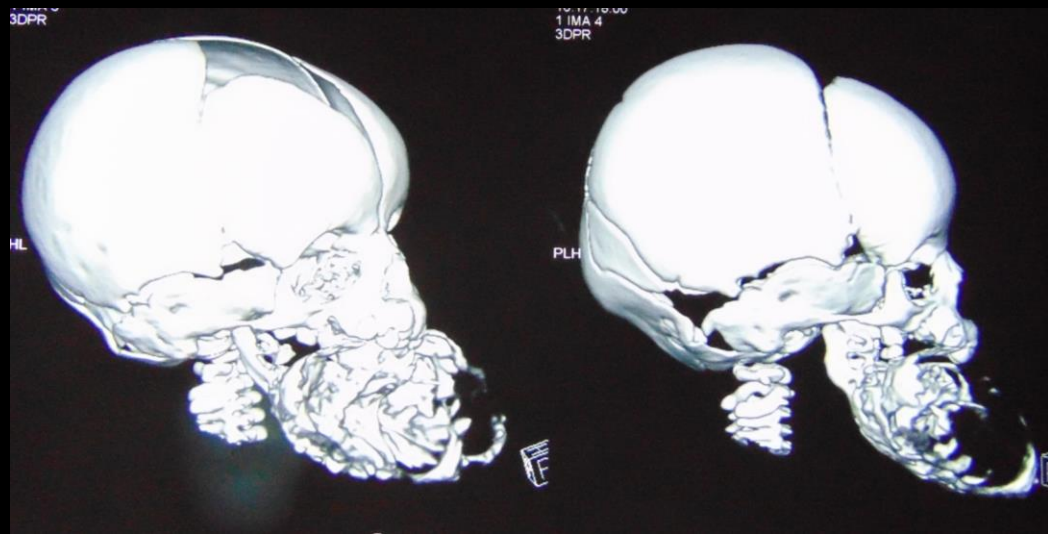
PATHOLOGY



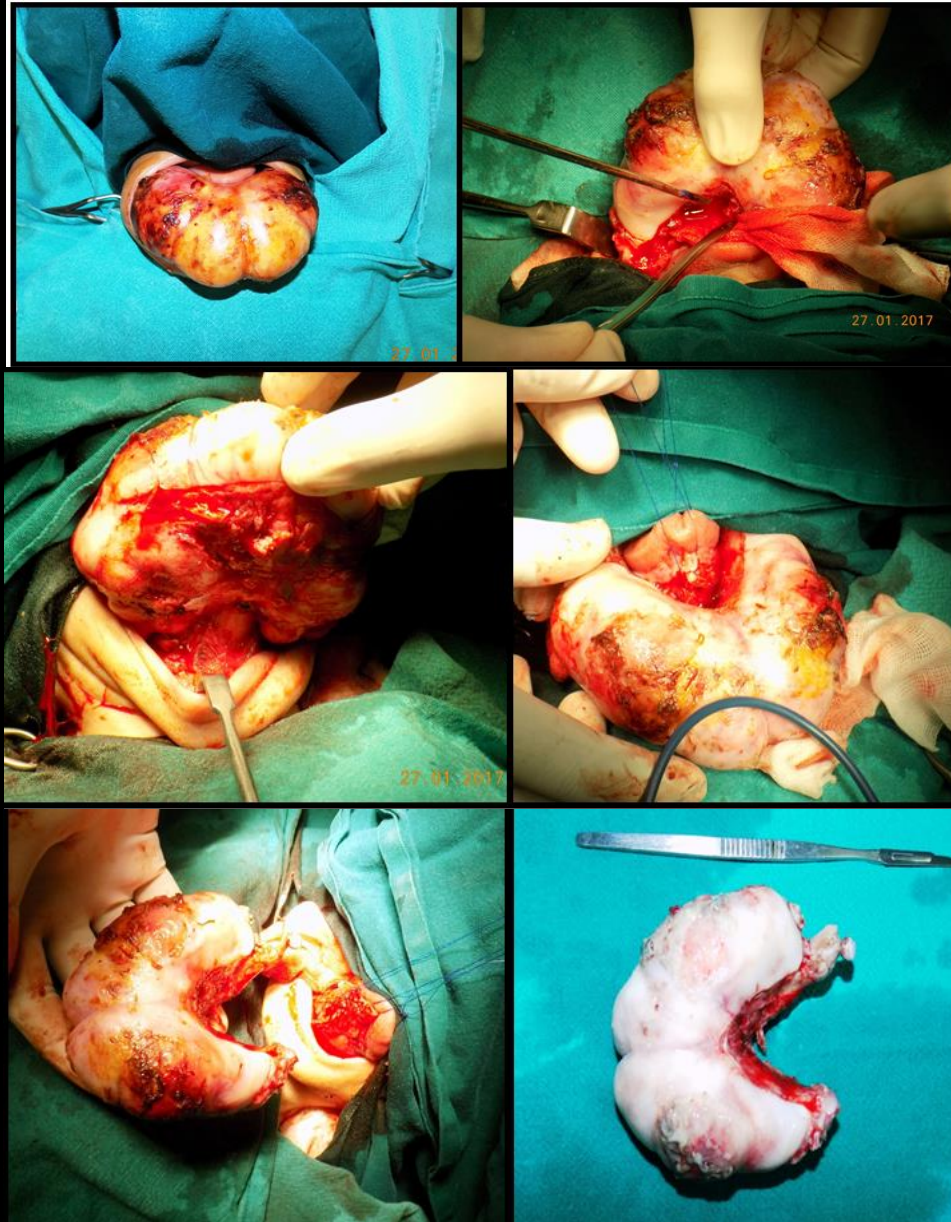
PRE OP

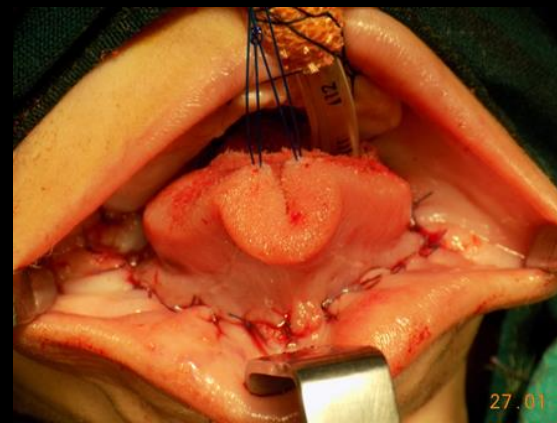
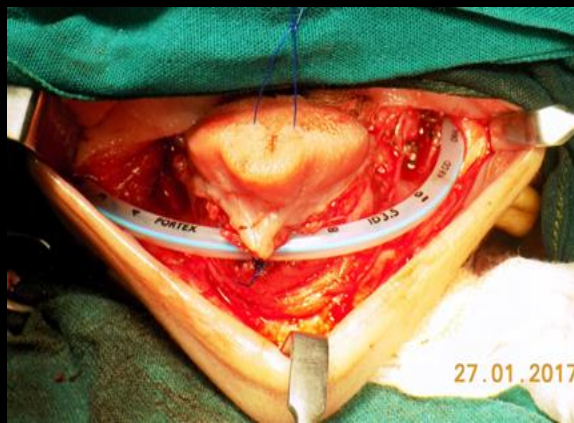


PRE OP SCANS



INTRAOP





