

# FEEDING INSTRUCTIONS

## UNILATERAL CLEFT LIP



### MODIFIED FOOTBALL METHOD / STRADDLE POSITION FOR FEEDING

Baby position: Cleft side towards breast

allows the cleft to be tucked into the breast tissue and makes it easier for the baby

support to infant's cheek, decreases the width of the cleft which simultaneously increase the closure around the nipples.

## BILATERAL CLEFT LIP



### DANCER HAND POSITION

U-shape with the thumb and forefinger to cradle baby's chin

helps the baby to press the nipple and areola between the gums.

## CLEFT PALATE

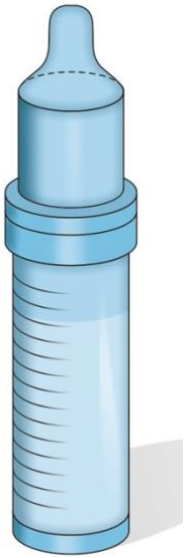


CORRECT POSITION OF FEEDING



INCORRECT POSITION OF FEEDING

## ALTERNATIVES TO BREAST FEEDING IN CLEFT CHILDREN



HABERMAN  
FEEDING BOTTLE



MEAD JOHNSON  
NURSER BOTTLE



SQUEEZABLE BOTTLE



CROSS CUT NIPPLE

## INSTRUCTIONS TO BE GIVEN TO THE PARENTS

- Feed often, at least 8 to 12 times in 24 hours.
- Feeding not to be exhaustive, limit to less than 30 minutes.
- Burping more often, 2 to 3 times during feed.
- Oral hygiene maintenance, i.e. gum pad.
- Sterilization of feeding bottles, nipples.
- Reassurance with patience as babies with clefts take longer time to feed.
- Examine the growth and development in babies with cleft.