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PROFILE:

- BDS, M.D.S (Orthodontics and Dentofacial Orthopedic)
- Currently working as Senior Resident (Orthodontics)
Department of Dentistry and Craniomaxillofacial Surgery
All India Institute of Medical Sciences
Rishikesh, Uttarakhand, India

ACADEMIC DETAILS:

- Bachelor of Dental Surgery from 2009-2014
- Master of Dental Surgery from 2015-2018
- Master of Dental Surgery in Department of Orthodontics and Dentofacial Orthopedics
- Thesis- **“Comparison of maxillary canine retraction using Dual force cuspid retractor and ‘T’-loop using split mouth Technique- an in-vivo study”**
- Library dissertation on **“Extraction vs non-extraction treatment”**

ADDITIONAL QUALIFICATION:

- NCC B Certificate Passed with 'B' Grade in June 2006
- NCC C Certificate Passed with 'B' Grade in Sep. 2007

CONFERENCES / CDE PROGRAM ATTENDED / WORKSHOP:

- Hands on in "Need for speed: Rotary endodontics" on march-2015, Paonta Sahib (H.P)
- "Imbibing new technology in dentistry paradigm shift" on April 2015, Dehradun
- Clinical photography in Dentistry, 2016 TIDSHRC, Bilaspur (C.G)
- Surgical Planning of Orthodontics Surgery, 2016 VSPM, Nagpur (Maharashtra)
- 20st Indian Orthodontic Society National Post graduate convention 2016, Amritsar
- National typhodont workshop, 2017 Gitam Dental College, Visakhapatnam
- 21st Indian Orthodontic Society National Post graduate convention 2017, Varanasi
- 22nd Indian Orthodontic Society National Post graduate convention 2018, Navi Mumbai
- "National Training Programme on Cleft Lip and Palate - 2019" at AIIMS, New Delhi
- Workshop on Medical Photography, Videography and Editing on February 2019 at AIIMS Rishikesh
- Hand Hygiene and Biomedical Waste Management on April 2019 at AIIMS Rishikesh

- 19th Indocleftcon 2020 from 7th to 9th February 2020 at Eros International at New Delhi
- Sixth International Craniofacial & Dental Summit from 23rd to 25th July 2021 at AIIMS Rishikesh
- Workshop and Hands on Virtual Surgical Planning. 23 July at AIIMS Rishikesh

PAPER /POSTER PRESENTATION

- Poster presentation of “Transformer! Transforming Orthodontics” at 20st Indian Orthodontic Society National Post graduate convention 2016, Amritsar
- Poster presentation of “Auto transplantation of tooth” at 21st Indian Orthodontic Society National Post graduate convention 2017, Varanasi
- Paper presentation on “Dual Force Cuspid Retractor VS ‘T’-Loop at 22nd Indian Orthodontic Society National Post graduate convention 2018, Navi Mumbai
- Paper presentation on “Canine Retraction with Dual Force Cuspid Retractor” at Sixth International Craniofacial & Dental Summit 2021, Rishikesh

MEMBERSHIP:

- Indian Orthodontic Society Student Life Member, No.- Slm:7606
- Uttarakhand Dentist’s Registration Tribunal Registration No.- 1500

PUBLICATIONS:

1. Bhat N, Et Al. Cleft Lip And Palate: A Review. Ann Med Health Sci Res. 2020;10:927-930. (Pubmed)
2. Sthapak R. Et Al. Effect of Buccal Corridor on Smile Esthetics: Turkish Journal of Physiotherapy and Rehabilitation. 2021; 32(3): 9916-20. (Scopus)
3. Pathak A, Nandan H, Sthapak R, Dubey M, Sharma S. Comparative Assessment Of Hydrofluoric Acid And Sandblasting Etching Technique On Porcelain Crowns. Asian Pac. J. Health Sci. 2019;6(2):175-81.
4. Singh I, Bhat N, Kaur R, Thakur K, Nandan H, Bhardwaj N. Evaluation Of The Factors Related To Dental Anxiety In North Indian Population: A Questionnaire Study. International Journal of Community Medicine And Public Health. 2020;7(6):2230.
5. Bhat N, Thakur K, Jindal L, Nandan H, Arzoo F. Leukoplakia: A Comprehensive Review. Asian Pac. J. Health Sci. 2020;7(2):33-35.
6. Bhat N, Anjum R, Bhardwaj N, Thakur K, Nandan H. Stones Within The Dental Pulp: Clinical Correlations. International Journal of Scientific Research. 2020;9(4):15-16.

RESEARCH PROJECT:

Working on a research project (approved by ethical committee): Awareness of Oral Hygiene Habits among Patients Undergoing Fixed Orthodontic Treatment in Department of Dentistry, AIIMS Rishikesh

WORKING ON A SYSTEMATIC REVIEW:

1. Title: Failure rate Infra-zygomatic crest (IZC) bone screws in orthodontics: systematic review

This systematic review was registered with International prospective register of systematic reviews (PROSPERO, number CRD420202066100).



2. Title: Treatment effect of extraoral traction force on maxillary protraction in cleft palate patient: a systematic review.

This systematic review was registered with International prospective register of systematic reviews (PROSPERO, number CRD42021230266).