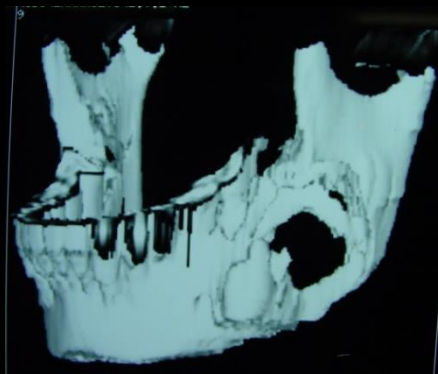
POST OP 7 DAYS



PRESENT POST OP

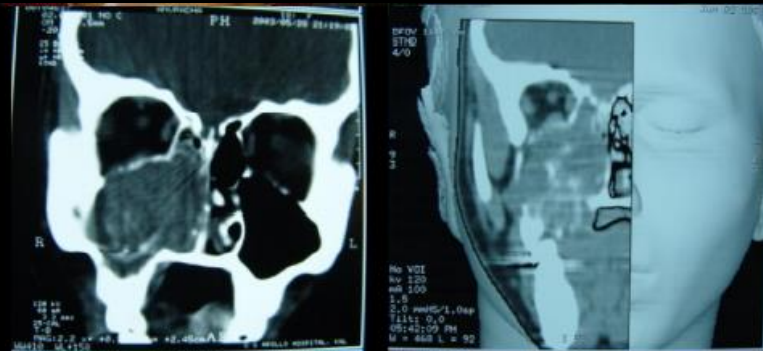


PATHOLOGY



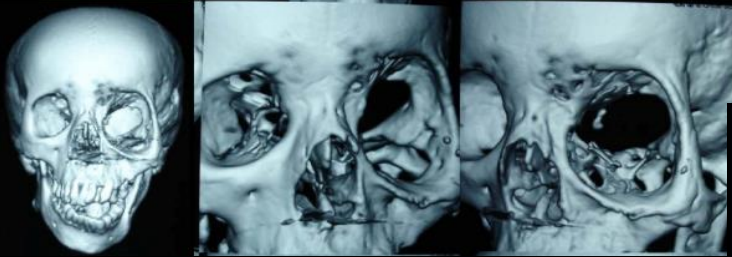
Benign and Malignant Head and Neck Tumors

Sarcoma and other malignancies



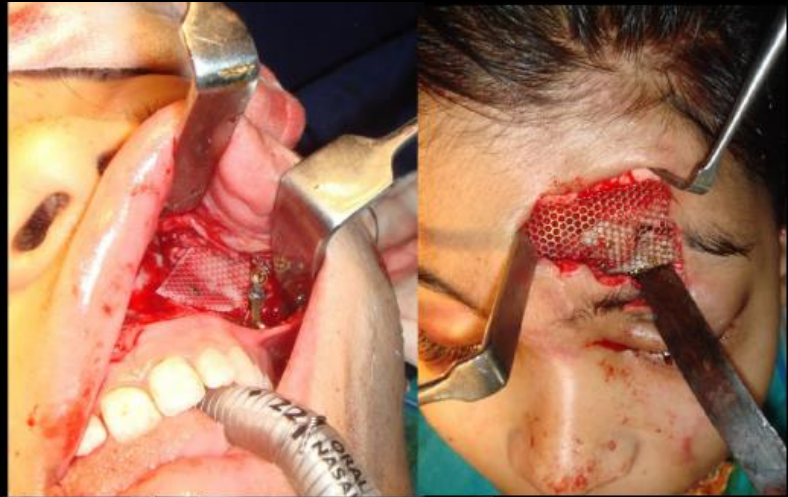
PATHOLOGY

PLEXIFORM NEUROFIBROMA AND BENING TUMORS



TRAUMA

ORBITAL ROOF FRACTURE PRE OP VS POST OP



PRE OP

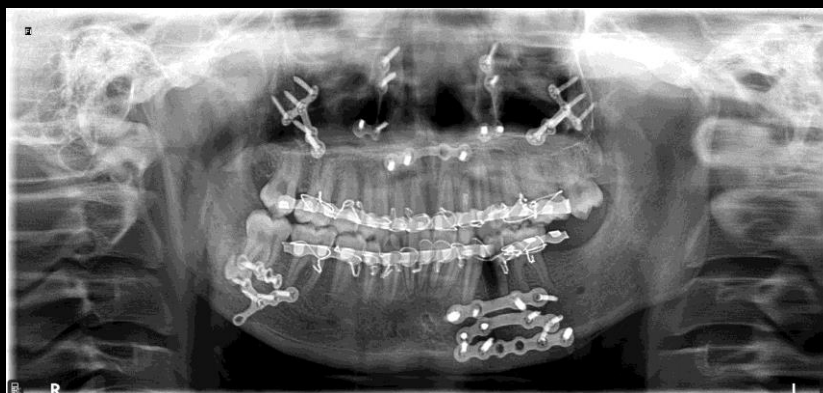
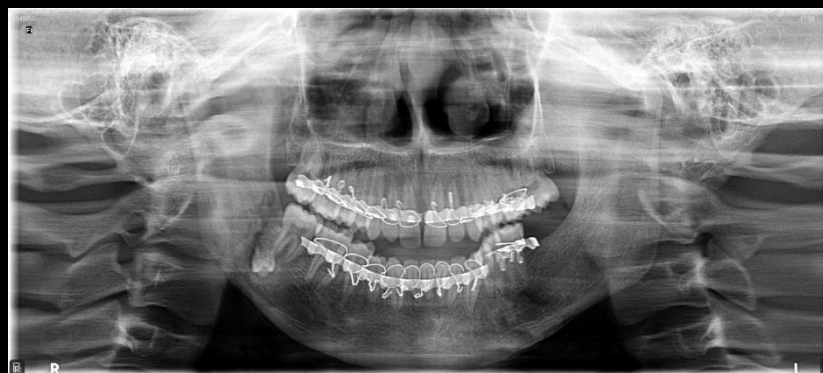
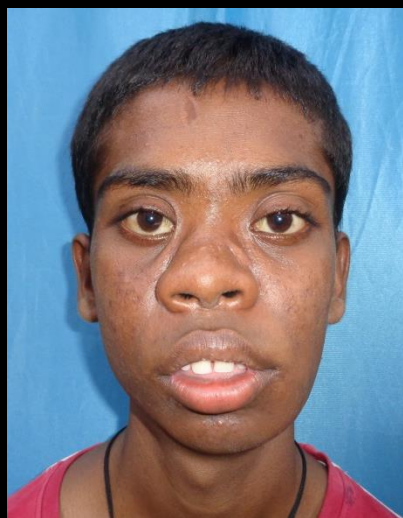


POST OP

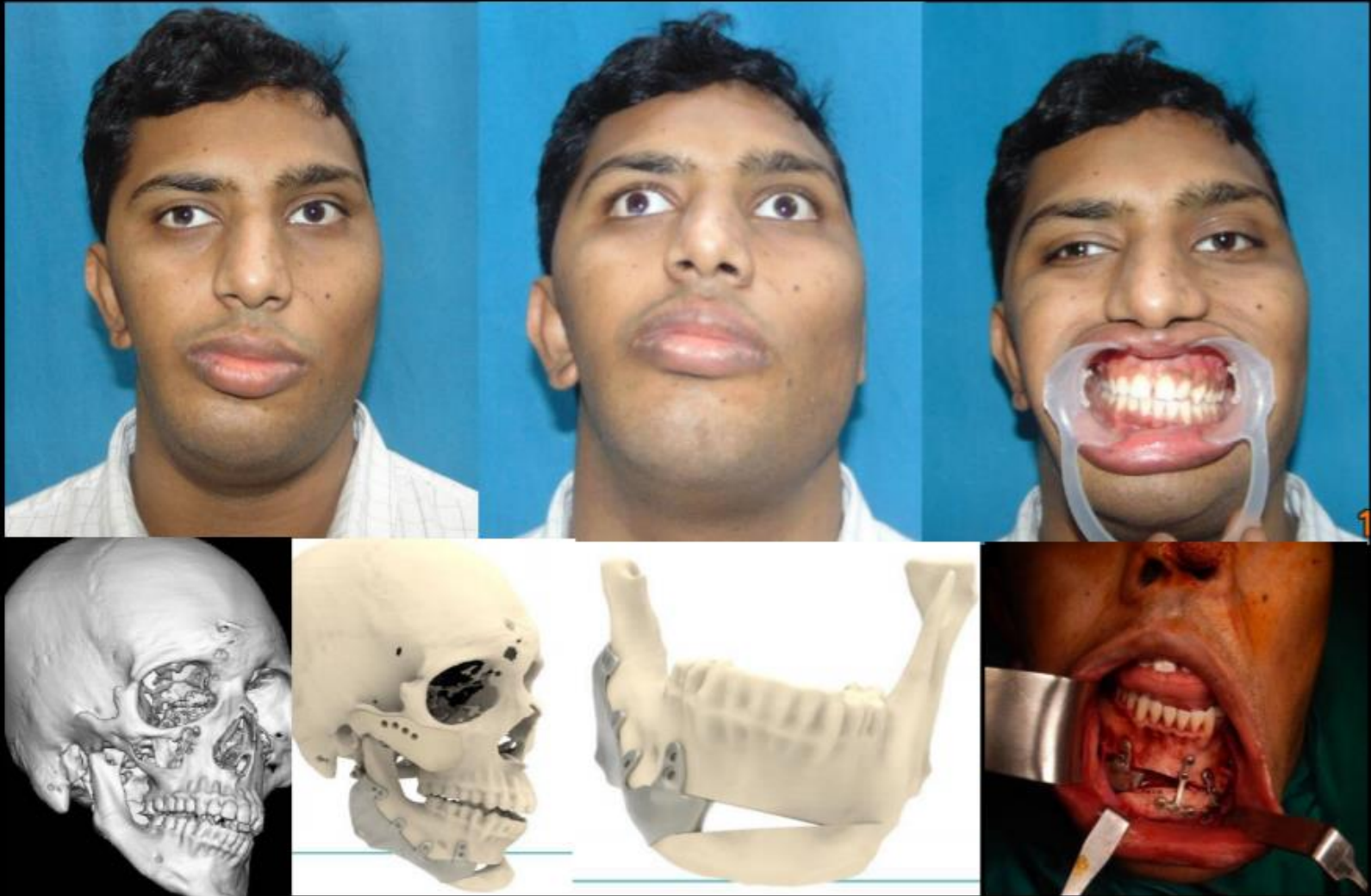




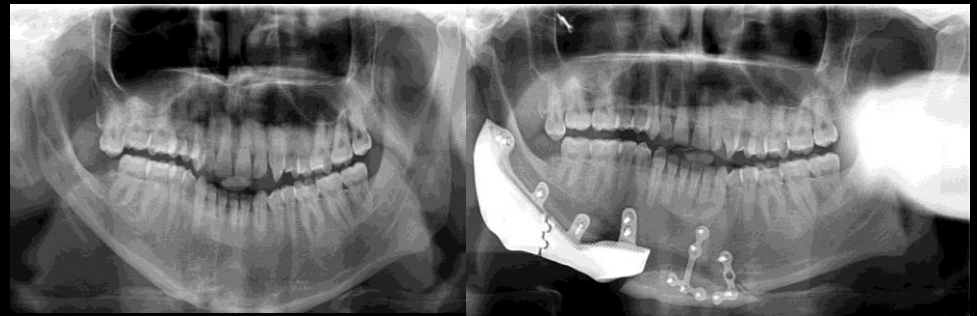
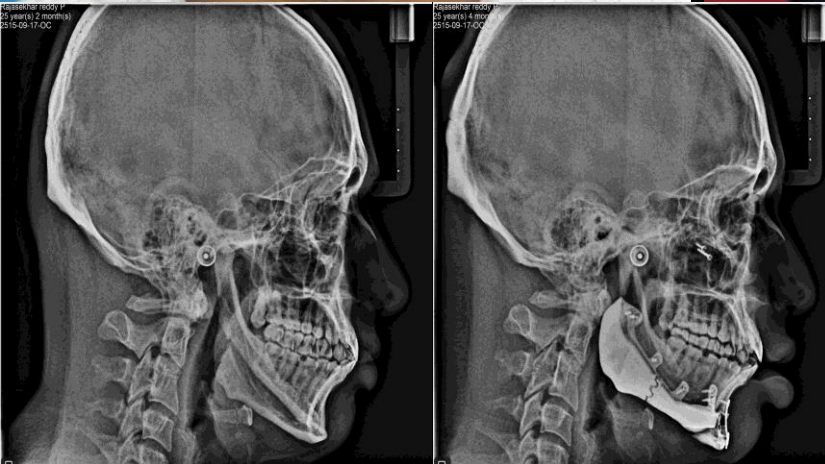
PANFACIAL TRAUMA PRE OP VS POST OP

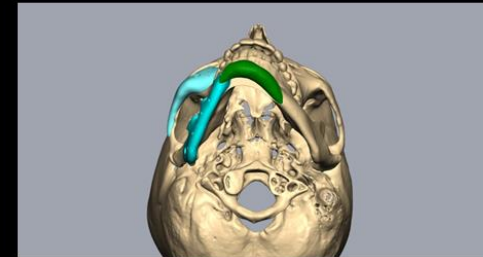
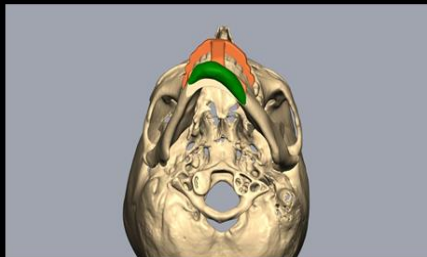
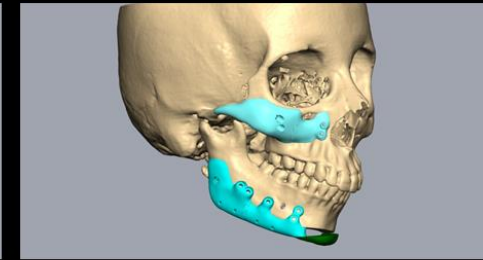
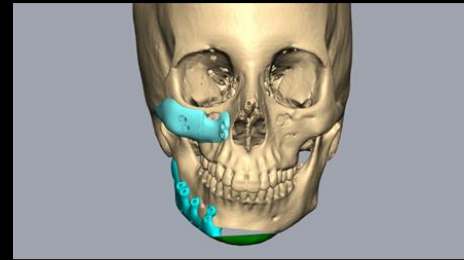
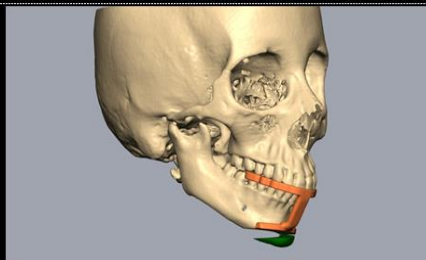
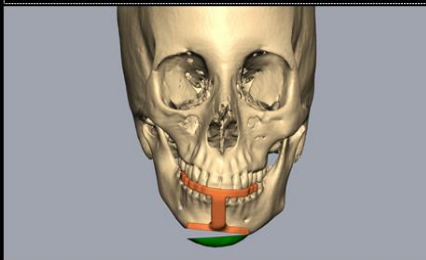


PLANNING SURGERY



Facial Asymmetry Correction





Philanthropy In Surgery

Create

Collaborate

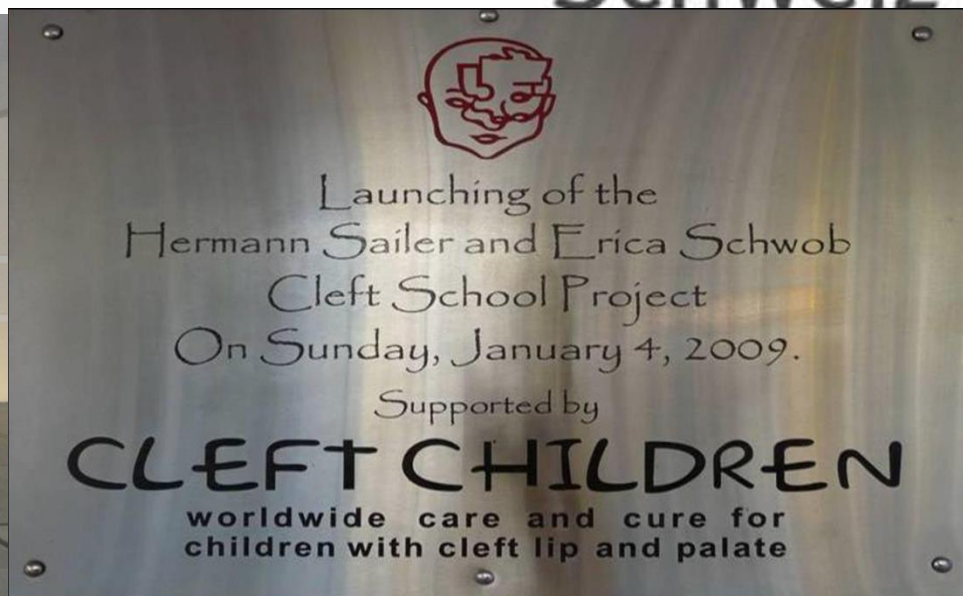
Co-operate





CLEFT-KINDER-HILFE

Schweiz



Jan 4th, 2009 – Official Launching of the ‘Hermann Sailer and Erica Schwob Cleft School Project’.

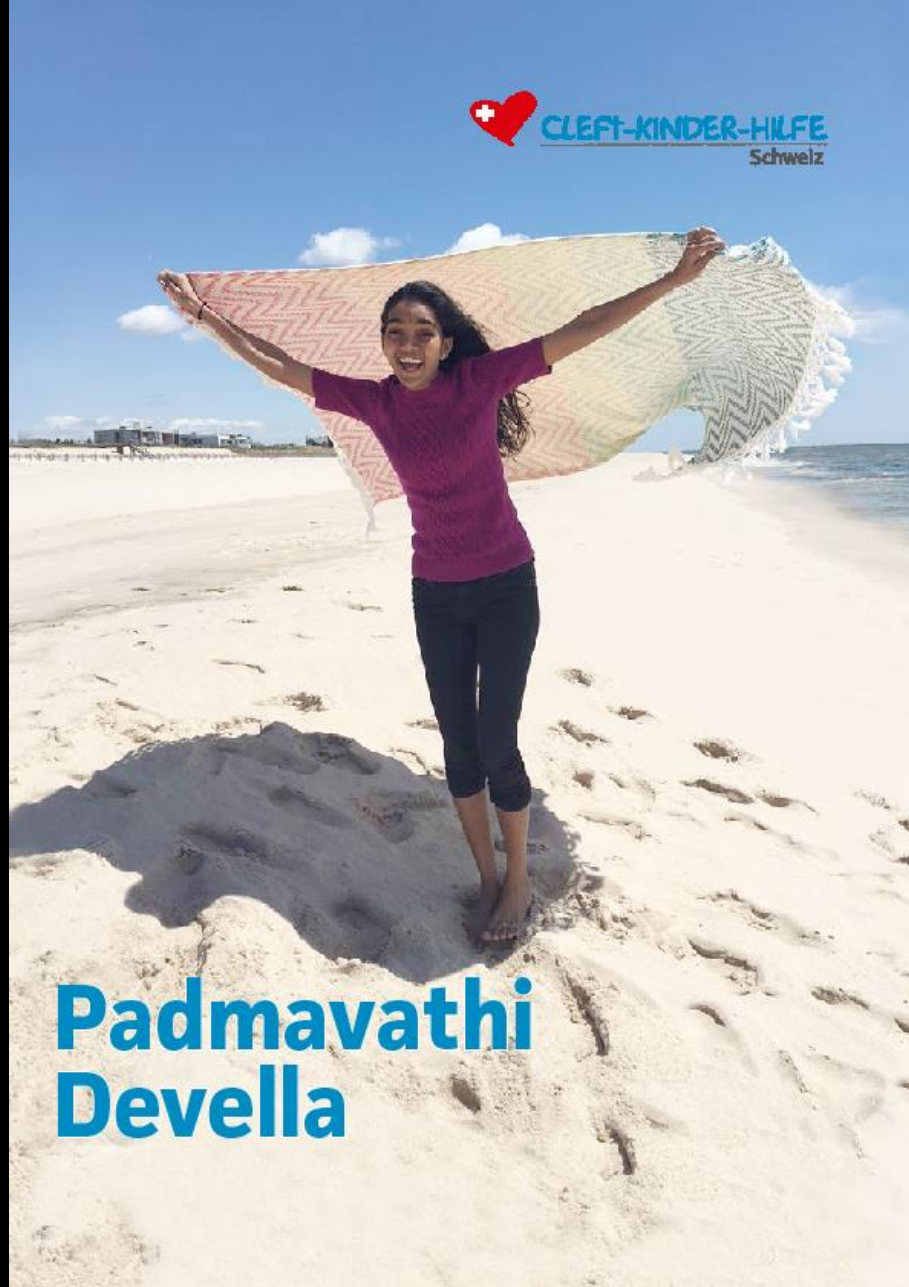
Till now **100 Cleft Children** have been enrolled.



Cleft School Building







**Padmavathi
Devella**



To
MRS. Erika.
Zürich,
Switzerland.

Dear mrs, Exika,

I am padmavathi Devella student from CKHS cleft school project, Hyderabad, znafn. would like to take this opportunity to extend my heartfelt thanks to you for providing me with an opportunity since my children in the form of surgeries, shelter & education etc.

Now, you have provided me with an opportunity to study at Ross School, New York. I am very happy to be at the receiving end. I will work very hard & study well and keep up your name.

I have gone through two phases of life, one before the surgery, where I have struggled a lot with my facial deformity. The second phase of my life, is after surgery it is really intense & I am very happy with this present life.

It is all because of you & the support provided by you.

Thank you once again for giving me this opportunity. I would definitely work hard & help the unfortunate & left children like me, for their well being.

yours faithfully,

yours faithfully,
Padmavathi.



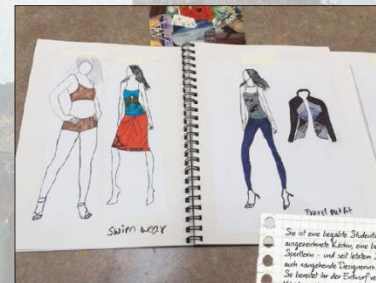
Bald war es an der den
Knechtentagungen wie der kleineren Dinge
half und in der Gruppe auszuwählen und
und die in der Schule eines der grossen
Vorbilder für die Schüler darstellte. Sie
wurde eine der besten Schülerinnen der
Knechtschule Talbot School und blieb trotz
ihre ersten beiden Leistungen immer ein
herzlicher und hilfreicher Mensch.

Zuerst lang, sie was helping
around the things to find their
place within the group, and was one of
the outstanding role models for the
younger pupils. She became one of the
top students in the Knechtschule Talbot
School and, in spite of her outstanding
achievements, remained the same
kind, helpful girl she had always been.



Der Schulstoff fließet hier noch mehr
Einste in ihr als sonst. Und wenn
Tage beginnen sich früh, dann die
Mittagsstunden der jungen Studenten
wie die Erwartungen an sie sind hoch.
Aber natürlich fließt manchmal auch Zeit
für das Spiel. Das sie alle miteinander
haben. Für einen kleinen Ausflug oder
einfach nur Zeit mit Freunden.

The daily routine here is even tougher
than it was in Hohenheim. Mathematics
even more so. They work very early because she
knows she has to study hard to succeed,
and to meet the very high expectations
that have been placed on her.
Naturally, there is still time to relax
with the other pupils, on class
trips or just spending time with
friends.



David Burt

She is a legatle student, eine ausgezeichnete Schülerin - und sie liebt alles Sportliche - und sie liebt alles, was auch ausgehende Dinge sind.

Sie handelt bei der Enturf von Kleidungsstücken jeder Art gerne Freude

She is a gifted student, a great cook, a very keen sports player - and, as her connector she is great coming together too, taking great delight in designing all sorts of clothes.



Thelma's mother made it to her senior high school graduation, though she died of tuberculosis before she could graduate. Her mother was the first woman to graduate from the University of Texas at Austin. Her mother was the first woman to graduate from the University of Texas at Austin.





Dr. TIMUR WATI, **INDONESIA**

Trained with us for one year and will now open a cleft center in Indonesia in association with Sumbing Bibir Foundation, The Netherlands.



Dr. NADIRA TRAORE and Dr. KAKA MAMANE, **NIGER, AFRICA**

Trained with us for six months and have now established a cleft center in Niamey, Niger with funding from Cleft Kinder Hilfe Schweiz.



Dr. Ahmed Makki, **Iraq**

Trained with us for 6 months and will now open a cleft center in Iraq.



Dr. Hope Salah, **Sudan**

Trained with us for 6 months and will now open a cleft center in Sudan.

Dr. SHIVA NAGENDER REDDY, **VISHAKHAPATNAM, INDIA**

Trained with us for one year and has now established a cleft center in Vishakhapatnam, India with funding from Deutsche Cleft Kinder Hilfe.

Dr. NILESH PAGARIA, **BILASPUR, INDIA**

Trained with us for one year and has now established a cleft center in Bilaspur, India with funding from Smile Train.

Dr. GUNJAN DUBE, **JABALPUR, INDIA**

Trained with us for six months and has now established a cleft center in Jabalpur, India

And more than 64 fellows all over india.

We train 100 residents of oral and maxillofacial surgery in cleft surgery every year. We have trained over 750 residents in the last 10 years.



We are a recognized center for IAOMS, EACMFS and AO CMF to induct fellows for training in Cleft and Craniofacial Surgery

IAOMS

ADVANCING OMS WORLDWIDE

International Association of Oral and Maxillofacial Surgeons

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2014 - 2016

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April 17, 2015

Dr. Srinivas Gosla Reddy

GSR Institute of Craniofacial and Facial Plastic Surgery

17-1-383/55, Vinay Nagar Colony, I. S. Sadan, Saidabad, Hyderabad, 500059, Telangana, India

Dear Dr. Gosla Reddy:

The intent of this communication is to share with you the changes that the IAOMS Board of Directors, the Foundation Board of Trustees, and the Fellowship Committee will implement regarding the Fellowship program in the next few months. After carefully reviewing the GSR Institute of Craniofacial and Facial Plastic Surgery's impressive annual report, the Boards and Committee would like to officially invite you to serve as Program Director and host one Fellowship recipient specializing in cleft lip & palate and craniofacial surgery at the GSR Institute in Hyderabad, India for a period of six months each year starting in 2015-2016. The fellowship recipient will spend the other six months in Bangalore to complete a one year program. On behalf of the IAOMS Board of Directors and the Fellowship Committee, we thank you in advance for your hospitality and your devotion in advancing OMF surgery education.

We look forward to hearing from you.

Best regards,



Piet Haers
President, IAOMS



Larry W. Mason
Chairman
IAOMS Foundation



G.E. GHALI
Chair
IAOMS Fellowship Program

cc. IAOMS Board of Directors
Nabil Samman
Pierre Désy

5950 Meadowbrook Industrial Court, Suite 210, Rolling Meadows, Illinois 60008, USA Tel: 224 232-8737 Email: communications@iaoms.org



EUROPEAN
ASSOCIATION

FOR

CRANIO
MAXILLO

FACIAL
SURGERY

www.eurofaces.com

EACMFS FELLOWSHIPS

- CLEFT SURGERY
- FACIAL COSMETIC SURGERY
- HEAD & NECK ONCOLOGY

CRITERIA FOR FELLOWSHIPS:

- o The applicant should be a member of EACMFS
- o The Fellowship Centre should be accredited by EACMFS or any of the Fellowship Committee members
- o The applicant should be a qualified specialist in maxillo-facial surgery according to the regulations to be applicable in his/her home country – or the country in which he/she has acquired speciality training.
- o Approval for leave of absence should be obtained from the employing authority.
- o Clinical or basic research is required. At least one paper reflecting the said research must be submitted for publication to the Journal of Cranio-Maxillo-Facial Surgery. Following submission of the paper, the Fellow must cooperate and respond to all requests from the Journal's editor or editorial staff to complete the review process
- o Financial resources should be available for covering the one-year-stay at the host centre with a position paid for by either the home centre, or the host centre, or by a grant that enables the applicant to perform a study while staying at the host centre.
- o A complete CV, a log book of operations performed and a list of scientific publications (co-)authored by the applicant plus written proof of all the above shall be sent to the Secretariat

FINANCIAL SUPPORT:

- o A maximum of 2000 euros per individual fellow will be available as a subsistence allowance at the start of the fellowship

NUMBER OF FELLOWSHIPS:

- o A maximum of three fellows per group will be accepted per year

CLEFT SURGERY

Host Centres:
Belgium Prof Nasser Nadjmi
India Prof Srinivas Gosla Reddy

FACIAL COSMETIC SURGERY

Host Centres:
Belgium Prof Maurice Mommaerts
Germany Dr Josip Bill
UK Dr Brian Musgrove

HEAD & NECK ONCOLOGY

Host Centres:
Croatia Prof Miso Virag
Germany Prof Robert Sader
UK Dr Nicholas Kalavrezos

Host Centres under development: Croatia, Italy, Portugal, South Africa, The Netherlands, and others



GSR Institute of Craniofacial Surgery
Prof. Dr. Srinivas Gosla Reddy
17-1-383/55, Vinaynagar Colony,
I. S. Sadan, Saidabad
Hyderabad, 500059
India

21st April 2015

Approval of your AOCMF Fellowship Host Clinic Application

Dear Professor Srinivas Gosla Reddy,

we are writing to you with regards to your AOCMF Fellowship Host Clinic Application, submitted on October 5thth 2013. It is our pleasure to inform you that the members of the International Board have approved your application at their last AOCMF International Board Meeting in Davos.

In order to initiate the next steps, you will be contacted by the AOCMF Fellowship organizers soon. Enclosed to this letter, please find your AOCMF Host clinic certificate.

We are proud to add the GSR Institute of Craniofacial Surgery, to our AOCMF Fellowship training centers and congratulate to your approval.

Kind regards



Warren Schubert
International Board Chair

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AOCMF Fellowships
Stettinstraße 6, 8400 Dornbirn, Switzerland
Phone: +41 (0) 20 24 20, Fax: +41 (0) 20 24 03
fellowship@aocmf.org, www.aocmf.org





TODAY WHAT I AM.....

(Professor and Head
Running
Craniomaxillofacial Unit
At AIIMS, Rishikesh with
first Mch candidate)



It is easy to procure equipment and infrastructure

It is a little harder to employ trained personnel

It is impossible to formulate an ideology on your own

**GIVE AND PASS ON THE KNOWLEDGE THAT YOU HAVE
ABSORB KNOWLEDGE THAT OTHERS CAN GIVE AND PASS ON**

**A SUCCESSFUL MAXILLOFACIAL SURGEON CAN ONLY BE A CONFLUENCE
OF IDEAS THAT EMPLOYS WELL TRAINED OTHER PERSONNEL AND IS
WELL EQUIPPED TO DEAL WITH THE PROBLEM**

Bring the Smile Back



Thank You